



WomanView

Summer 2009

*The Newsletter of the Section for the Advancement of Women
Society of Counseling Psychology (Div 17)
American Psychological Association*

Sue Morrow, Editor



*Vote in October!
Dr. Melba J. T. Vasquez
President of APA!*

Congratulations to Dr. Melba Vasquez on her nomination for APA President! Thanks to all of you who contributed to making her nomination a huge success. Melba is a long-time SAW member, a recipient of SAW's Woman of the Year Award, and former president of the Society of Counseling Psychology (Division 17).

In the President-elect nominations, Melba received an overwhelming majority of nomination votes ~ 1621 votes, to be exact, with the next nominee receiving 696. Your continued support is needed to assure Melba's success. Here's what you can do:

- Visit Melba's website at www.melbavasquezforapapresident.com
- When ballots are distributed on October 15, contact all the psychologists you know and ask them to give Melba their #1 vote. If they are already committed to someone else, ask for their #2 vote.
- Download Melba's campaign flyer from her website, print, and distribute it.
- Contact Melba if you wish to distribute buttons, pens, or bookmarks at a psychology event that you will be attending.
- Ask your local, state or regional organization to ask Melba to speak.
- Ask your organization to provide endorsement for Melba's candidacy.

- Visit Melba's endorsement page and fill out the form to add your name to the list, if you have not already. In the suffix box, list your degree and any leadership activity in which you engage; also encourage your friends and colleagues to do the same.
- Wear your endorsement button to every psychology event you attend.
- If you have a website, display a "Vasquez for APA President" badge on your website. See the "Support" page of Melba's website. Your webmaster can copy and paste the code in the box on Melba's website which will automatically display the following image on your website.

Join us at APA!
August 6-9, 2009 ~ Toronto
SAW Workshop
SAW Champagne Breakfast & Awards
SAW Woman of the Year Award Address



*Don't miss these exciting activities at the APA Convention!!
... and don't forget your passport!!*

Key Locations:

- ♀ SCP (Society of Counseling Psychology, Div 17) Suite: St. Andrews Conference Center
- ♀ AWP (Association for Women in Psychology)/ SPW (Society for the Psychology of Women/ Div 35) Suite: The Fairmont Royal York Hotel, Palliser Suite

SAW Events

- *SAW 2008 Woman of the Year Award Address (Helen Roehlke) on Thursday, August 6, 11-11:50am, Convention Centre 716B*
- *SAW Workshop - Mentoring Across Gender, Cultural, & Individual Differences (Lauren Weitzman, Barbara Gormley, Corinne Datchi-Phillips, & Michelle Boyer) on Friday, August 7, 1-2 pm, Division 17 Hospitality Suite*
- *SAW Awards, Champagne Breakfast, & Business Meeting on Saturday, August 8, 8-10am, Division 17 Hospitality Suite*
- *The Student Poster Session will be held at the social hour sponsored by CCPTP, SAG, and the sections of Division 17 at the 2008 APA convention in Toronto, Ontario, from 6:00 -6:50 PM at the Intercontinental Toronto Center Hotel, Ballroom A on August 6th, 2009. Bryana French, M.A., will represent the Section for the Advancement of Women. She is a doctoral student at the University of Illinois at Urbana-Champaign. The title of her poster is: "Naming is power! Black and White adolescents define sexual coercion."*
- *Also at APA, we are very pleased to be cosponsoring the SLGBTI Wedding and Reception on Thursday, August 6, at 9 pm (at Voglie Risto, Toronto)!*

Also of Interest to SAW Members

- ♀ *AWP/ SCP Suite will host a half-price book sale of interest to feminist psychologists! Check out the Suite and pick up a schedule of events!*
- ♀ *AWP Party & Awards (everyone welcome!); Fri Aug 9, 9-11 pm, AWP/SCP Suite*



*At Last ~
A Wedding for Us All!*

Division 17, Society of Counseling Psychology's Section for Lesbian, Gay, Bisexual, and Transgender Issues (LGBTI), Division 44, the Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues, and other Divisions, Sections, and individual sponsors would like to invite all APA attendees and guests to attend a celebratory ceremony and gathering: ***"At Last: A Wedding For Us All."*** ***"At Last"*** will host a legal wedding for those who are unable to marry in their home states. ***"At Last"*** invites everyone who supports marriage equality to join in the celebration. We welcome all APA attendees to come out and enjoy fabulous northern Italian dining, dancing, and a fun evening with colleagues and friends. The ceremony will be held on ***Thursday, August 6, 2009 at 8:00 pm at Voglie Risto in Church Wellesley Village*** <http://www.div17.org/slgbti/Wedding.htm>. Dr. Ruth Fassinger will officiate the ceremony. Immediately after the ceremony a 4 course dinner will be served and a reception/party follows through the night with a cash bar. Tickets for the event will cost \$ 50.00 per person. A limited number of scholarships will be available for students on a first come, first served basis. All proceeds beyond the essential costs for ***"At Last: A Wedding for Us All"*** will be used to develop public education materials including a video which address the psychological costs of discrimination in regards to unequal access to marriage. To RSVP, become a sponsor, or to sign up to be married, visit us at: <http://www.div17.org/slgbti/Wedding.htm>



"At Last: A Wedding For Us All" is being held...

- ❖ To offer individuals attending APA convention in Toronto and who live in states in which they cannot legally marry an opportunity to honor their commitment via marriage in Toronto
- ❖ To offer an opportunity for APA colleagues to come together to celebrate marriage equality supporting all relationships
- ❖ To raise awareness within APA and the public about the issues of discrimination and injustice that exists because of inequities in access to marriage
- ❖ To generate funds to create a public education materials including a video that provides sound psychological information about the healthy benefits of access to marriage equality for everyone - this video may be used by psychologists and educators in any state.

Request for Sponsors: Divisions of APA, Sections, and individuals are being invited to sponsor *"At Last: A Wedding for Us All"* as a demonstration of broader support for equal access to marriage for all. We seek monetary support at any level comfortable for each Division, Section, or individual. *We invite you to seek donations from your professional colleagues and social support networks in your community as well. We will recognize their names, organizations, etc. as well. See sponsorship levels below. We duly recognize the hardships of our global economy. Yet, we seek to march forward in promoting and celebrating the freedom to love. All support given will be used to cover essential costs of the wedding (excluding food and beverage which will be paid by the individual guests). Such essential costs include: sound equipment, advertising/printing, wedding cake, flowers, student scholarships, and production of public education materials. All proceeds beyond the essential costs for "At Last: A Wedding for Us All" will be used to develop public education materials including a video which address the psychological costs of discrimination in regards to unequal access to marriage. Sponsors will be recognized online at the wedding website in a "virtual shower" that lists each sponsor under a "virtual gift". Sponsors may choose to give support at the following levels:*

Honeymoon at Niagara Falls level: \$ 500.00 or above

Red Envelope Level: \$401 - 499

Setting of Silver level: \$301 - 400

Setting of China level: \$201 - 300

Rockin'DJ level: \$101 - 200

The Home Depot level: \$ 50 - 100

The Toaster level: \$10 - 49.00

Thanks for your Support and Sponsorship!

Notes from the SAW Chair

Libby Nutt-Williams, Chair

Section for the Advancement of Women

Happy summer to all! As I was thinking about this column (in the shower, because that is apparently where I do all my heavy thinking now!), I was not sure how I wanted to approach it. I wanted to add something a bit more personal. I decided to mull over why being a feminist psychologist is so important to me (and, therefore, why SAW is such an important professional home for me).

I remember when I was in my first year as an Assistant Professor and one of my colleagues asked me what feminist therapy really was. I felt I knew what being a feminist was, and I felt I knew what being a therapist was, but I realized I had only a vague sense of what it meant to be a feminist therapist. I

sought answers in texts, and I sought to find the answer with feminist counseling psychologist colleagues. Both ways of approaching the question (via the literature and via my colleagues) was enlightening and, frankly, fun. I developed a much stronger sense of myself as a feminist therapist and feminist psychologist. For me, that identity is strongly rooted in attitude and assumptions about our gendered world, action (on both small and large levels), and collaboration.

Collaboration, in particular, is a word that I often use in reference to myself or what I feel is important. It is a quality I value and one that I find to be in full force in SAW and amongst the feminist psychology community. Through SAW and our connections, I have made life-long friends, I have met fantastic writing collaborators, and I have felt energized by the service and action commitments of my colleagues. I have learned great things about what it means to be brave, smart, fun, silly, passionate, honest, and focused from these many wonderful colleagues. Right now, the group in SAW I talk with the most is the Executive Board (Corinne Datchi-Phillips, Meghan Davidson, Sonia LeClere, Connie Matthews, Sue Morrow, and Oksana Yakushko). We can now add to that list of fun, smart, brave women ... "über efficient" (as I like to be always and almost never am!). I feel energized by their commitment to SAW, to feminist psychology, and to being really great colleagues. If you don't know them personally yet, please find them at this APA or the next ... SAW is full of truly tremendous people!

Ok, so I am feeling a bit effusive, so it's time to move on to business with our über efficient report: SAW has had a very productive couple of months. I write this message following a conference call with the SAW Executive Board. Here are some of the things we have been working on:

Events for the APA 2009 Convention in Toronto: Please mark your calendars and come to all SAW events!

- SAW 2008 Woman of the Year Award Address (Helen Roehlke) on Thursday, August 6, 11-11:50am, Convention Centre 716B
- SAW Workshop - Mentoring Across Gender, Cultural, & Individual Differences (Lauren Weitzman, Barbara Gormley, Corinne Datchi-Phillips, & Michelle Boyer) on Friday, August 7, 1-2 pm, Division 17 Hospitality Suite
- SAW Awards, Champagne Breakfast, & Business Meeting on Saturday, August 8, 8-10am, Division 17 Hospitality Suite

Also at APA, we are very pleased to be cosponsoring the SLGBTI Wedding and Reception on Thursday, August 6, at 9 pm (at Voglie Risto, Toronto)!

All of these events are important to SAW ... these are the times we celebrate the achievements of our members and connect with one another on a personal level. If you come regularly, please be sure to be there. If you haven't come in a while, we'd love to have you back. If you've never been, now is your chance to check it out. And, hey, we even serve champagne at our Breakfast and Business Meeting - how can you resist a group that drinks Mimosas together?!

- **Our new website (Coming soon!):** Sue Morrow and Whitney Hagen have worked hard to update all of our information and make the site more user-friendly. Watch for the official announcement of its posting!
- **Awards and Nominations:** We have a lot to report here. First, we have made a strong effort to nominate SAW members for a variety of awards this year. Though we can't publically announce them yet, SAW members are doing very well. Second, we are just soliciting nominations for our own (SAW) awards: Woman of the Year 2009, Student of the Year 2009, and Foremother awards. Please send

any nominations to Connie Matthews, Past Chair, at crmatthews1@comcast.net. Finally, we need to elect some new Executive Board members: Chair-Elect, Newsletter Editor (for WomanView), and Membership Chair. Please nominate someone (including yourself!). Elections will be held in July - keep your eyes open for the email ballot.

Thanks for letting me ramble a bit about why I think SAW is so special. I will make it a point, in my next several WomanView columns, to bring you into closer contact with the people who make this section so dynamic. I'm looking forward to seeing you all at APA!

SAW Student Column
Sonia LeClere
Student Representative

I hope everyone is enjoying your summer and finding a needed break from your academic work. I know a lot of us take summer classes as well, but hopefully we are all finding some time to relax and focus on some other outside interests.

The APA convention in Toronto is coming up in early August, and I hope many of you will have the opportunity to attend. This will be a great chance to meet other students, view poster sessions, attend roundtable discussions, and find other ways to become involved in APA. Something of great significance to a lot of students is trying to find a good mentor. The APA convention is a great way to attend talks on subjects you might be interested in and then have the chance to meet the leaders of your particular area of interest. Also, do not forget to look for the Division 17 Hospitality Suite and meet other SAW members. Take advantage of the opportunities ahead of you!!

Sometimes it can be intimidating walking up to individuals and introducing ourselves. So another option is to seek out other students with your similar interests. There will be a large number of students at the APA convention, all searching for ways to network and to build those relationships. These ways of enhancing involvement in the organization and furthering educational and professional interests will be of great benefit to both the mentors and the mentees. Look for student activities, and you may be able to find some peer mentors who are further along in their programs. Students are willing to pass on their knowledge and wisdom of what works and what does not work. With that said, if you are one of those nearing the end of your degree completion, make sure to spend some time to pass on what you know to those students new to APA. We are all in this together, and it will be up to us as the new generation of psychologists to carry on the legacies of those before us, as well as bring on new challenges to improve and strengthen this field.

On another note, one important aspect to remember about professionalism is self-care. When times get tough with school and life, we can easily put ourselves last on our list of priorities. Summer can be a great time to work on developing self-care behaviors before fall semester begins. It is amazing what some self-care can do for overall well-being, so take some time to try out some of these suggestions:

- Work on healthy eating behaviors

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- Go for early morning walks or runs
 - SLEEP!
 - Find time to read a book that is strictly for entertainment purposes and not for academics
 - Visit an old friend
 - Take a trip on a budget for a quick getaway
 - Take care of that postponed spring cleaning
 - Follow up on any missed doctor appointments
 - Find a new hobby
 - Get a massage or take a kickboxing class for some stress relief
 - Go for personal therapy sessions
 - Play with pets
 - Listen to music

If you have any further questions or issues you would like to see addressed, then please email me at sleclere@twu.edu. I always look forward to hearing from other students, and I wish you all a happy and safe summer!

Member News & Publications

Awards & Events

Mary Burke was honored as *Woman Who Has Made A Difference* by the Zonta Club of Pittsburgh During International Women's Month. Mary was honored for her work with human trafficking victims, as well as her feminist and social justice emphasis in her training programs. March, 2009. Congratulations, Mary!

In mid-December, **Lisa Frey** assumed the position of Director of the Counseling Psychology Clinic at the University of Oklahoma. Her colleague, **Denise Beesley**, assumed the position of Training Director for their program.

Lisa Frey's advisee, **Starlain Saldana**, successfully defended her dissertation in April. This empirical study explored the relationships among mutuality, empowerment, and patterns of feminist identity development in women's friendships. Congratulations, Starlain and Lisa!

Sue Morrow is thrilled to be on sabbatical for the 2009-2010 academic year!

Congratulations to our recently past SAW Student Representative **Corinne Datchi-Phillips**, who successfully defended her dissertation in 2009. Her dissertation was entitled *Change in contexts: A critical approach to empowerment research in counseling*. [Unpublished doctoral dissertation, Indiana University, Bloomington.]

Sunny Hansen's recent work on gender issues across cultures build s on her earlier Born Free project with an international emphasis. For those interested, the web addresses are sunnyhansenbornfree.com or bornfreeinternational.com.

Publications

Burke, M. (In press). The Effects of Trauma on Self-Esteem. In Guindon, M., (Ed.), *Self-esteem across the lifespan*. New York: Routledge/Taylor & Francis.

Campbell, L. Vasquez, M. J. T., Behnke, S. & Kinscherff, R. (in press). *APA Ethics Code commentary and case illustrations*. Washington, D.C.: American Psychological Association.

Datchi-Phillips, C. (In press). The performative act of storying the self in psychotherapy: From theory to critical inquiry. In B. Dennis, L. Carspecken, & P. Carspecken (Eds.), *Qualitative research: A reader in philosophy, corecConcepts, and practice*. NY: Peter Lang.

Frey, L. L., Beesley, D., & Liang, Y. (2009). The Client Evaluation of Counseling Inventory: Initial validation of an instrument measuring counseling effectiveness. *Training and Education in Professional Psychology, 3*, 28-36.

Philbin, K. A. (in press). Transpersonal integrative yoga therapy: An effective protocol applied to bereavement. *International Journal of Yoga Therapy*.

Morrow, S. L. (In press). A journey into survival and coping by women survivors of childhood sexual abuse. In L. Finlay & K. Evans (Eds.), *Relational centred qualitative research for psychotherapists and counsellors: Exploring meanings and experience*. Wiley Blackwell.

Morrow, S. L. (In press). Roots of activism and my evolution as a social justice advocate in academe. In J. G. Ponterotto, M. Casas, L. Suzuki, & C. Alexander (Eds.), *Handbook of multicultural counseling* (3rd ed.). Thousand Oaks, CA: Sage.

Vasquez, M. J. T. (In press). Ethics in multicultural counseling practice. In Ponterotto, J. G., Casas, J. M., Suzuki, L. A., Alexander, C. M. (Eds.). *Handbook of multicultural counseling* (3rd ed.). Thousand Oaks, CA: Sage.

Vasquez, M. J. T. & Bingham. R. P. (In press). Ethics in counseling psychology. In J. C. Hansen & E. Altmaier (Eds.). *Oxford handbook of counseling psychology*. New York: Oxford.

Vasquez, M. J. T., Bingham, R. P., Barnett, J. E. (2008). Psychotherapy termination: Clinical and ethical responsibilities. *Journal of Clinical Psychology: In Session, 64*, 653-665.

Williams, L. N., & Morrow, S. L. (In press). The Importance of Language and Paradigmatic Differences in Addressing Trustworthiness of Qualitative Data. *Psychotherapy Research*.

Be sure to send me your updated news and publications for our next newsletter!

Communiques & Networking

Have announcements? Looking for a job? Posting a job? Searching for Resources, personal or professional? Use this Networking column to communicate with other SAW members. Send to sue.morrow@utah.edu.

Don't Miss the Association for Women in Psychology 2010 Conference, Portland, Oregon, February 11-14, 2010. The Call for Proposals will be out soon ~ visit the AWP website at www.awpsych.org or the Conference Information Page for ongoing information at http://www.lclark.edu/graduate/programs/continuing_education/news/story/?id=1374.

The View from WomanView *Sue Morrow, Newsletter Editor*

The end of my stint as your Newsletter Editor has arrived! Thank you so much for your patience as I experimented with *WomanView*. It has been a rewarding experience, and I strongly recommend this job to those of you who are interested in being involved with SAW. I plan to continue my active involvement in SAW as your Technology Maven. Watch for our new website to be opened soon!

Membership News *Oksana Yakushko, Membership Chair*

Dear SAW Members ~ Please be sure to note that your Membership Chair address (a.k.a., Oksana's address) has changed from Nebraska to sunny California. REMEMBER THAT RENEWAL TIME STARTS IN SEPTEMBER, so please support SAW and send in your renewal forms and checks to Oksana Yakushko, PhD, Pacifica Graduate Institute, 249 Lambert Road, Carpinteria, CA 93013.

Please send your submissions for the fall newsletter by September 15!

WomanView is published 3 times a year, in Winter, Spring/Summer, and Fall. Deadlines for submissions are January 15, May 15, and September 15. Although I will be replaced following the upcoming election, you may send submissions to me at sue.morrow@utah.edu until the new Newsletter Editor is announced.

SAW Governing Board, Ex-Officio, & Committees

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Your Name Could Go Here! Please Join Us!

Mentoring Committee

Barbara Gormley, cpsbag@langate.gsu.edu, & Lauren Weitzman, lweitzman@sa.utah.edu, Co-coordinators.

Note: The views expressed in this publication do not necessarily represent the policies of the American Psychological Association, the Society of Counseling Psychology, or its Sections.

SAW Membership Application/Renewal

The Section for the Advancement of Women (SAW) is seeking new members. Please pass along this membership form to a friend or colleague who may be interested in joining SAW. This form may also be used to renew your membership in SAW or update your information. Renewals are due in September of each year. If you have not renewed for 2009-2010, now is the time to do so.

There are three categories of membership:

Member: Any Associate, Member, or Fellow of Division 17 who has an interest in the goals of the section (see explanation below) may apply for SAW membership.

Professional Affiliate: Professional affiliates of Division 17, or Fellows or Members of APA who are not members of the Division but have an interest in the goals of SAW may apply for affiliate status.

Student Affiliate: Any student belonging to either Division 17 Student Affiliate Group or APAGS who has an interest in the goals of SAW may apply for student affiliate status.

Annual Dues

Annual dues are based on income:

\$15 ~ Over \$30,000/year \$10 ~ Under \$30,000/year \$5 ~ Student Affiliate

Make check payable to: *Division 17 Section for the Advancement of Women*

Complete the form below and mail with check to: **Oksana Yakushko, Ph.D., Pacifica Graduate Institute, 249 Lambert Rd., Carpinteria, CA 93013.**

NAME _____

ADDRESS _____

WORK PHONE _____ HOME PHONE _____

E-MAIL ADDRESS _____

WORK SETTING AND POSITION _____

CHECK CATEGORY OF MEMBERSHIP FOR THE FOLLOWING:

DESIRED MEMBERSHIP

APA:

Member _____

Fellow _____

Professional Affiliate _____

Student Affiliate _____

DIVISION 17:

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Fellow _____

Professional Affiliate _____

Student Affiliate _____

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Member _____

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Student Affiliate _____