

WomanView

Spring 2021

The Newsletter of the Section for the Advancement of Women Society of Counseling Psychology (Div 17) American Psychological Association Morgan Grotewiel, Ph.D., Editor

Table of Contents

Notes from SAW Chair Jillian Wasson	1
Membership Survey and Recruitment Jillian Wasson & Dena Abbott	2
Introduction to Chair-Elect Nicole L. Johnson	3
Making Feminism Accessible through Zines! Madison E. Tschauner, Natania S. Lipp. & Nicole L. Johnson	4 on
Joy Caitlin M. Mercier	5
Announcements	6
Ways to Get Involved	8
Enclosed: <u>SAW Governing Board,</u> <u>Ex-Officio, and Committees</u>	9
Membership Application	10

Notes from SAW Chair *Jillian Wasson*, *Ph.D.*



Greetings SAW Members,

I hope this newsletter finds everyone healthy and looking toward positive change as we hopefully move forward from the challenges of the previous year. Engagement has been a challenge over the last year as so many have been faced with a need to shift focus and to support ourselves individually, our families, and

communities. I hope as we move ahead we can work on re-engaging SAW membership as a larger community with shared interests and goals.

With that goal in mind, please take our <u>membership</u> <u>survey</u> (also linked below). We are working to understand our current section membership along with what kind of programming you would be interested in seeing.

I am also excited to announce we will be waiving the SAW membership fee for the next year. It is my hope that we increase both membership as well as membership diversity.

Looking toward August, APA 2021 is fully virtual. This means another year we will miss sharing time and space together. If you are presenting in any capacity, please email our Newsletter Editor, Morgan Grotewiel (<u>mgrotewiel04@webster.edu</u>), so we can be sure to include you in the Summer 2021 APA highlight issue.

Finally, it is my pleasure to introduce our Chair Elect, Dr. Nicole "Nic" Johnson, who will transition into the Chair role in August. I look forward to seeing Nic's goals for the Section take shape.

Sincerely,

Sincerely,

Jillian Woodford Wasson

Jillian Wasson

SAW Chair

Jillianwwasson@me.com

Please take our membership survey: https://forms.gle/hXUz9ViZWaqGaNMe8

Please join or renew your SAW membership. Membership is free for 2021!



Introduction to Chair-Elect

Nicole "Nic" Johnson, Ph.D.

Hi there! My name is Nicole "Nic" Johnson, my pronouns are she/her/hers, I am a queer/bi, white, cisgender woman, and a newly *Associate* Professor of Counseling Psychology at Lehigh University in Bethlehem, PA, USA. I was born and raised in Cleveland, Ohio and have a lot of hometown pride for my underdog of a city. I currently reside in Philadelphia, Pennsylvania with my amazing wife, Jessie, and our two fur-babies Al and Butters.



I graduated with a PhD in Counseling Psychology from the University of Akron under the advisement of Dr. Dawn Johnson (no relation, just an extremely common last name) in 2015. My research is dedicated to the exploration and implementation of prevention programming for gender-based violence (e.g., rape, intimate partner violence, violence against individuals with marginalized sexual and gender identities) and the understanding and eradication of rape culture. I have the good fortune of coordinating The Resistance Lab (check us out here: bit.ly/reslab) at Lehigh University. I am also a licensed psychologist whose clinical work focuses on the empowerment of survivors of gender-based violence. In addition to Division 17, I am a member of APA Divisions 35 and 44, as well as the Association for Women in Psychology.

I am excited to join the outstanding leadership of Division 17's Section for the Advancement of Women (SAW). I have been involved with Division 17 since I began my doctoral program and I have always felt at home within Division 17. I have wanted to get involved with SAW for a while, but life always seemed to get in the way and now I am jumping in the deep end with both feet as the incoming chair of SAW. As someone who is committed to intersectional feminism and undoing the gender binary, I struggle with finding the balance of *both* centering women *and* acknowledging that the gender binary is a social construct that hurts us all. I whole-heartedly believe in Audre Lorde's quote, "I am not free while any woman is unfree, even if her shackles are very different from my own" and would even extend that beyond just women to anyone, most notably my non-binary and trans masculine community.

My hope for joining SAW is to continue to increase our inclusion of all voices and centering those with the greatest intersections of marginalized identities. I hope to also continue the conversation of who we want SAW to be for and how does our membership/involvement map onto that goal. I am so proud to be joining a legacy of amazing leaders of SAW and to continue in their footsteps.

Dr. Johnson can be reached at nij316@lehigh.edu



Making Feminism Accessible through Zines!

Madison E. Tschauner, Natania S. Lipp. & Nicole L. Johnson, Ph.D.



A group of clinicians-in-training in Counseling Psychology at Lehigh University spent the Spring semester exploring various dimensions of feminism, from its origin in advocacy to the ways it applies to practicing therapy. The course was entitled *Feminist Therapy Techniques* and due to the pandemic took place in a virtual format. While there are cons to the virtual format, this layout sustained a space for rich dialogue where we shared our unique perspectives and posed critical questions.

A theme in our discussions involved the questioning of academia and the frequent inaccessibility of academic work (e.g., paywalls for accessing academic work, complex language and theory) — a condition that we all agreed did not align feminist theory. We brainstormed creative ways to disseminate information to wider, more diverse audiences such as white papers, social media campaigns, and zines.

After completing two academic papers, and with a final paper on the horizon, we were given the opportunity to ditch the paper and instead produce something creative and attainable through designing zines. This offered a fun challenge to delineate knowledge of feminism in small groups using our personal expressive methods. Zines have historically represented DIY counterculture efforts to generate change through the spread of information in abstract ways. These zines are a collection of work that represent our collective experience in a feminist-centered learning environment. The zines range in topics such as decolonizing feminist therapy to feminist therapy for male identified individuals. To check out these zines visit: http://wordpress.lehigh.edu/theresistance/2021/05/12/feminist-therapy-zines/

sistance/2021/03/12/16/mmst-merapy-zmes/

We encourage you to share these zines widely as a step towards making feminism and feminist therapy, in particular, more accessible!

If you have any questions about this project, the zines, or feminist therapy you are encouraged to reach out to Dr. Nic Johnson, the professor of *Feminist Therapy Techniques*, at nij316@lehigh.edu.



Joy Caitlin M. Mercier

Black girl, Black girl,
Play, play, play!
Your joy shines, and let it stay!
Your curls are big, and that's okay.
Hold your crown up high for this day.

Black womxn, oh, Black womxn
Smile, smile!
Center your joy, and make it last for a while.
The world may gripe, but chile...
your excellence reigns supreme, so run your mile!

Caitlin M. Mercer is a doctoral candidate in Counseling Psychology at Louisiana Tech University. She can be reached at mmm106@latech.edu.





Announcements

Division 17 is in the process of transitioning their section webpages. I can no longer edit the SAW webpages myself. I have submitted changes to the leadership and membership pages that I hope will be processed soon. In the meantime, please refer to the leadership list and membership application included in this newsletter.

-Morgan Grotewiel, Ph.D., SAW Newsletter Editor and Web Coordinator



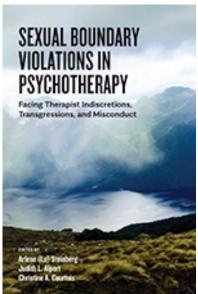
Accomplishments

Awards:

Libby Nutt Williams, Ph.D., won two awards at the end of the 2020-2021 academic year. She received the Norton T. Dodge Award for Scholarly and Creative Achievement (given once every three years at St. Mary's College of Maryland) and was named Faculty Member of the Year by the Student Government Association. Congratulations, Dr. Williams!

Book announcement from Christine A. Courtois, Ph.D., ABPP:

We are pleased to announce the upcoming publication of our edited book on sexual boundary violations in psychotherapy which can be pre-ordered via Amazon.



Steinberg, A., Alpert, J. L., & Courtois, C. A. (Eds.) (May 2021). Sexual Boundary Violations in Psychotherapy: Facing Indiscretions, Transgressions, and Misconduct

Washington, DC: American Psychological Association

The book was designed to be different from other published books on sexual boundary violations (SBVs) in psychotherapy. We set out to reach a broad audience of mental health professionals and lay audiences and to cover topics that have previously received little or no attention. The text begins with an historical overview of the topic of SBVs by psychotherapists by Ken Pope in his foreword and by the coeditors in the introductory chapter. These are followed by a chapter on the evolution of the APA ethics code and the ongoing development of legal statutes followed by one on boundary challenges and the ethics of professional conduct and misconduct.

By deliberate design, victim/survivor clients are given center stage in this book, with consideration of why those who report are typically treated poorly, with suspicion, or outright disbelief. We suggest the need for compassionate and respectful response to them as individuals and for increased understanding of the confusion/ambivalence they often express due to the betrayal trauma inherent in this form of misconduct. We extend the concept of betrayal trauma from the individual therapist/abuser to colleagues and others who remain bystanders or collaborators and to organizations and their attempts

to cover-up such complaints. We suggest what might be done differently going forward to give victims the care and attention they deserve.

In another contemporary approach to the topic, we consider sexual boundary violations as discussed and proscribed (or not) in various theoretical orientations and their training programs (e.g., cognitive behavioral, sex therapy, gestalt therapy, feminist therapy, psychoanalytically oriented psychotherapy). We consider boundary violations in a variety of settings (e.g., pastoral counseling, private practice, college counseling centers, and community mental health centers) involving new contexts (e.g., digital and social media mechanisms) and with various populations (e.g., racial and cultural and sexually diverse dyads). The most common dyad until recently has been the older male therapist and the younger female client; however, reports of abuse by female therapists are now on the rise as are those that involve dyads of various intersectionalities. The special vulnerabilities of those previously traumatized clients (especially those who experienced child sexual abuse and incest) are addressed as to how they play out in reenactment dynamics. The often-convoluted dynamics of such abuse, the therapist's character, and the range of serious aftereffects to the victim and therapist and to a variety of others who suffer collateral damage are also given consideration. An interview with Dr. Andrea Celenza provides a further focus on common transference and countertransference issues and perpetrator dynamics. Survivor testimonies and interviews elucidate these various dynamics in strikingly personal, detailed, and tragic ways.

The book contains chapters on treating previously abused clients in subsequent therapy and the challenges involved, and treatment and supervision of therapists who have engaged in sexual misconduct, with an eye towards whether rehabilitation is possible or recommended. In the epilogue, major themes are identified as well as directions for prevention and intervention. In his preface, Dr, Ken Pope, a pioneer researcher, author, and victim advocate within professional psychology, provides an historical introduction to the issue of SBVs in psychotherapy. The text includes chapters by some of the other major contributors to the sexual boundary violations literature including Andrea Celenza, Philip Hemphill, Mark Gold, Gary Schoener, Laura Brown, Linda Campbell, Stephen Levine, Elizabeth Goren, and Sue Grand.

Christine A. Courtois can be reached at CACourtoisPhD@aol.com



Publications and Presentations

- Abbott, D. M., Mollen, D., Anaya, E. J., Burnes, T. R., Jones, M. M., & Rukus, V. A. (2021). Providing sexuality training for psychologists: The role of predoctoral internship sites. *American Journal of Sexuality Education*. https://doi.org/10.1080/15546128.2021.1892555
- Mollen, D., & Ridley, C. R. (2021). Rethinking multicultural counseling competence: An introduction to the major contribution. *The Counseling Psychologist*, 49(4), 490-503. http://doi.org/10.1177/0011000020986543
- Ridley, C. R., Mollen, D., Console, K., & Yin, C. (2021). Multicultural counseling competence: A construct in search of operationalization. *The Counseling Psychologist*, 49, 504-533. http://doi.org/10.1177/0011000020988110
- Ridley, C. R., Console, L., Sahu, A., Yin, C., & Mollen, D. (2021). A call to the profession: Rejuvenating the multicultural conversation. *The Counseling Psychologist*, 49(4), 610-618. http://doi.org/10.1177/0011000021991872



Ways to Get Involved

Lifetime Members

Michelle Boyer ◆ Peggy Brady Amoon

Morgan Grotewiel ◆ Gail Hackett ◆ Nadia Hasan

Tania Israel ◆ Debra Mollen ◆ Libby Nutt Williams

Julia C. Phillip ◆ Melba Vasquez ◆ Lauren Weitzman

When you renew your SAW membership this year, please consider becoming a Lifetime Member for a one-time payment of \$150. We appreciate our members and their support!

Visit the <u>SAW website</u> to learn more about SAW, including our leadership, task forces, awards, bylaws, and projects. You can also join our listsery and download the membership application.



Visit the <u>SAW Facebook page</u> for a great way to meet many like-minded individuals seeking to address issues related to gender, sexuality, diversity, and social justice. This page will keep you up to date on the most current SAW information, and provides non-members with a quick and easy way to join SAW.

SAW Governing Board, Ex-Officio, & Committees

Governing Board

Chair (she/her)
Jillian Wasson, Ph.D.
Private Practice, Lenexa, KS
jillianwwasson@me.com

Chair-Elect

Nicole "Nic" Johnson, Ph.D. (she/her) Lehigh University nij316@lehigh.edu

Past Chair

Vacant

Treasurer

Ashley Hutchison, Ph.D. (she/her) Ball State University anhutchison@bsu.edu

Membership Chair

Dena Abbott, Ph.D. (she/her) University of Nebraska-Lincoln dabbott5@unl.edu

Newsletter Editor

Morgan Grotewiel, Ph.D. (she/her) Webster University mgrotewiel04@webster.edu

Others

Student Representative

Aashna Banerjee (she/her) Ball State University aashnabanerjee95@gmail.com

Student Research Award Coordinator

Ginny Maril, Ph.D. California Lutheran University <u>vmaril@callutheran.edu</u>

APA Student Poster Coordinator

Katherine Jorgenson, Ph.D. (she/her) University of St. Mary katherine.jorgenson@stmary.edu

More Pie Initiative Liaison

Tania Israel, Ph.D. University of California, Santa Barbara tisrael@education.ucsb.edu

SAW Task Force: Women and Girls in the Justice System

Julie Ancis, Ph.D. Corinne Datchi, Ph.D. Meghan Davidson, Ph.D.

Website Coordinator

Morgan Grotewiel, Ph.D. (she/her) Webster University mgrotewiel04@webster.edu

Newsletter Assistant Editor

Nicole Lozano (she/her) Angelo State University nicole.lozano@angelo.edu

Section for the Advancement of Women (SAW) Membership Application for 2020

To become a member of the Section for the Advancement of Women, complete the form below and mail it to:

Dena Abbott, PhD, LP, Membership Chair University of Nebraska-Lincoln Counseling Psychology Program Department of Educational Psychology 222 Teachers College Hall Lincoln, NE 68588 dabbott5@unl.edu

Membership dues should be submitted in January of each year in order to remain active within the Section. Annual Dues are \$15 for psychologist members and \$5 for graduate and undergraduate students. We also offer a Lifetime Membership for a one-time fee of \$150.

Please make checks or money orders payable to Division 17 Section for the Advancement of Women.

Full Name		
Job Title		
Work Affiliation		
Mailing Address		
Work Phone Number		
Home Phone Number		
E-mail Address		
	Membership Information	
SAW Membership Category		Are you a SAW member? □ Yes
□ Professional (\$15)		□ No
□ Student Member (\$5)		
□ Lifetime Member (\$150)		
Is this a renewal of SAW membership?	Are you a member of APA?	Are you a member of APA Division 17?
-	□ Yes	□ Yes
□ Yes	□ No	□ No
□ No		
Is this membership a gift or part of the membership drive? □ Yes □ No	If so, please share who is gifting the me	mbership to you.