

COUNSELING PSYCHOLOGY

WHAT MAKES US UNIQUELY QUALIFIED IN TODAY'S WORLD?



We view clients through a unique, non-pathologizing lens.

We adopt a strengths-based approach.

We understand clients' issues through a developmental perspective.

We often offer interventions that are brief and/or preventative.

We offer assessment and treatment of more serious psychological symptoms.



We conduct research that guides our practice.

We pay attention to environmental and situational influences in clients' lives.

We take into consideration multicultural context and diverse identities.

We foster prevention and positive growth.

We provide career and vocational counseling when clients want it.

THERE ARE 69 COUNSELING PSYCHOLOGY DOCTORAL PROGRAMS ACCREDITED BY THE AMERICAN PSYCHOLOGICAL ASSOCIATION (APA) TODAY!

[CLICK HERE TO CHECK OUT THE LIST OF PROGRAMS](#)



HISTORICAL TIMELINE

1900

Professionals begin to acknowledge the importance of helping people find careers that fit their skills, leading to development of the vocational guidance movement.

1910

Mental Hygiene movement.

1920

Psychological testing grew in popularity after use in WWI.

1930

1940

Vocational choice theories begin to include personality dimensions.

Carl Rogers' client centered approach becomes more prevalent.

In 1946, Division 17 - Society of Counseling Psychology was founded.

1950

Traditional sex roles questioned post WWII.

1960

In 1955, the American Board of Professional Psychology (ABPP) dropped "guidance" in the original specialty area of "Counseling and Guidance" to "Counseling Psychology."

In 1967, APA purchased and assumed publication of the Journal of Counseling Psychology.

The Counseling Psychologist (TCP), with the support of Division 17 of APA, was founded in 1969.

1970

Counseling psychology began emphasizing rehabilitation, prevention, and education.

Emphasis placed on the identity of Counseling Psychologists as health service providers in psychology.

1980

Research emphasizing social justice and environmental context expanded.

Counseling Psychologists recommended the inclusion of alternate research paradigms, including qualitative research methods in counseling psychology.

1990

Counseling Psychologists began to focus on conflict and safety from the perspective of prevention and treatment after the rise of school gun violence.

2000

Counseling psychology incorporates social justice advocacy into training, research, and practice throughout the lifespan.

2010

Counseling psychology continues to evolve as a general practice and health service provider speciality in professional psychology.



CLICK HERE TO CHECK OUT THE ARTICLE AND LEARN MORE ABOUT THE HISTORY OF COUNSELING PSYCHOLOGY IN THE UNITED STATES

COUNSELING PSYCHOLOGY WORK SETTINGS

PERCENTAGE OF COUNSELING PSYCHOLOGISTS ACROSS SETTINGS

48.5%

UNIVERSITY/COLLEGE

20.4 %

HUMAN SERVICE (GUIDANCE &
PERSONNEL)

13.3 %

INDEPENDENT PRACTICE

4.3 %

OTHER (SPORTS, FORENSIC, ETC.)

2.9 %

HOSPITALS

3.3 %

OTHER
ACADEMIC
SETTINGS

1.6 %

CLINICS

2.2 %

MEDICAL
SCHOOLS

0.6 %

SCHOOL
SETTINGS

2.4 %

GOVERNMENT

0.4 %

BUSINESS &
INDUSTRY

WORKING
TOWARDS
PSYCHOLOGICAL
WELL-BEING
AND HOLISTIC
DEVELOPMENT

[CLICK HERE TO CHECK OUT THE DATA SOURCE](#)