



# AMERICAN PSYCHOLOGICAL ASSOCIATION SOCIETY OF COUNSELING PSYCHOLOGY NEWSLETTER

**FALL 2009**  
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## Newsletter Submissions

Articles submitted for publication in the spring issue of the Society of Counseling Psychology Newsletter should be approximately 400 words in length. If possible, please use 12 point font (Times New Roman.) Submissions must be received by the editor no later than February 15,2010.

Please submit articles electronically as a Word attachment to:  
Saba Rasheed Ali, Ph.D.  
Saba-ali@uiowa.edu

## PRESIDENT’S REPORT

*John Westefeld, Ph.D.*

### *From the SCP President*



I have just returned from Toronto and the APA Convention as I write this.

As I am sure has been the case for every

new SCP president, I am both excited and a bit overwhelmed by what lies ahead!

Once again, I want to thank the many of you who have offered your help and support. It was wonderful to see so many of you at the convention, and to have the opportunity to talk with many of you. After I was sworn in as president, I talked about what I’d like my year as president to be like. For the benefit of those of you who were unable to attend, let me summarize what I said.

I began by saying that the main piece of advice I received from previous presidents was to be myself. And I am really going to try and do that.

Being myself entails working hard and doing the absolute best job I can as your president. But it also involves balance in life, something I have always tried to maintain—balance between work and play, and between my job, family, health, happiness, and relationships. Throughout this year, I shall attempt to live and model balance, while working very hard for you as your president. Being myself also involves humor—another aspect of my life that has always been very important to me.

As I have indicated in previous columns, my presidential project will be “Suicide Prevention”. This project will be composed of four activities: (1) The posting of suicide prevention information/resources on the SCP website; (2) Presenting two symposia at the 2010 convention on dealing with suicide; (3) providing community education about suicide prevention in San Diego at the 2010 convention; (4) providing training for psychologists at the 2010 convention centered around suicide prevention. Additional information about these projects will be forthcoming.

I want to let you know about several other issues/activities that I will be focused on this year:

1. As you know, Debbie Nolan is our SCP administrator. Debbie’s offices are in Palm Beach, Florida, and she brings 20 years of association management experience to us. She has just completed her first year for SCP and her work has been outstanding. This year we will continue to work to determine the best division of labor between Debbie’s office and our SCP volunteers—volunteers who serve in a numerous important roles for SCP.
2. The executive board (EB), is continuing to address a number of the many complex issues related to CACREP and SCP, especially as concerns future hiring decisions of faculty for CACREP programs.
3. Recently we have been examining the entire sequence /content of

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## PRESIDENT-ELECT'S REPORT

*Tania Israel, Ph.D.*

What an honor to be President-Elect of the Society of Counseling Psychology! I sincerely appreciate your faith in me, your good wishes, and your offers of assistance. I am humbled and inspired by the people who have held this position, and I've been pondering how I came to be one of them. Or, even more broadly, why do I engage in professional service at all? Surprisingly, I was able to gain some insight into my motivation by reflecting on my experience at Machu Picchu...

It was cold and rainy, and we had been up there for several hours already (after waking at dawn to see the sunrise that was rained out). My three ambitious friends wanted to scale the high peak of Huanupicchu, which is particularly treacherous when the stones and steps are wet. We had to stand in line because they allow only 400 climbers each day. So we waited to hike up a slippery steep trail in order to reach a view that would be obstructed by clouds. On the previous day, a tourist dislocated his knee on this very hike. I was not convinced that this was a good idea.

Thinking that I could borrow some motivation from my friends, I asked them to help me understand why they wanted to do this climb. "So I can say I did it." "They're going to close Huanupicchu to tourists soon, and I want to do it while I still can." "I like the challenge." Nope, none of these reasons made the climb seem more appealing than sitting in a sheltered spot and eating the mini muffins I had in my bag. So, we went our separate ways, with plans to meet up when they were done.

After I had dried out a bit and taken the edge off my hunger, I noticed I was cold. Maybe I could warm up by walking around a bit. Yes, that helped, but now I was bored and wondering how my friends were doing, so I decided I could stay warm by starting up the mountain and meeting my friends on their way back down. I hiked a little, and then a little more. I almost stopped when I hit part of the climb on which I had to hoist myself up steep steps while clinging to the side of the mountain by a rope, but I was nudged along by some people who had been at the top and assured me that my friends were up there. After several challenging climbing feats, I reached the apex, where I was reunited with my incredibly surprised friends.

So, what can I glean from this experience that helps me understand my professional engagement? Similar to my motivation to hike Huanupicchu, I participate in the SCP because without it, I am cold and bored, and I want to be with my friends (al-

though I sometimes need a little rest and some sustenance and encouragement). For me, the SCP has provided me with opportunities to connect with like-minded professionals, make new friends, and contribute to the field. Within the SCP, I have found people who challenge my assumptions, support my values, stimulate my thinking, and make me laugh. Yes, professional service takes time and energy, but I am enriched by the experience.



*What about you?* What is your motivation for professional engagement, and how can I help you fulfill this motivation? What will help you engage more fully, creatively, and authentically in the SCP? The strength and diversity of our organization comes from an active membership. We need you. We need your energy. We need your voice. If you need a little rest and some sustenance and encouragement, I understand, but I hope you will meet me at the peak. Please contact me at [tisrael@education.ucsb.edu](mailto:tisrael@education.ucsb.edu) or 805-893-5008 if you want to get involved in the SCP!

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*See page 17 for details and submission information.*





## PAST PRESIDENT'S REPORT

Janet Helms, Ph.D.



### *Moving On*

Well, now that I think that I have finally learned how to be President of the Society of Counseling Psychology, it is time to change roles and learn how to be a gracious Past President. Fortunately, Linda Forrest has been a great role model in this regard and I will try to be as supportive of John Westefeld as he takes over the wheels of Presidential leadership as Linda was of me. It is surprising how short a year is and I suspect that I share with every past President the viewpoint that it was not nearly long enough to accomplish everything that I hoped I would foster. In the words of my late paternal grandmother, I suppose that “my eyes were too big for my plate.”

Nevertheless, I think SCP was able to move forward in several important ways during my term and I would like to share some of the less wonky of our accomplishments with you, but if you would like to know more about the administrative details of SCP, they are covered in the Midyear and Annual Business meeting minutes, which will be published in *The Counseling Psychologist*. The Annual Convention of the American Psychological Association was very successful in so far as SCP was concerned. It was great to see the large number of SCP members at the convention, many of whom had to brave perpetual summer thunderstorms to enter and leave Toronto.

Although I must confess that I did not have an opportunity to participate in much of the convention programming

firsthand, I hear that the presentations and posters were generally excellent and reflected the basic philosophy of counseling psychology as well as my presidential theme. If you have a chance, please congratulate outgoing program chair, Arpana Inman, and incoming chair, Karl Kwan, for their outstanding efforts. As you may recall (since I emailed you about it a few times), this year we changed from a hospitality suite to a hospitality space at the St. Andrews Conference Center. These accommodations were wonderful and I owe a major debt to Debbie Nolan, our management associate, for arranging for the space and Vanessa Prosper, our hospitality chair, for coordinating the events that occurred in the space. The space seemed to be an ideal spot for people to meet, hang out, and have informal discussions with colleagues and old friends. Also, thanks to all of you who attended my outgoing reception in the Hospitality Space, it was great to see so many of you and to have an opportunity to share our experiences of the year.

I would like to acknowledge the community engagement activities that made the conference especially meaningful this year. One of these was the Community Engagement Committee's (Chair: Priscilla Das-Brailsford) day-long multi-disciplinary pre-convention workshop on evidence-based practice with immigrant and refugee populations in collaboration with the Access Alliance, a community mental health organization in Toronto. I continue to be amazed by the Committee's ability to move into different communities each year and finding ways to share the knowledge and skills of counseling psychologists while also receiving skills and knowledge from the

communities. The second event was “A Wedding for All of Us,” which was initiated by the Section on Gay, Lesbian, and Transgender Issues, and largely organized by Jill Lee-Barber and, in her words, “many others.” Many of our friends and colleagues, who were not able to marry in the states where they lived and/or watched legislation passed that took away their rights to marry, were married during this ceremony. I am anticipating that both of these events will be covered in more detail in post-convention newsletters. So, keep an eye out for them.

Finally, let me express my heartiest thanks to the three special task groups (STGs) that gave life to my Presidential Project, “Taking Action Against Racism” (TAAR). As you may recall, the STGs were TAAR in grades K-12 (Chairs: Guerda Nicolas and Farah Ibrahim), TAAR in Higher Education (Chairs: Amy Reynolds, Lisa Spanierman, and Roger Worthington), and TAAR by using media (Chair: Jill Lee-Barber). These hardworking groups shared the results of their work with conference attendees through a variety of presentations, most notably a TAAR symposium. All of the projects are still in process, but each of the STGs intends to provide a TAAR website link where practical TAAR interventions and resources may be obtained. Presently, the media resource website has been launched and you may access it at <http://www.div17.org/TAAR/default.htm> or [www.takingactionagainstracism.org](http://www.takingactionagainstracism.org). If you have examples of media that you think should be included on the website or questions about how to use the website resources, please send them to Jill Lee-Barber ([jleebarber@gsu.edu](mailto:jleebarber@gsu.edu)).

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## VICE PRESIDENT FOR SCIENTIFIC AFFAIRS REPORT

*Steve Quintana, Ph.D.*

I am excited to begin my term as VP for Scientific Affairs, but first want to acknowledge the hard work and effectiveness of Bob Lent who has just finished his term. I appreciate Bob's appraisal of the critical issues facing the scientific landscape within SCP and agree with his sense of the critical importance of science in all that we do as a profession and a discipline. He established and worked with special task groups to address several important issues and I appreciate the groundwork on which I plan to follow up.

A main goal for my term is to continue the legacy of my predecessors in promoting the prominence of science within SCP and enhancing the visibility of our science outside of SCP. Like Bob, I am deeply concerned with the consequences for our students' training in research from the expansion of clinical training. The ever-increasing competitiveness of internship placements forces students to obtain considerably more clinical training than in the past. Moreover, the expansion of predoctoral clinical training to include essentially what had been obtained during a postdoctoral year of clinical training provides less time and fewer resources for research training. I foresee faculty's time being more consumed by clinical training, with less time for their own research and scholarship. I will monitor the effect of these trends on students research training, work with the SCP-CCPTP's joint task group set up to address these issues, and raise these concerns as policies and practices are being formed.

I look forward to promoting and representing our science interests to organizations outside of the SCP, including APA's Board of Science Affairs. I plan to monitor outside forces to help the SCP anticipate and respond to these out-

side influences. I also look forward to promoting our science within the SCP. I would like to identify and feature research of particular importance to our profession. There are several extant mechanisms for recognizing unusual contributions including SCP awards as well as the identification of journal articles of unusual importance by The Counseling Psychologist and articles flagged for press release within the Journal of Counseling Psychology.

I am grateful to the prominent scholars who accepted my invitation to serve on SCP's advisory committee for Scientific Affairs including David Blustein, Elizabeth Vera, Bonnie Moradi, Kevin Cokley, and Jeff Hayes. I look forward to benefiting from their perspective, wisdom, and advice as issues arise within and outside of SCP that have implications for our science, research, and scholarship.

I will be pursuing three specific initiatives, all of which involve promoting more collaboration among CP researchers. The first initiative is to encourage collaborations among researchers to be able to tackle particularly important projects that have the potential to move our field forward. My goal is to encourage researchers to pool their resources in order to take the important next steps of research in several core CP areas. I am hoping for these collaborations to be strategic in ways that move our field collectively forward.

The second initiative is to explore ways of sharing data and setting up databases that will enhance and facilitate CP research. Data sharing would have obvious benefits for meta-analyses, but also promote better understanding of our instrumentation for relatively small or minority subgroups by pooling across sev-

eral datasets. I will examine the many ethical, professional, and proprietary issues along with the logistical challenges that need to be understood before widespread data sharing can happen.

The final initiative is to survey SCP members about their experiences, challenges and activities related to scientific affairs. I will use this information to help set priorities, identify issues prominent within the daily activities of SCP researchers, and in other ways help me accurately represent the vested interests of SCP members.

I am honored to serve as a VP and look forward to greater involvement in SCP's governance as most of my previous governance work has been outside of CP. I encourage you to contact me if you would like to be involved in any of the three initiatives or want to share your experiences and ideas either specific to the three priorities or on broader issues within the scientific affairs of the SCP.

*Steve Quintana, Ph.D.*  
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Past President's Report  
*(continued from page 3)*

In closing, let me express my thanks to the Presidents Cabinet (Linda Forrest, John Westefeld, Julia Phillips, and Debbie Nolan), my administrative associates at Boston College, Kathy Flaherty and Susan Smith, and to all of you who said "yes" when I sought your help. You made my year possible. I look forward to working with John Westefeld and Tania Israel in my new Cabinet role of Past President.

*Janet Helms, Ph.D.*  
*Boston College*  
*Helms17@bc.edu*



## VICE PRESIDENT FOR EDUCATION AND TRAINING REPORT

*Y. Barry Chung, Ph.D.*

I have been working closely with Cindy Juntunen on issues related to the CACREP new standards. We met regularly via conference calls with a small working group composed of members from various organizational backgrounds who share these mutual interest and concerns. Cindy and I gave a report at the Society of Counseling Psychology Executive Board meeting at the APA Convention in Toronto. Mike Scheel also reported findings from a CCPTP survey about master's training issues in counseling psychology. A significant amount of time was spent discussing the findings and issues, and a motion was made and approved to give specific directions for the SCP-CCPTP joint special task group (STG) to further explore options that will address concerns about

some of the CACREP new standards and their implications for counseling psychology. At the APA Convention, I also coordinated a meeting with several staff members of the APA Education Directorate. Attended were representatives from ACCTA, CCPTP, and SCP. We discussed the newest development of the STG, and how it relates to APA at large. I left these two meetings with an excitement about the consensus building process within SCP leadership, as well as the collaborative efforts that we will call upon to tackle these challenges. If you have any question or would like to assist with this STG, please contact me at [y.chung@neu.edu](mailto:y.chung@neu.edu) or 617-373-8120.

Looking ahead, I will be attending the APA Education Leadership Conference

in early October (as member of the APA Board of Educational Affairs), along with Jeff Prince who will attend as representative of SCP. The conference theme this year is "Preparing Tomorrow's Health Workforce." There will be no Fall 2009 consolidated meetings for APA Boards and Committees due to budget cut, and APA has decided to do the same for Fall 2010.

This will be my final year serving as Vice President for Education and Training. Please contact me if you would like to know more about this position and the opening for 2010-2013.

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*Northeastern University*  
*Y.Chung@neu.edu*

## VICE PRESIDENT FOR DIVERSITY & PUBLIC INTEREST

*Roger Worthington, Ph.D.*

August has come and gone once again and the APA Annual Convention in Toronto had many highlights. It is hard to know where to start. Tania Israel became president-elect of Division 17. Among other things, Dr. Israel is the youngest president-elect of Division 17, and the first Asian American woman to lead the Society. She describes herself as a biracial, Asian American, Jewish, Buddhist feminist.

Janet Helms unveiled her presidential initiative on Taking Action Against Racism (TAAR) by chairing a symposium during the convention and unveiling a website principally designed by the TAAR-Media STG led by Jill Lee-Barber. The other TAAR STGs (K-12 and Higher Education) plan to contribute additional content to the website. There is interest in building on their excellent

work and volunteers are being sought to contribute and update content. You can view the website at <http://div17.org/TAAR/>.

One of the highlights of the Convention for me was witnessing the same-sex marriage ceremony (co-sponsored by Divisions 17 and 44), in which four couples were united, including our very own Div 17 folks Sandy Shullman and Peg Mosher, who have been together for 35 years. Brent Hawkes and our very own Ruth Fassinger were the officiants of the ceremony. Brent Hawkes is amazing. He was the leader for the same-sex marriage fight in Canada, performed the first same-sex wedding anywhere in the world, has performed weddings in a bulletproof vest surrounded by bodyguards, and he was attacked in his own church. He is a true hero. It was a joyous cel-

ebration and demonstration of hope that equal rights soon will be the rule of law in the United States as well. (Thank you to Ruth Fassinger for her the wonderfully graceful way she delivered the ceremony and for helping me write this section of the column!!)

The APA Council of Representatives approved the Report of the American Psychological Association Task Force on Appropriate Therapeutic Responses to Sexual Orientation, stating that mental health professionals should avoid telling clients that they can change their sexual orientation through therapy or other treatments. The task force recommended that mental health professionals avoid misrepresenting the efficacy of sexual orientation change efforts when providing assistance to people distressed about their own or others' sexual orien-

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## VICE PRESIDENT FOR PROFESSIONAL PRACTICE REPORT

*Jill Lee-Barber, Ph.D., ABPP*

I am glad to have the opportunity to serve SCP as your new Vice President for Practice and would like to take a line or two to introduce myself. I currently serve as the Director of Psychological and Health Services at Georgia State University in Atlanta, GA and have had a small independent practice in Atlanta for several years as well. My recent roles within SCP include chairing the Section for LGBT Issues and the Section for University and College Counseling Centers, the STG on Taking Action Against Racism in Media as well as serving as newsletter editor for the Section for Advancement of Women. At the state level, I have served as the chair for the Division of Women Psychologists for the Georgia Psychological Association, where I continue to serve on the Human Welfare Council.

In my new role as Vice President for Professional Practice, I had the opportunity to attend the Stakeholders lunch and to hear Drs. Katherine Nordal and Carol Goodheart share their experiences of the excitement and the challenges at the San Antonio Practice Summit. As background information, the summit's goal was to engage the broader practice community in an agenda- and priority-setting meeting to inform the work of the APA Practice Directorate and the APA Practice Organization. Leaders were assembled in the practice of psychology and related professionals from other practice associations, government entities, training organizations, consumers, insurers, and businesses to identify:

1. Opportunities for future practice to meet the needs of a diverse public.
2. Priorities for psychologist practitioners in private and public settings.
3. Resources needed to address the priorities effectively.
4. Partnerships and roles to implement the priorities.

As I listened to my colleagues at the Stakeholders luncheon, I found myself thinking about our profession, counseling psychology, and how at this particular time in history, we are uniquely prepared to collaborate with others to meet some of the needs of our nation in the 21st century. Surely the core values of counseling psychology: strength, health, prevention, focus on career and life balance, valuing diversity, which have guided our service at other times in our nation's history will prove useful to practitioners now. Together we face the challenges of making healthcare more accessible, helping veterans as they return home, providing career assistance to those who are seeking jobs in a time of recession, and helping meet the

mental health needs of an increasingly culturally diverse society. As I continued to listen in the meetings I was able to attend in Toronto, I was amazed and proud of the innovation that is occurring to meet the changing demands of practice. I was reminded of reading, back while studying for my comprehensive exams, that counseling psychology is not defined by the setting in which it is practiced, but by the values that guide the practitioner. This idea, born at the Georgia conference, will serve us well as we consider the changes and challenges before us in the "second curve" of growth of our profession. While our practice settings, colleagues, policies, and even guidelines may change, the core values that guide our work remind us of our identity as counseling psychologists and that our profession was born to meet the needs of a changing world. I was glad to have the opportunity join the array of psychologists in the 106 meeting who are working together to address the changing needs of practitioners and to help practitioners better meet the needs of a changing world.

It seemed clear from hearing both Dr. Nordal and Dr. Goodheart, as well as others who attended the summit speak, that change in the practice of professional psychology is moving. There were several themes that emerged regarding the direction of change: Practitioners are still being trained for traditional practice and we will need to add new elements and skills to become competent with the interdisciplinary practice that is called for in the future. There is also a need to collaborate in creative ways with primary medical care and it is one of our greatest future practice opportunities; this will allow psychologists to use skills both in treatment and in prevention, a particular strength of counseling psychologists. Finally, the summit raised that there is a need for our profession to be accountable. To that end, we will be involved in developing our own psychology treatment guidelines and methods to assess our work. If we are not involved, we risk allowing others to do this for us. It seems clear that change is moving and that now is the time to become involved in shaping the future of the practice of psychology and putting our skills to use in the service of our nation. I welcome your ideas regarding the area of practice and can be reached at [jleebarber@gsu.edu](mailto:jleebarber@gsu.edu).

*Jill Lee-Barber, Ph.D.  
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## VICE PRESIDENT FOR COMMUNICATIONS REPORT

*Julia Phillips, Ph.D.*

Several of us had a productive meeting with Jesse Raben, J.D., Associate General Counsel for APA, regarding the proliferation of social networking sites. APA is working on guidelines, policies and procedures that will be passed on to Divisions and Sections as a resource. There are many questions to be answered regarding the use of social networking sites by non-profit organizations prior to jumping in to the deep end. First, which ones will you use? Facebook? LinkedIn? MySpace? Twitter? Second Life? Ning? A major question organizations must answer: for what purpose is the organization going to use the site? As a communications tool between members? To communicate to members? For members to communicate to leadership? Or, for recruitment of potential members? To communicate with the public at large? These fundamental questions will guide how the site is set up. Another major consideration as SCP moves in this direction is that organizations must have the personnel to monitor the activity on the site on a daily basis – this person or these persons would have a blend of activities similar to our listserv managers (monitoring for inappropriate behavior e.g., copyright violations, slander, etc) and our webmaster (posting new material, taking old material off, answering questions, etc), obviously a very large undertaking if it is to be done well. Please contact myself or Linda Subich, Director of the Communications & Technology Board, if you

are considering social networking sites associated with SCP and its Sections, SIGS, Committees, etc. We can work with you to ensure smooth sailing. Speaking of our webmaster, special thanks to our webmaster, Mike Schaub, technical web guru Lisa Johnson, and our professional administrator, Debbie Nolan for working hard to keep the website updated. Please send updates to Mike at [jms46@georgetown.edu](mailto:jms46@georgetown.edu).

Finally, let me offer a special welcome to Lali McCubbin who is taking over as the Director of the Member Interface Board (MIB) and a special thank-you to Stewart Cooper who recently transitioned out of that position. With nine committees/roles on the MIB, it is indeed a service to the Society to be willing to work as the Director of this Board! As always, please feel free to email me at [julia7@uakron.edu](mailto:julia7@uakron.edu) with any suggestions regarding SCP communications or activities on any of the 3 Communications Boards (Member Interface Board, APA and External Interface Board, Communications & Technology Board). Thank-you and have a great Fall Season!

*Julia C. Phillips, Ph.D.  
University of Akron  
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### President's Report *(continued from page 1)*

events at the convention, that includes the presidential address, business meeting, and awards ceremony. At this year's business meeting we conducted a survey of attendees designed to get at a number of these issues, and we are currently analyzing these data. The pivotal issues are: Which should be scheduled first at the convention—the business meeting or the president's speech? In addition, what exactly should happen during the business meeting? And even more specifically, should the awards component of the business meeting become a separate event? These are some of the questions we will try and address this year. Please contact me if you have input about any of these issues.

4. Several Special Task Groups (STGS) are hard at work this year. For example, Janet Helm's STGS dealing with Taking Action Against Racism; a STG to plan a ceremony honoring our elders at the 2010 convention; a STG to evaluate our entire awards process; a STG to examine ways that the American Board of Professional Psychology (ABPP) and SCP can work more closely together; a STG designed to align our budget with the strategic plan; and a

STG focusing on Implementation Guidelines for Psychological Practice with Girls and Women.

5. Student Affiliates of Seventeen (SAS), after a wonderful three year run at The University of North Dakota, will be moving to a new university in the fall of 2010. During the 2009-2010 academic year, the process of selecting the next home of SAS will be undertaken by the current SAS members at North Dakota.
6. A new Newsletter Editor will begin Fall, 2010. If you are interested in nominating someone for this position—or nominating yourself,—please email Julia Phillips, Vice President for Communications ([julia7@uakron.edu](mailto:julia7@uakron.edu)) or Linda Subich, Director of the Communications and Technology Board ([subich@uakron.edu](mailto:subich@uakron.edu)).

These are just a few of the many issues that we will be addressing this year. As always, your input is welcome. Please contact me at anytime.

Have a good year everyone and keep in touch!

*John S. Westefeld, Ph.D., A.B.P.P.  
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## COUNCIL OF REPRESENTATIVES REPORT

The APA Council of Representatives met August 5 and August 9, 2009, in Toronto, Canada. The meeting was again intense and far-reaching, with the continuing economic downturn and its impact on the APA Budget felt throughout the proceedings.

APA President James Bray reported on the progress of his three major initiatives for 2009: The Future of Psychology Practice, The Future of Psychology Science Education, and Psychology's Contributions to Ending Homelessness.

APA CEO Norman Anderson once again focused his CEO report on the APA's current budget challenges and the strategic planning opportunities underway. In this August meeting, Dr. Anderson reminded us that APA would not be allowing a deficit budget for 2009, given how much the APA reserves have diminished recently. Dr. Anderson made it clear that we once again, given some continuing revenue decreases, **maintain a balanced budget for both 2009 and 2010**. Thus far, in addition to other operating costs, APA has had a reduction in force (RIF) of 37 existing staff, even given the emphasis on retaining talented experienced staff. The initially proposed 2010 budget is also dependent upon APA governance continuing to cut its costs dramatically as well, including the elimination of all Board of Directors discretionary funds, Council of Representatives discretionary funds, and the cancellation of the Fall 2010 APA Governance Board and Committee meetings. This latter proposal was designed to both cut travel and meeting costs and also to take some of the pressure off of staff work load, given a reduced work force. The Council supported presentation of a balanced budget proposal for 2010, including the continuing cancellation of Fall Consolidated meetings, after much discussion of the impact of having two years of cancellation of major governance activity.

Council passed **the proposed strategic plan for APA**, the first such plan in the association's 117-year history. The plan spells out broad goals and corresponding actionable, measurable objectives for a three- to five-year time horizon.

**APA's strategic plan has three goals:**

### Goal 1: Maximize Organizational Effectiveness

Objectives:

Enhance APA programs, services and communications to increase member engagement and value.

- Ensure the ongoing financial health of the organization.
- Optimize APA's governance structure and function.

### Goal 2: Expand Psychology's Role in Advancing Health

Objectives:

Advocate for the inclusion of access to psychological services in health-care reform policies.

- Create innovative tools to allow psychologists to enhance their knowledge of health promotion, disease prevention, and management of chronic disease.
- Educate other health professionals and the public about psychology's role in health.
- Promote the application of psychological knowledge in diverse health care settings.
- Promote psychology's role in decreasing health disparities.
- Promote the application of psychological knowledge for improving overall health and wellness at the individual, organizational and community levels.

### Goal 3: Increase Recognition of psychology as a science

Objectives:

- Enhance psychology's prominence as a core STEM (Science, Technology, Engineering, and Mathematics) discipline.
- Improve public understanding of the scientific basis for psychology.
- Expand the translation of psychological science to evidence-based practice.
- Promote the applications of psychological science to daily living.
- Expand educational resources and opportunities in psychological science.

The Council **also received two reports** which put psychology front and center on topical issues: global climate change and the debate on whether sexual orientation can be changed through therapy.

One report, the product of an **APA Task Force on the Interface Between Psychology and Global Climate Change** examined how psychological science can be applied to encourage people to engage in environmentally sensitive behaviors. The report summarizes the psychological literature on climate change issues and recommends ways that psychology can help create public policies designed to protect the environment.

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## COUNCIL OF REPRESENTATIVES REPORT

A second report, from the **APA Task Force on Appropriate Therapeutic Responses to Sexual Orientation**, based a review of the relevant published literature, found insufficient evidence for claims that sexual orientation can be changed through therapy and concluded that therapists should avoid telling their clients that they can change from gay to straight. After receiving the report, the council **adopted a resolution on appropriate affirmative responses to sexual orientation distress and change efforts** which grew out of the report findings.

The Council of Representatives also addressed the following:

- Voted to **adopt as APA policy Guidelines Regarding Psychologists' Involvement in Pharmacological Issues**. The guidelines, developed by an APA Division 55 Task Force, are intended to provide a resource on optimal psychological practice in pharmacotherapy. They also provide information for psychologists with any level of involvement with psychotropic and other medication issues.
- Voted to **adopt as APA policy a resolution that endorses the concept of recovery for people with serious mental illness**.
- Approved a suspension of the annual dues increase. **Dues levels for all members and affiliates will remain at 2009 rates next year**.
- Voted to amend the bylaws to drop unpaid members if they haven't paid their dues after one year instead of the current two-year grace period. To become effective, this proposed change requires the approval of the full membership.
- Voted to establish an APA "designation program" for education and training programs in psychopharmacology (as opposed to program accreditation). A designation program is seen as the right developmental step for psychopharmacology programs at this time and would be intended to provide quality assurance guidance for these programs.
- **In response to on-going concerns regarding Ethical Standards 1.02 and 1.03, which address conflicts between ethics and law and ethics and organizational demands, the Council directed the APA Ethics Committee to propose language that would clarify the psychologist's obligations when such conflicts arise. After a public comment period this fall, the Ethics Committee will come forward with proposals in preparation for Council's February 2010 meeting.**
- Voted to **invite a non-voting delegate from each of the four National Ethnic Minority Psychological Associa-**

**tions to attend Council meetings for an additional three year period.** Council additionally **received the Report of the Presidential Working Group on the Representation of Diversity on the Council of Representatives** and requested that it be referred to the Committee on Ethnic Minority Affairs, the Committee on the Structure and Function of Council and the Policy and Planning Board. Council also reaffirmed its earlier votes in support of a Bylaw amendment to officially seat the four Ethnic Minority Psychological Associations.

- Approved the **creation of two new division journals: Sport, Exercise and Performance Psychology (Div. 47, Exercise and Sport Psychology) and International Perspective in Psychology: Research, Practice and Consultation (Div. 52, International).**
- Approved a change in the **timeline for APA presidential elections.** The president-elect ballot will now be distributed to all voting members on Sept. 15 rather than Oct. 15.

The Council also went into Executive session to discuss the current relationship and legal issues involving APA and the APA Insurance Trust. The issues involve how information required for fulfillment of fiduciary responsibilities related to the APA Insurance Trust is to be defined.

*Sandra L. Shullman, Ph.D.,  
Executive Development Group  
slshullman@aol.com*

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Vice President for Diversity and Public Interest Report  
(continued from page 5)

tation. The Council also passed the accompanying Resolution on Appropriate Affirmative Responses to Sexual Orientation Distress and Change Efforts.

The NMCS coordinators have announced that Seattle will be the location of the 2011 conference and that the theme will be "Unification through Diversity: Bridging Psychological Science and Practice in the Public Interest" The dates and conference hotel will be announced soon. There is a Facebook group that receives 24-48 hour previews of new announcements. Be the first to be "in the know" about NMCS news by joining the Facebook NMCS2011 group at <http://www.facebook.com/home.php?#/group.php?gid=87498768180>. There are currently over 250 members.

*Roger L. Worthington, Ph.D.  
University of Missouri-Columbia  
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## SECTION REPORTS

### SECTION FOR THE ADVANCEMENT OF WOMEN

We had an excellent time at the Convention in Toronto, but we missed those of you who could not make it. We hope that more people will be able to attend next year in San Diego! One of our great events this year in Toronto was the SAW 2008 Woman of the Year talk. We were treated to amazing historical anecdotes from Helen Roehlke (the SAW 2008 Woman of the Year), who invited Norma Simon and Kathy Hamilton to present with her. We also had fun drinking champagne and mimosas at the Saturday morning Champagne Breakfast and Business Meeting and toasting our new award winners: Linda Forrest (2009 SAW Foremother), Jill Lee-Barber (2009 SAW Woman of the Year), and Corinne Datchi-Phillips (2009 SAW Student of the Year).

We were also able to celebrate, with our sisters in Division 35, the following awardees (nominated by SAW): Linda Forrest (2009 Strickland-Daniel Distinguished Mentoring Award), Dawn Szymanski (2009 Committee on Women in Psychology Emerging Leader Award), and Carol Enns (2009 Committee on Women in Psychology Distinguished Leader Award). Please join me in congratulating all these wonderful women!!!

We are gearing up for the upcoming SAW executive board meetings, and I wanted to thank our new board members. Corinne Datchi-Phillips is our new newsletter (WomanView) editor. Continuing on the executive board are: Connie Matthews (Past Chair), Meghan Davidson (Treasurer), Oksana

Yakushko (Membership Chair), Sue Morrow (Website and listserv goddess), and Sonia Leclere (Student Representative). We would like to welcome Laura Smith as our new Chair of student awards and the SAW student poster selection, and thank our Mentoring Committee (Michele Boyer, Corinne Datchi-Phillips, Barb Gormley, and Lauren Weitzman) for their continued good work.

Our most pressing news, however, is that we still do not have a Chair-Elect. Our interpretation of this finding is that we have done such a good job supporting and advancing women (our *raison d'être*, after all!) that we have three somewhat intersecting categories of membership: 1) Women taking on very important and public leadership roles, 2) Women taking on very important and overwhelming duties, and 3) Women a bit too early in their careers to feel comfortable taking on a new added, important role. And yet SAW is incredibly important to us all. I ask that you not let it falter. Seek high and low, long and wide for people to nominate ... consider nominating yourself. You would not be sorry that you did, and we would be very happy to add you to our team. Please email Connie Matthews ([crmatthews1@comcast.net](mailto:crmatthews1@comcast.net)) with nomination ideas.

With thanks and best wishes,  
*Libby Nutt Williams, Ph.D.*  
*William and Mary College*  
*enwilliams@smcm.edu*

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### SECTION ON HEALTH PSYCHOLOGY

The Health Psychology Section is dedicated to the science and practice of counseling psychology in health related contexts. Its general purpose is

- To support the role of counseling psychologists as active participants in the field of health psychology, disease prevention, health education, behavioral medicine, rehabilitation, and related areas and to provide a forum for individuals interested in health related areas to exchange ideas and network with one another.
- To promote and support the education and training of counseling psychologists who are interested in health related fields

Toward that end those of us active in the Section were very busy at APA in Toronto.

Thursday began with a very helpful and informative symposium chaired by Annette Kluck on careers in counseling health psychology. Early career examples were presented by Sandra Cortina, who talked about her role in pediatrics at the Cincinnati Children's Hospital and Larra Petersen—also the discussant, shared her insights into the process of training, curriculum needs and the job search relevant to positions in health psychology. Larra also talked about her current position at the Nebraska Medical Center. Ravi Prasad from Stanford University discussed his mid-career perspective, emphasizing his experience in both clinical and administrative roles, in a comprehensive chronic pain service. Finally, Brian Lewis talked about his years of experience both providing clinical health psychology services and establishing training experiences for

*(Continued next page)*



## SECTION REPORTS

### SECTION ON HEALTH PSYCHOLOGY (*continued*)

counseling psychology students in health psychology settings. I was particularly pleased with the turnout and the large number of current doctoral students indicating interest in health psychology. If you would like to learn more from any of the presenters, they all expressed willingness to answer questions about their experiences in counseling health psychology.

Continuing with our collaboration with the Section on Ethnic and Racial Diversity (SERD), we co-sponsored a 2-hour symposium titled Reducing Health Disparities: Counseling Psychologists Working to Make the World Better. Even with the early Sunday morning time, we had a good showing of interested folks, eager to learn more about counseling psychologists and our role/research in this important area. Drs. Mary Shaw-Ridley, Charles Ridley, Laurie "Lali" McCubbin, Ezenari Obasi and Carmen Valdez did excellent jobs at informing us of both the important role for counseling psychologists and some examples of exciting research.

Another SERD collaboration occurred in the hospitality suite and featured Drs. Lydia Buki and Kathleen Chwalisz, who presented on successful grant writing experiences with NIH grants. Although we had a small group, it was very informative and I want to publicly thank Lydia and Kathie for taking time to help in this important effort. Look for more and continued collaboration, on issues of health disparities, between the Health Psychology and SERD sections.

At our business meeting, we presented the Student Research Award to Claudia Perolini for her paper on Optimism, Perfectionism, Hardiness and Perceived Health in College Students.

Claudia is a student of Dr. Merle Keitel of Fordham University. Congratulations Claudia!

I was also pleased with a good turnout for our discussion on applying for internships in medical settings (particularly in light of the increasingly difficult process of securing an internship) and want to thank recent interns, Wendy Guyker (University of Buffalo) and Heidi Christianson (Wisconsin-Madison) for their help in facilitating the discussion.

We continue to be involved in the Council of Clinical Health Psychology Training Programs (CCHPTP) with Dr. Marilyn Stern being on the CCHPTP board and I will be attending their midyear meeting, and the Interdivisional Health Care (IHC) committee where Marilyn and I are the SCP representatives. The IHC has been closely involved in advising, consulting with and assisting APA staff as they stay actively involved in the representation of psychologists in ongoing health care reform. APA staff gave an informative update to the IHC at the Toronto APA meeting.

In closing, we are always eager to expand our membership. Toward that goal, please check out our website where you will find an easy to download membership application, as well as copies of our recent newsletters.

<http://www.apa.org/divisions/div17/sections/health/Home.html>.

*Don Nicholas, PhD  
Chair, Health Psychology Section  
dnichola@bsu.edu  
Ball State University*

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### INTERNATIONAL SECTION

The International Section was very active during the APA convention and excited about its direction. A five hour dinner and meeting retreat among Executive Committee members just prior to the convention jump-started the work. We discussed accomplishments over the past year and future projects. There were many international presentations at the convention, including many from counseling psychology. It is sure to be an exciting year for our 250+ members. We also held an International Scholars welcoming breakfast and an International Leaders meeting, an International Mentoring and Orientation

Program meeting, and a business meeting. After discussing a number of issues at the very well-attended business meeting, the award winners were announced.

The Lifetime Achievement Award went to Dr. Paul Pedersen for his tremendous influence in cultural counseling psychology. His 43 books, 82 chapters, over 100 articles, along with multiple monographs, videos, and presentations have stimulated counseling psychology students and professionals alike for decades, and he helped transform the counseling field itself.

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## SECTION REPORTS

### INTERNATIONAL SECTION *(continued)*

An hour of section program time was dedicated to the work of Dr. Pedersen and internationalizing counseling psychology. The Student Research Awards went to Daniel Hess of the University of Minnesota for his work, The mental health sequelae and treatment of massive community violence in West Africa, while Huan Ye of the University of Florida engaged in two projects, Cross-national study of perfectionism and social comparison, and International students and the Advisory Working Alliance. Both of these winners well exemplify the intent of the awards and were commended for their efforts.

The Section is also very pleased to announce that Drs. Johanna Nilsson and Lifei Wang are the Chairs-Elect, Dr. DC Wang will fill the Secretary position, and Dr. Ayşe Ciftçi will move from her position as Newsletter Editor to become the Domestic Membership Co-chair. The Newsletter will be ably handled by Dr. Emily Russell (emilybrussell@gmail.com) and Dr. Makido

Kasai (mkasai@naruto-u.ac.jp ). If you have newsletter items please send to them.

Overall, we are very excited about this Section and want to thank all of the members. If you would like to get involved please contact one of the tri-chairs. If you would like to join please go to <http://www.internationalcounselingpsychology.org/> and click "Join ICP."

*Changming Duan, Ph.D.  
Mark M. Leach, Ph.D.  
S. Alvin Leung, Ph.D.  
Tri-Chairs*

*Submitted by  
Mark Leach, Ph.D.  
University of Louisville*

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### SECTION FOR LESBIAN, GAY, BISEXUAL, AND TRANSGENDER ISSUES

This year's annual convention in Toronto was a huge success for the Section for Lesbian, Gay, Bisexual, and Transgender Issues. The Section, along with many other Sections and APA Divisions, organized At Last: A Wedding for Us All, which was a same-sex wedding and reception at the Voglie Risto Restaurant in the heart of Toronto's Gay Village. Over 100 attendees were present to witness the marriages of four couples. Reverend Dr. Brent Hawkes and our own Dr. Ruth Fassinger co-officiated the ceremony. Reverend Dr. Hawkes is the Senior Pastor at the Metropolitan Community Church of Toronto and conducted the first legal same-sex marriages in Canada. His leadership led to Ontario being the first province in Canada to legalize same-sex marriage in 2003. Soon after, same-sex marriage was legalized at the Canadian federal level in 2005. During the ceremony on Thursday night of convention, Reverend Hawkes described his and his community's struggle for equality. Both Reverend Dr. Hawkes and Dr. Fassinger spoke eloquently and movingly about marriage equality. I was honored to be among those who witnessed the beautiful unions of the four couples. As an American counseling psychologist living in Canada, I felt great pride for my country of choice, the field of counseling psychology, and my American and Canadian colleagues working so hard for lesbian, gay, bisexual, and transgender equality.

Before and after the wedding, we displayed a slide show of same- and different-sex couples in support of marriage equality. Thanks to all our colleagues who sent photos to be included in our Faces of Love presentation! We also displayed a PowerPoint presentation developed by the Georgia Psychological Association (GPA) when Georgia was facing a same-sex marriage ban referendum. Proceeds from the Section's wedding will go to develop educational materials similar to those developed by GPA. We envision this project providing valuable information for the public on the psychological benefits of marriage equality. I look forward to bringing the Division more details on this project as they become available. After the wedding, Dr. Gargi Roysircar-Sodowsky led, with two of her students, a beautiful scarf dance. Many wedding guests participated in the dance and then stayed for dancing after.

The wedding would not have been possible without the generous support of many divisions, division sections, and individuals. Our sponsors were:

- Division 9: Society for the Psychological Study of Social Issues
- Division 17: Society of Counseling Psychology and the following Sections:

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## PRESIDENT'S REPORT *(continued)*

### SECTION FOR LESBIAN, GAY, BISEXUAL, AND TRANSGENDER ISSUES *(continued)*

- Section for Advancement of Women
- Section for Animal and Human Interaction
- Section for Lesbian, Gay, Bisexual, and Transgender Issues
- Section for Prevention
- Section on Racial and Ethnic Diversity
- Section on College and University Counseling Centers
- Division 18: Psychologists in Public Service
- Division 35: Society for the Psychology of Women
- Division 39: Psychoanalysis
- Division 44: Society for the Psychological Study of Lesbian, Gay, Bisexual and Transgender Issues
- Division 45: Society for the Psychological Study of Ethnic Minority Issues
- Division 46: Media Psychology
- Division 47: Exercise and Sports Psychology
- Division 48: Society for the Study of Peace, Conflict, and Violence: Peace Psychology
- Division 51: Society for the Psychological Study of Men and Masculinity
- Laura Palmer, PhD
- Editors of the Handbook of Counseling and Psychotherapy with Lesbian, Gay, Bisexual, and Transgender Clients (2nd ed.): Kathleen J. Bieschke, PhD, Ruperto M. Perez, PhD, and Kurt A. DeBord, PhD

Our most heartfelt thanks to all our sponsors! Support for this event came from so many constituencies throughout APA; we are lucky to have so many allies in so many parts of APA. Thanks to all the members of the Section who worked so tirelessly to make the wedding a reality. A special thanks to past Section chair Dr. Jill Lee-Barber for her leadership! Her leadership was instrumental in the development and success of the wedding.

Seeing so many dedicated people come together to support marriage equality was heartening and inspiring. The wedding prompted me to reflect on the progress made toward equality for lesbian, gay, bisexual, and transgender people. Since 2004, six American states have legalized same-sex marriage. In only 5 years, same-sex marriage has become a reality throughout Canada and in parts of the US. Moreover, counseling psychologists have played an important role in these gains. It is my hope that our momentum will both continue and increase exponentially. I look forward to seeing the strides of the next 5 years and the contributions of counseling psychologists to those strides.

*Nathan Grant Smith, Ph.D.  
Chair, Section for Lesbian, Gay,  
Bisexual, and Transgender Issues  
McGill University, Montreal, Quebec, Canada*

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### SECTION FOR PREVENTION

The Prevention Section had an exciting and active APA Conference in Toronto. At the business meeting, the Counseling Psychologist Life Time Achievement Award in Prevention was presented to Maureen Kenny, Boston College. Dr. Kenny is the current Associate Dean for the Lynch School at Boston College. She is a fellow of Division 17 and past chair of the Prevention Section. She has made significant contributions in the area of school based prevention and the intersection of social justice and prevention. The Counseling Psychology Graduate Student Prevention Research Award was presented to Katherine Raczynski, University of Georgia. Ms. Raczynski is researching violence prevention, with an interest in cyber bullying, under the mentorship of Dr. Andy Horne.

The Prevention Section symposium was "Preventing Oppression: New Directions in Theory, Research, Practice, and Training" chaired by Joel Wong. The Prevention Section received a record number of proposals for the Division 17 student poster session this year, permitting the section to accept the maximum number of proposals available to any one section. The four successful students were:

1. Marnie Fukushima-Flores, The University of British Columbia  
Title: FRIENDS Parent Project: Effectiveness of Parent Training in Reducing Parent and Child Anxiety Symptoms in School Children

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## SECTION REPORTS

### SECTION FOR PREVENTION *(continued)*

2. Alysondra Duke, University of Nebraska-Lincoln  
Title: Girls With A Comeback! Self-Objectification Prevention Programming
3. Ryan D. Weatherford, Lehigh University  
Title: A Contemporary Prevention Model for College Drinking
4. Stephanie Chapman, University of Houston  
Title: Self Esteem, Healthy Entitlement and Feminine Gender Norms - Relationship to Women's Attitudes about Dating Violence.

The Prevention Section hosted two workshops at the APA convention to continue work on the proposed APA 'Guidelines on Prevention Practice, Research, Education, and Social Advocacy for Psychologists'. The Guidelines were introduced to APA Council as a new business item by Division 17 at the 2008 APA convention. The Guidelines received a first review by APA's Committee and Professional Practice and Standards (COPPS) and Board Professional Affairs (BPA) in May 2009. The Guidelines Work Group received feedback from the re-

view. Dr. Terry Gock, member of COPPS, agreed to serve as consultant to the Workgroup to assist with the process of moving the Guidelines to eventual approval by APA. The Workgroup includes members of several divisions. The Prevention Section welcomes new members to the Workgroup. The Workgroup divided its tasks into sub-groups corresponding to the Guidelines, i. e. Prevention Practice, Prevention Research, Prevention Education, and Social Advocacy. To become a member of a sub-group contact Sally Hage ([shage@albany.edu](mailto:shage@albany.edu)) or John Romano ([roman001@umn.edu](mailto:roman001@umn.edu)). The Workgroup plans to complete a draft of the Guidelines for BPA review by February 2010.

Please visit the Prevention Section website <http://www.div17.org/preventionsection/> for information about our publication, section activities, and becoming a member.

*Jonathan Schwartz, Ph.D.  
New Mexico State University  
[jschwartz@ad.nmsu.edu](mailto:jschwartz@ad.nmsu.edu)*

### SECTION FOR SUPERVISION & TRAINING

I am greatly excited and honored to serve as the incoming chair of the Section for Supervision & Training. What an exciting time to be a part of the section! The Supervision and Training Section (STS) is dedicated to those interested or engaged in training or supervising mental health service providers, including students, professional therapists-counselors, psychologists, and counseling supervisors. As we all reflect on the great time had in Toronto, I invite you to try one of four ways to get more involved with STS:

- Congratulate our 2009 award winners! Cal Stoltenberg, STS Distinguished Professional Achievement Award; Claytie Davis, Outstanding Training Director Award (STS' 1st time offering this award and the first award winner!); Clara E. Hill, Melissa Roffman, Jessica Stahl, Suzanne Friedman, Ann Hummel, and Chrisanthy Wallace, Outstanding Publication of the Year Award; Karyn Shoval and Nicholas Ladany, student poster winner; and Aaron V. Smith, Chelsea L. Greer, and Robbie J. Steward, student poster winner. Congratulations to all!

- Our new website has up-to-date information about STS, its awards, its upcoming events and more. You can sign up for membership, check out our activities and ideas from our section's meeting in Toronto, and contact the members of the executive board. Check it out at <http://www.lehigh.edu/~incpsych/>.
- While on the STS website, find out how to become a member of the STS listserv. Once a member, you can find out about more opportunities to engage in our section, including the planning for our section's events and activities in San Diego for 2010, opportunities to engage in research, new ideas in the training of counseling psychologists, and great research opportunities in supervision.
- Last but not least, volunteer! We particularly encourage students and early career professionals to e-mail our section's student representative, Lauren Berger, to suggest programming, ideas, and ways that the section could be useful in supervising and training the next generation of counseling psychologists. We would love to have you work with us. There are many ways to get more involved, from the small to the big.



## SECTION REPORTS

### SECTION FOR SUPERVISION & TRAINING *(continued)*

A HUGE ‘thank-you’ to the wonderful members of the STS executive board for all of their continued work, amazing spirit, and tireless efforts – they all are, in short, the best! Our board would love to have you join us, as your energy, ideas, and cre-

ativity are what inspire us and bring our section vitality! I look forward to meeting and connecting with you

*Theodore Burnes, Ph.D., Chair  
University of Pennsylvania  
burnes@gse.upenn.edu*

### VOCATIONAL PSYCHOLOGY SECTION

During our conversation hour held at the APA convention we honored the life and work of John Holland with personal and professional reflections offered by Mark Savickas, Jack Rayman, Arnold Spokane, and Robert Reardon. Special guests in attendance were John Holland’s daughter, Joan Holland, and two of her children. Many thanks go to our panel for a touching and memorable event.

Our section also presented a symposium at APA entitled, “Celebrating a Century of Vocational Science” to honor the roots and accomplishments in vocational psychology science by presenting three contemporary strands of research. Mary Heppner examined key events from the extensive and data rich field of vocational psychology that have had the most utility and salience for the lives of girls and women. Lisa Flores presented findings from a programmatic line of research that seeks to better understand the career development of Latinos, currently the largest racial/ethnic minority group in the U.S. A series of theoretically-driven empirical studies with Mexican American high school and college students were highlighted. Justin Perry examined the experiences of underserved diverse urban youth in two investigations. Findings related to the effects of career preparation as a protective factor in reducing the risk for adolescent substance abuse, and the mutual influences of social support and self-efficacy on school engagement. These presentations were followed by a thought-provoking discussion by David Blustein.

We also celebrated the work of our members by presenting the following awards: Nancy Betz (Distinguished Achievement Award), Matt Diemer (Early Career Professional Award), Zoua Change (ACT-SVP Graduate Student Research), and Jae Yup Jung (SVP Graduate Student Award). Join us in congratulating our well-deserving award recipients!

In June we had a tremendously successful and well-attended 9th Biennial Conference! We owe a great debt of gratitude to our very gracious hosts at the University of Missouri – St. Louis, our excellent planning committee (Mark Pope, Lisa Flores and Patrick Rottinghaus), and generous sponsors (Kuder, Psychological Assessment Resources, Sage Publications, Division of Counseling and Family Therapy at University of Missouri – St. Louis, Department of Educational, School, and Counseling Psychology at University of Missouri- Columbia, and Department of Psychology at Southern Illinois University – Carbondale). Many thanks also go to each of our presenters for their stellar presentations that generated thoughtful dialogue throughout the conference. A special thank you goes to Ryan Duffy, our social coordinator extraordinaire, who arranged for us to gather for a wonderful dinner at a local restaurant.

SVP is once again joining with IAIEVG and NCDA to plan an international symposium to be held Monday - Tuesday, June 29-30, 2010 in San Francisco. The symposium will immediately precede the annual NCDA conference to be held at the same location. Please check our website [www.div17.org/vocpsych](http://www.div17.org/vocpsych) or join our listserv (by emailing Bryan Dik at [Bryan.Dik@colostate.edu](mailto:Bryan.Dik@colostate.edu)) to keep informed about the forthcoming call for proposals. Participation will be strictly limited to 150 participants to facilitate discussion within each of eight discussion groups. I encourage you to submit a proposal to present or to participate in one of the discussion groups. This is an exciting opportunity to get involved in international dialogue. I hope you plan to join us!

We have a very active membership, including a growing student membership. If you are not a member, please consider joining us! I look forward to hearing from you.

*Donna Schultheiss, Ph.D., Chair  
Cleveland State University  
d.schultheiss@csuohio.edu*



## SECTION REPORTS

### POSITIVE PSYCHOLOGY SECTION

The Positive Psychology Section had a very productive business meeting at APA in which a variety of plans for the upcoming year were discussed. Some of the meeting highlights included plans for future student awards, confirmation of a section-sponsored symposium on Personal Growth Initiative for APA 2010, and a wealth of ideas for promoting and improving the utility of the Section for our members. Please see our Section website at [www.div17pospsych.com](http://www.div17pospsych.com) for the complete meeting minutes. If you were unable to attend the business meeting but have ideas, suggestions, or questions related to the Section, please send an e-mail with your questions or comments to [jmagyarm@uwsp.edu](mailto:jmagyarm@uwsp.edu). We appreciate your input and feedback!

The Positive Psychology Section is also pleased to announce that Dr. Danny Singley is our new Chair-Elect for 2009-2010. Danny will take over as Chair for 2010-2012. We also would like to welcome Drs. John Wade and Russ Gaede as our Co-Teaching Representatives, and Dr. Christine Robitschek as our Research Representative for 2009-2010. These new Section

leaders are joining the current leadership team which consists of Candice Ackerman and Rhea Owens (Co-Student Representatives), and Drs. Pam Cogdal (Training Representative), Janice Jones (Treasurer), Rod Hetzel (Past-Chair), and Jeana Magyar-Moe (Current Chair).

If you have not already done so, please check out the Summer 2009 edition of the Naming and Nurturing newsletter which is available at [http://div17pospsych.com/documents/Positive\\_Psychology\\_Newsletter\\_Summer2009.pdf](http://div17pospsych.com/documents/Positive_Psychology_Newsletter_Summer2009.pdf)

The newsletter contains information on several positive psychology-based outreach programs on college campuses, recent book and journal publications by Section members, and a new “Roots and Branches” column. The 2010 newsletter, highlighting Personal Growth Initiative, will be available next July.

*Jeana L. Magyar-Moe, Ph.D.  
Positive Psychology Section Chair  
University of Wisconsin – Stevens Point*

### SECTION ON ANIMAL AND HUMAN INTERACTION

#### *AHI “Packs” Them In at APA*

One of the many pleasures of working in the field of animal-human interaction is the opportunity to indulge in (sometimes bad) puns. Pun aside, the Section 13 Symposium, “Animal Assisted Intervention: Demonstration and Guidelines for Best Practice,” drew a large and receptive audience. The symposium was highlighted by APA on their Convention home page, and a blog about it appeared on the APA Convention website on August 8. A story about the symposium will appear in a future edition of *The Monitor*.

Dr. Aubrey Fine and Dr. Nancy Gee were the (human) symposium presenters, but the show was stolen by two black miniature poodles, Nikki and Louie, Dr. Gee’s two pet therapists. As Dr. Gee demonstrated how the dogs help preschool children improve their cognitive and fine motor skills, eight certified therapy dogs and handlers from Therapeutic Paws of Canada attracted attention in the hallway outside, where conference attendees stopped to chat, pet dogs, and learn something about animal-assisted therapy. The conversation continued that afternoon with Therapeutic Paws of Canada volunteers and ten certified therapy dogs during the AHI social/conversation hour. All who attended the social hour reported lower blood pressure

and an increased sense of well-being. There were other benefits as well: participants had a chance to discuss the success and challenges of animal-assisted work, explore ways in which research and practice could become more integrated and, in particular, how counseling psychology could get involved with the world of animal assisted interventions.

Getting this symposium off the ground involved a great deal of effort. The section would like to thank Camille DeBell (Section Treasurer) for organizing the symposium, obtaining our speakers (both human and canine), arranging for all of the publicity (which really paid off), getting all the permissions (many!) required to have the dogs in the buildings, and for developing a relationship with Therapeutic Paws of Canada and enticing so many volunteers and their animals to participate. As a result of the AHI symposium, we reached a wider audience of researchers and practitioners and motivated a number of psychologists to join SCP and AHI.

*Mary Lou Randour, Ph.D., Chair  
[randour@comcast.net](mailto:randour@comcast.net)*



## OTHER REPORTS

### STUDENT AFFILIATES OF SEVENTEEN REPORT

As many of you know, the University of North Dakota's Department of Counseling Psychology and Community Services is the current host of the student affiliate group of Division 17, the Student Affiliates of Seventeen (SAS). For the past two years, Emilia Boesch and Jessica Semler guided SAS through a strong period of growth as student participation in SAS has increased. Jessica and Emilia's work has been highlighted by several major accomplishments. Student representatives are now placed on every division committee and STG and SAS co-chairs have seats on the Executive Board of the Society for Counseling Psychology. Jessica and Emilia worked vigorously to highlight the unique role that students play in SCP, highlighted by the fact that the division's membership includes significant numbers of students from counseling psychology programs across the country.

As Jessica and Emilia have moved from on-campus students to pre-doctoral interns, Christine Even and Dan Walinsky have been elected SAS co-chairs for the upcoming year. We are grateful for the opportunity to represent the growing international student body of counseling psychology. What an honor! We would like to take another opportunity to thank all students for their participation in SAS. We have had the good fortune to be mentored into our new positions by the skilled Jessica and Emilia and we thank them as well as the division leadership who welcomed us so warmly at APA. We also would like to thank all of the students whose sincere and dedicated interest in SAS on a national and on a campus-by-campus level has permitted consistent and valuable growth for SAS. We are learning quickly that SAS is an excellent framework for students to begin or continue the process of developing a professional identity.

SAS has several major goals for the upcoming year. We look forward to continuing to recommend students for appointments to committees and STGs. We are currently working diligently on the process of making our recommendation to SCP for a new SAS host institution. It is exciting to see the ideas that students have and their commitment to the field. We look forward to hearing students at other host institutions discussing the experience of hosting. Some of the benefits that we have found in being the national host institution include increased opportunities to interact with SCP governance and advocacy roles; increased possibilities for professional development; and the opportunity to work for social justice within the APA framework.

We plan to recommend a new host institution to SCP at the Midyear meeting. The UND SAS chapter began the process of developing an application at the beginning of the summer. A thorough review of our own host institution application guided the process and included the creation of an application form as well as a format for evaluating applications. We wanted to stress that applications demonstrate both a departmental vision for hosting SAS as well as a commitment to social justice. We announced the opening of the application process at the Division 17 Business Meeting at APA in Toronto. We are excited to work with the incoming host institution as our own SAS chapter becomes a purely local one.

Finally, we would like to offer our thanks and ask for your continued support of the students of the division. As SAS celebrates its 30th year we would like to thank all current and past members of the group for your contributions and mentoring. We look forward to continuing our work with you!

Please do not hesitate to email either of us with any questions, Dan Walinsky, [dansascochair@gmail.com](mailto:dansascochair@gmail.com) or Christine Even, [christine.sascochair@gmail.com](mailto:christine.sascochair@gmail.com).

*Dan Walinsky  
Christine Even  
Co-Chairs of SAS*

*University of North Dakota*



### Advertising Guidelines

To submit an advertisement for inclusion in the SCP newsletter, contact Saba Rasheed Ali, at [saba-ali@uiowa.edu](mailto:saba-ali@uiowa.edu). After the advertisement has been approved, payment in the form of check or money order can be sent to the Division 17 Treasurer:

Laura K. Palmer, Ph.D.  
30 Maple Ave.  
Madison, NJ 07940-2618

Advertising Rates and standard sizes

Full Page (8" x 10") = \$350

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Quarter Page (e.g. 5 1/4" x 4") = \$100

## OTHER REPORTS

### MEMBERSHIP REPORT

I would like to take this opportunity to introduce myself as membership committee chair for the Society of Counseling Psychology. My name is Marcy Rowland and I graduated with my doctorate in counseling psychology from Indiana University in 2007. I have recently received my license as a psychologist and am currently in independent prac-

tice in central Pennsylvania. As an Early Career Psychologist (ECP) member of the membership committee for the past 2 years, I have learned much from my colleagues and fellow committee members about the importance of attracting new members and engaging existing members in the division. The membership committee plans to focus on ECP

membership over the next year and I look forward to sharing our annual goals for membership with you in the Spring newsletter.

Marcy Rowland, Ph.D.  
marcykrowland@gmail.com  
Private Practitioner, Hollidaysburg, PA

### COMMUNITY ENGAGEMENT COMMITTEE

#### *Serving across borders: Developing and strengthening community engagements*

Serving across borders: Developing and strengthening community engagements. The SCP's Community Engagement Committee (CEC) partnered with Access Alliance Multicultural Health and Community Services of Toronto to develop and organize the one day "Evidence Based Practice with Immigrant and Refugee Populations: Addressing Systemic Barriers and Supporting Well-Being" conference in Toronto, Ontario, Canada preceding the APA convention on Wednesday, August 5, 2009. This community engagement proved to be mutually valuable to all who served and attended this landmark event. Our collaboration produced an outstanding conference attended by over 80 community members that helped to build relationships to continue to serve the underserved and often times oppressed populations of immigrants and refugees. Presentations by Lisa Suzuki, PhD, Salaha Khan, MA, Rabea Murtuza, BA, BSC, Sheila Htoo, BA, Maryam Kia Keating, PhD, and Rebecca Toporek, PhD, and conference volunteers created a safe atmosphere for learning to take place across disciplines.

Months prior to the convention, conference calls across borders took place to identify a community partner and design the community engagement. Access Alliance was selected to be our community partner because it works to promote health and well-being and improve access to services for immigrants and refugees in Toronto by addressing medical, social, economic and environmental issues ([www.accessalliance.ca](http://www.accessalliance.ca)). Our community partner representative, Martha Arbuthnot, informed us that the CEC could best assist them by offering the needed opportunity for mental and physical health clinicians and settlement workers to come together to share resources and knowledge to better serve immigrant and refugee populations. A day long conference format with break-out discussion groups was selected. The conference presenters did an excellent job of illustrating the experiences and



needs of immigrants and refugees and the break-out discussion groups provided everyone the opportunity to apply concepts to their line of work and learn from each other. The conference was well received and successful in providing this multi-disciplinary group the opportunity to receive training in this area while also meeting Access Alliance's goal to bring these groups, who tend to work in silos, together to strengthen their impact. Conference attendees expressed that they developed empathy and a greater level of understanding for immigrants and

*(Continued next page)*



## OTHER REPORTS

### COMMUNITY ENGAGEMENT COMMITTEE *(continued)*



refugees. Attendees repeatedly discussed how appreciative they were for the opportunity to engage in and build relationships with the multi-disciplinary group of attendees.



Last, conference attendees expressed how thankful they were to the volunteers who facilitated their break-out discussion groups and provided many of them their first opportunity for the cross-fertilization of knowledge to occur with those who also shared a passion for these populations.

SCP CEC members and volunteers comprising of undergraduate and graduate students, and licensed psychologists shared stories of having rewarding experiences which provided them the opportunity to give and receive. Laura Stone, undergraduate student at Lesley University, felt inspired by the event she was “happy to be a part of. The people

were wonderful. I thought they generated some new ideas, took away a sense of cohesiveness in the populations they served, and renewed energy for the work.... I would be happy to volunteer again!” Graduate student volunteer from Iceland and Bowling Green University Björg Sigridur Hermannsdottir, MA, expressed that she “truly appreciated the chance to work ...and learn ...at the same time.” Her husband, Gunnar Örn Ingólfsson, BA, shared this sentiment and expressed how the conference “could hardly be a more beneficial setup.” Last, CEC member Shari Robinson expressed how “serving on the CEC ... has been such a rewarding experience for (her)!”

In closing, the months of preparation with our outstanding Access Alliance community partner representative Mar-

tha Arbuthnot yielded significant results for us all. Our partnership has enhanced our knowledge on the issues of immigrant and refugee populations, and developed and strengthened relationships across borders. We encourage you to consider volunteering and becoming a member of the Community Engagement Committee in the future. For more information about how you can step up to serve your and other communities using community engagement principles, and updated information regarding the developing Community Engagement events in San Diego, check the Div 17 Discuss listserv or contact Chanda Corbett ([cccorbett@loyola.edu](mailto:cccorbett@loyola.edu)) or Shari Robinson ([robinson@counsel.ufl.edu](mailto:robinson@counsel.ufl.edu)).

*Chanda C. Corbett, Ph.D.  
Chair, CEC  
Loyola College in Maryland  
[cccorbett@loyola.edu](mailto:cccorbett@loyola.edu)*



## OTHER REPORTS

### COMMUNITY PARTNERSHIP REPORT

#### *Highlighting Our 2009 Community Partner: Access Alliance Multicultural Health and Community Services*

Access Alliance Multicultural Health and Community Services, the SCP Community Engagement Toronto Partner in 2009, represents an exceptional organization and provides outstanding models for the integration of social justice, mental health, and anti-oppression. As such, we wanted to highlight their work and provide SCP members with a picture of this organization. The following is a portrait of Access Alliance from their organizational literature and website ([www.accessalliance.ca](http://www.accessalliance.ca)).

Access Alliance works to promote health and well-being and improve access to services for immigrants and refugees in Toronto by addressing medical, social, economic and environmental issues. Access Alliance was established in 1989 with four ethno-cultural communities coming together to create the Centre in response to their identification of significant barriers to services for immigrants and refugees. In 2000, Access Alliance started re-defining its mandate by undertaking ongoing needs assessments and looking at its role within the sector of immigrant and refugee serving agencies and other community health centres in Toronto. At that time, the Board of Directors directed the organization to prioritize “the most disadvantaged” immigrants and refugees. Since then Access Alliance has developed indicators of disadvantages to help us define those immigrant and refugee groups who face the most barriers to services. The model of care used includes five service areas: primary care, illness prevention, health promotion, community capacity building, and service integration.

#### **Organizational Values**

We [Access Alliance] believe that:

- Every individual has the right to be treated with respect and dignity.
- Integrity, honesty and ethical behaviour are the cornerstones of caring relationships.
- All people should have equitable opportunities and access to the determinants of health.
- Diversity and inclusion enrich our families, communities and agencies.
- Empowerment thrives in environments free from oppression and discrimination.

#### **Anti-Oppression Policy**

Access Alliance Multicultural Health and Community Services acknowledges that oppressions based on race, ethnicity, creed, class, gender, sexual orientation, gender orientation, immigration status, country of origin, religion, mental health status, age and ability are systemic in Canadian society. We are committed to actively working against all forms of oppression.

The following are some unique initiatives undertaken by Access Alliance that provide great models for SCP members and other organizations.

#### **Partnerships**

The well being of immigrants and refugees is the business of both the health and social service sectors in Ontario. However, the reality is that within the not-for-profit system there are inherent silos that exist as a result of historical differences in the way social, settlement, legal, employment and health agencies are positioned and funded. The result can be an overall lack of collaboration between these sectors in planning and service delivery. Early on Access Alliance recognized it was imperative to break down silos and build linkages with other agencies in order to increase access to needed services for newcomers, immigrants and refugees. We also recognized that with the socio-economic and demographic changes over the past 10 – 20 years, many community organizations found themselves working in neighborhoods that have experienced these changes in terms of issues and residents. As part of our commitment to community capacity building, we have prioritized partnerships as a critical strategy to supporting good health outcomes for newcomers, their families and the communities they live and work in. It is also an important approach for the effective use of limited resources and ensuring effective coordination of services. Access Alliance has many strategic relationships with key partners that have resulted in outstanding achievements

#### **Community Capacity Building**

Community Health Centre services and programs are responsive to client needs and they build on community assets and skills. We strive to enhance existing community infrastructure, supporting the delivery of a range of community based ser-

*(Continued next page)*



## OTHER REPORTS

### COMMUNITY PARTNERSHIP REPORT *(continued)*

#### *Highlighting Our 2009 Community Partner: Access Alliance Multicultural Health and Community Services*

vices and other responses to community health concerns. Both the direct service and infrastructure enhancement aspects of CHCs increase the capacity of community to improve community and individual health outcomes.

Given our population focus and the changing demographics in the City of Toronto, Access Alliance is committed to working with all community agencies to support their improved capacity to respond to needs and issues of immigrants and refugees. This can include specific joint program such as community kitchens, expressive arts groups, co-locating of services, off-site clinics as well as building networks to do needs based planning and coordinated service responses, supporting organizations to develop their own interpreter services and collaborating on advocacy and research initiatives.

#### **Community Based Participatory Research**

Community Based Participatory Research (CBPR) is research conducted by, for and with communities on issues that are relevant to the communities and with the goal of bringing positive social change in the community. It is a research approach that enables community members to participate not as “research subjects” but as research collaborators and agents of change. In CBPR, research is not an end to itself but rather a means to empower communities through the participatory research process and to bring about positive social change through mobilizing evidence-based action/advocacy.

Our mission is to establish Access Alliance as the Centre for Excellence in Community-Based Research on Newcomer Urban Health. We are committed to increasing knowledge and enabling action for addressing social determinants of health that affect newcomer and racialized groups. We strive to be a leader in innovating and promoting community based participatory research dedicated to empowering newcomers and racialized communities to be active partners in research and to become agents of change for promoting health equity.

Notably, we do research from an anti-oppressive, anti-racist perspective. We also work on increasing the capacity of community organizations, academics and other stakeholders to work collaboratively with community members on community-based research projects.

#### **Peer Outreach Workers Program**

The Access Alliance Peer Outreach Program links immigrant and refugee women in need, and supports them to access resources in the community, form social support networks, improve their social well-being and reduce their social isolation. These are all indicators for successful settlement and integration as well as good health. Notably, we recognized that a peer support model would increase the levels of support, comfort and understanding that newcomers and immigrants would be able to enjoy at Access Alliance.

The program broadly aims to increase access to services by newcomer women with children zero to six years of age, and to increase the confidence and employability of the peer outreach workers – themselves immigrant and refugee women.

The peer outreach workers are recruited and hired on a part or full-time basis for up to three years, to participate in the peer training program offered by Access Alliance. Upon completion of the core training, peers begin placements in partner agencies located in under-resourced geographic areas of the city. Over time, peers work with various agencies and may be placed in more than one agency at once. Our peers have worked with Spanish speaking, Portuguese speaking, Arabic speaking, Vietnamese, Chinese, Sudanese, Afghani, Burmese, Sri Lankan, Indian, Nepalese and Pakistani communities in Toronto.

Over the years the scope of the work undertaken by peer outreach workers has been enhanced to include interpretation as well as health system navigation. This program was acknowledged by the Health Quality Council in their 2007 Report on Ontario’s Health Care system as an example of accessible and patient centred care initiatives. The program also received an EPIC award (Excellence in Primary Health Care) at the Association of Ontario Health Centres conference in June 2007.

*Rebecca Toporek, Ph.D.  
San Francisco State University  
rrtoporek@sfsu.edu  
Past Chair Community Engagement Committee*



## OTHER REPORTS

### ASK THE EDITOR

We are announcing a new column that will appear in the SCP Newsletter, entitled “ask the TCP editor”. We often receive questions about *The Counseling Psychologist*, and readers and potential authors may find the answers of interest, as well. If you have a question about TCP submission, types of manuscripts that are of interest, the review process, or publishing in general, please feel free to send a question to [tcp-journal@uwm.edu](mailto:tcp-journal@uwm.edu). We will try our best to answer it, and select questions to include in future columns.

**Question:** *Are empirical manuscripts considered for TCP, or do you only publish major contributions?*

**Answer:** Yes, we publish both major contributions and shorter, more traditional articles (typically empirical manuscripts). Authors choose the type of manuscript they are submitting in the second stage of the online submission process: major contribution proposal, major contribution, or regular article.

**Question:** *Does a regular article have to be linked to the major contribution of an issue to be published in that issue?*

**Answer:** No, we publish regular articles as a separate section and they do not need to be linked together in any way. At times, we have had enough submissions that, though submitted separately, were linked by a common theme, and in this case we grouped them together as a special section under that

theme. If we do this, it is denoted at the top of the table of contents.

**Question:** How can I tell if a manuscript or major contribution is of interest to TCP?

**Answer:** We are happy to review an abstract of a manuscript or the idea for a major contribution to give initial feedback on submission of a manuscript or proposal for review. The major contribution proposal guidelines are on the TCP website (<http://www.sagepub.com/journalsProdDesc.nav?level1=800&currTree=Subjects&catLevel1=&prodId=Journal200805>)

*Nadya Fouad, Ph.D.  
University of Wisconsin, Milwaukee  
Editor of The Counseling Psychologist  
Nadya@uwm.edu*

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### MEMBERSHIP INTERFACE REPORT

I wanted to take this opportunity to introduce myself, Lali McCubbin, as the new Director of the SCP Member Interface Board (MIB). I was formerly the Chair and past Chair of the Section on Ethnic and Racial Diversity (2005-2007; 2007-2009 respectively) and have spent the past two years as Chair of Section Chairs. We have an amazing group of section leaders and I would strongly encourage everyone to check out the website at <http://www.div17.org/sections.html> to see all the exciting things that are going on. In my new role as Director of MIB, I will be working with some truly great people including: Marcy Rowland, Chair of the Membership Committee; Tracy Tylka, Chair of Member Resources Committee, Mary O’Leary Wiley, SIG coordinator; Connie Matthews, Chair of Section Chairs; Larisa Buhin, Chair of Early Professionals Committee; Lewis Schlosser, Chair of Continuing Education Committee; Chanda Corbett, Chair of Community Engagement Committee; Larry Gerstein and Susan Whiston, Co-Chairs of Conference Committee; and Christine Even and Daniel Walinsky, Co-Chairs of Student Affiliates of Seventeen. My main focus is to maintain

and enhance the communication within the Division and its members. With that goal in mind, we are currently seeking student representatives willing to serve on the following board committees: Continuing Education, Community Engagement, Membership, Member Resources and Conference. If you are interested or wish to nominate a student for one of these positions, please email Christine at [christine.sascochair@gmail.com](mailto:christine.sascochair@gmail.com) or Daniel at [dansascochair@gmail.com](mailto:dansascochair@gmail.com). If you are looking for more information about what these committees are doing, please go to the Division 17 governance website at [http://www.div17.org/about\\_governance.html](http://www.div17.org/about_governance.html) and scroll down to the SCP Member Interface Board. You will find a list of all the chairs for the respective committees and by clicking the name, you can email the Chair of any committee you are interested in and ask for more information. Thank you and have a wonderful fall!

*Lali McCubbin, Ph.D.  
Washington State University  
mccubbin@wsu.edu*



## SOCIETY HIGHLIGHTS



Social Justice Award winner, Kathryn Northworthy, with Editors of the Handbook for Social Justice in Counseling Psychology (Larry Gerstein, Rebecca Toporek, Gargi Roysircar, Tania Israel, and Nadya Fouad)



Janet Helms (right) poses with Carol Goodheart.



New Fellows (from l-r): Dale Larson, Roger Worthington, Jenny Cornish, Linda Campbell, Patricia Raskin, Bob Hill, Alberta Gloria, and Paul Hartung.



SCP Presidents (Past, Current, and Elect) at the President's Reception: Rosie Phillips Bingham, Melba Vasquez, Linda Forrest, Nadya Fouad, Punky Heppner, Janet Helms, John Westefeld, Louise Douce, and Tania Israel.



2009 APA Award Recipients





## ANNOUNCEMENTS

### Nominations for Society Officers

The Society for Counseling Psychology encourages you to nominate members to serve as Division 17 officers. Nominations of individuals who represent the diverse characteristics of the membership, and enjoy providing leadership are welcomed. We hope that the Society's commitment to diversity will be reflected on the Executive Board through the nomination and election of persons who represent a variety of perspectives based on race/ethnicity, gender, sexual orientation, country of origin, ability, age, and work setting. Given our commitment to diversifying counseling psychology,

we especially encourage nominations of counseling psychologists from under-represented groups or who reside outside the United States.

Newly elected officers will assume responsibility on the day following the Society/Division 17 Annual Business Meeting at the APA Convention in August 2010. All offices involve a three-year commitment of service to the Society, except Council Representatives who serve a two-year term. The election process begins with members of the Society nominating colleagues for offices to be

filled. This year the Society will hold elections for the following officers:

President-Elect  
Vice President for Communication  
Treasurer  
APA Council Representative

Please send up to three nominations for each office to Past President Janet Helms, either via email to [helms17@bc.edu](mailto:helms17@bc.edu) or by regular mail to Janet Helms, Boston College, LSOE, Chestnut Hill, MA, 02467-3800. Nominations must be received by December 1, 2009.

## SOCIETY OF COUNSELING PSYCHOLOGY AWARDS 2009 - 2010

### *Call for Nominations*

Co-Chairs Sherry Benton and Loreto Prieto, on behalf of the SCP Awards and Recognition Committee, request nominations for the following Division 17 Awards:

- LEONA TYLER AWARD
- JOHN HOLLAND AWARD
- JOHN D. BLACK AWARD
- FRITZ AND LINN KUDER EARLY CAREER SCIENTIST/PRACTITIONER AWARD
- DOROTHY BOOZ BLACK AWARD
- SOCIAL JUSTICE AWARD
- BEST PRACTICE & BEST SCIENCE AWARD
- LIFETIME MENTORING AWARD
- BARBARA A. KIRK AWARD
- DONALD E. SUPER FELLOWSHIP

Members of the Division 17 Committee on Awards and Recognition and members of the Executive Board may make nominations. However, if they do so, they must withdraw from the voting process related to any nominee for whom they have written a letter of support. Announcement of all award winners is made at the annual APA Convention (all award recipients are notified confidentially prior to the convention). With the exception of the TCP Outstanding Contri-

bution Award, current members of the Division 17 Executive Board are not eligible for these awards during their term of office.

#### **GENERAL NOMINATION MATERIALS:**

Nominations should include and be limited to the following: (a) a nomination letter indicating the significance of the nominee's contributions and achievements as these relate to the award criteria; (b) no more than three supporting letters from other psychologists; and, (c) a copy of the nominee's vita. Additional materials for particular awards are noted below.

#### **SEND MATERIALS ELECTRONICALLY TO:**

Loreto Prieto ([lprieto@iastate.edu](mailto:lprieto@iastate.edu))

- Send only one nomination per email (use multiple emails for multiple nominations)
- Send all nomination materials for the award of interest attached to one email
- Please indicate the award of interest in the email header or subject line
- Faxes or mailed submissions will not be accepted. (If you don't have access to email, please work with a colleague who does).

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## ANNOUNCEMENTS

### SOCIETY OF COUNSELING PSYCHOLOGY AWARDS 2009 - 2010 *(continued)*

#### *Call for Nominations*

#### DEADLINE FOR NOMINATIONS:

**November 15, 2009:** For Tyler, Holland, Black, Kuder, Booz Black, Social Justice, Best Practice & Best Science, Lifetime Mentoring Awards

**February 15, 2010:** For Kirk and Super Awards

#### AWARD DESCRIPTIONS & CRITERIA

THE LEONA TYLER AWARD is given to stimulate and reward distinguished contributions in research or professional achievement in counseling psychology. The Award – the Society's most prestigious – honors this former President of both the Society and the American Psychological Association.

THE JOHN HOLLAND AWARD for Outstanding Achievement in Career and Personality Research is given for notable research on career and personality topics. This award is for mid-level professionals who have received their doctoral degrees between 10 and 20 years ago. The award has an associated monetary prize funded by Psychological Assessment Resources, Inc.

THE JOHN D. BLACK AWARD FOR OUTSTANDING ACHIEVEMENT IN THE PRACTICE OF COUNSELING PSYCHOLOGY is given to stimulate and reward outstanding achievement in the practice of counseling psychology. The monetary prize associated with the award is donated by Consulting Psychologists Press, Inc.

THE FRITZ AND LINN KUDER EARLY CAREER SCIENTIST/ PRACTITIONER AWARD was established to honor early career achievements in science and practice. The recipient must have received the doctoral degree within the past ten years (i.e., 1999 or later). The award, which includes a monetary prize from SCP, is made for outstanding contributions to the science and practice of counseling psychology.

THE DOROTHY BOOZ BLACK AWARD FOR OUTSTANDING ACHIEVEMENT IN COUNSELING HEALTH PSYCHOLOGY is given to encourage and award outstanding research and practice in counseling health psychology. The award has an associated monetary prize, funded by Consulting Psychologist Press, Inc. Nominees must have made a primary contribution in the research and practice of counseling health psychology focused on health-related processes and outcomes.

THE SOCIAL JUSTICE AWARD is given to a living member of SCP\* with a degree in counseling psychology or demonstrated identity as a counseling psychologist; a sustained commitment to the specialty, to community involvement, to recognizing diversity; to demonstrating evidence of achieving community or organizational change that supports disenfranchised, disempowered, less privileged, or oppressed groups; and, has a larger impact on practice, research, and scholarship in the field. The associated monetary prize is funded by the editors of *The Handbook of Social Justice in Counseling Psychology*. \*The award may also be given to a small group of people whose collaborative work meets the spirit of the award (in which case the lead nominee must meet all criteria above).

Social Justice Award nomination materials: Nominations are made in the form of a letter that describes the significance of the nominee's contributions relevant to the award criteria. No more than three supporting letters of endorsement should be sent from stakeholders connected to the social justice work of the individual(s) being nominated. For consideration, accompanying the electronic letter of nomination, the candidate should submit the following: (1) current vita; (2) documentation from other sources (e.g., newspaper articles, workshop brochures, publications) that indicate widespread awareness or recognition of the nominee's (or small group's) contributions; and, (3) a three to five page essay summarizing the nominee's (or small group's) work for social justice and how this work meets the criteria for the Social Justice Award. Members of the Awards and Recognition Committee may also collect relevant information regarding the nominee(s).

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## ANNOUNCEMENTS

### SOCIETY OF COUNSELING PSYCHOLOGY AWARDS 2009 - 2010 *(continued)*

#### *Call for Nominations*

**BEST PRACTICE & BEST SCIENCE AWARD:** The Best Science and Best Practice awardees will make invited presentations at the upcoming APA convention. There is no monetary prize associated with this award. Persons who can showcase their accomplishments in the practice and science areas would make excellent nominees.

1. One invited presentation will highlight best practices by an SCP member who is engaged in cutting-edge innovation and evidence-based-practice that has significantly contributed to service delivery across diverse populations.
2. One invited presentation will highlight the scientific efforts of an SCP member who is engaged in programmatic, cutting-edge, innovative, empirical research that has significantly contributed to scientific knowledge, theory, and practice across diverse populations. Criteria for the selection of invited presenters: Nominees must: (1) be a member of the SCP; and, (2) have long-standing, widely recognized expertise within and outside SCP.

**LIFETIME MENTORING AWARD:** This award is given to acknowledge outstanding achievement in career long contributions to mentoring in counseling psychology. There is no monetary prize associated with this award. There can be three to five awardees per year. Criteria for the award: (1) nominees must have made long-term contributions to counseling psychology via their mentoring activities. These contributions could be in a variety of areas; for example, science, practice, leadership and administration, teaching and training, and/or recognition of excellence; (2) nominees should hold a degree in counseling psychology or a closely-related field, and/or have made demonstrable contributions to the field of counseling psychology through mentoring others; (3) nominees must have provided outstanding mentoring to individuals working in the field of counseling psychology; and, (4) although there is no requirement regarding the number of years a nominee has engaged in mentoring activities, given the emphasis of the award on "lifetime achievement,"

nominees will have demonstrated a commitment to mentoring activities across an extended length of time (e.g., 15 or more years).

#### SCP STUDENT AWARDS

**THE BARBARA A. KIRK AWARD** is presented in recognition of outstanding student-initiated research (dissertation or other). The award, which includes a cash presentation, was established to honor the late Barbara A. Kirk. To be eligible, the research must have been produced by a graduate student conducting independent research while enrolled in a counseling psychology program. The piece of research can be submitted up to one year after graduation. The nominee must be the principal author of the research. Nominations should include (and be limited to) the following: (1) a nomination letter discussing the significance of the nominee's contributions to counseling psychology that includes the names, phone numbers, program and institutional affiliations, and APA divisional membership of the endorser and of the nominee; and, (2) a full length article in APA style (as one would submit for publication) or an 1,800 word summary of the research (as one would submit for an APA convention proposal).

**THE DONALD E. SUPER FELLOWSHIP** is awarded to support dissertation research on a topic related to career development and is accompanied by a cash award. Only doctoral students enrolled in a counseling psychology program are eligible. Because the Fellowship is intended to support recipients during their tenure as students, the anticipated completion dated for the dissertation should not fall before the award date (The award is presented at the annual convention of APA). Nominations should include (and be limited to) the following: (1) a nomination letter discussing the significance of the nominee's contributions to counseling psychology that includes the names, phone numbers, program and institutional affiliations, and APA divisional membership of the endorser and the nominee; (2) the dissertation proposal or proposal abstract neither to exceed 30 pages of APA style text; and, (3) signed approval of the proposal by the dissertation committee members. The Fellow-

*(Continued next page)*



## ANNOUNCEMENTS

### SOCIETY OF COUNSELING PSYCHOLOGY AWARDS 2009 - 2010 (continued)

#### Call for Nominations

ship will be awarded based on the quality of the dissertation proposal and its potential for advancing knowledge in the area of career development.

#### TCP OUTSTANDING CONTRIBUTION AWARD

This year and henceforth, the TCP award will come under the auspices of the SCP Awards and Recognitions Committee. For the 2010 year, TCP Associate Editor Lisa Suzuki will join the SCP Awards Committee and serve as Chair of

the TCP award subcommittee. The same criteria, decision committee, and selection procedures will be followed for this award as they have been in past years. Dr. Suzuki will report her subcommittee's findings and selection of a winner, along with the rest of the subcommittee Chairs, to the SCP Award Committee Co-Chairs. All award presentations (including the TCP award) will be made at the annual APA Convention in San Diego. Be sure to contact Lisa Suzuki directly (las1@nyu.edu) with any questions pertaining to the TCP Award.

### 2010 APA Convention in San Diego, CA: First Message from Division 17 Program Co-Chairs

**Timeline:** The 2010 APA Convention will be held in San Diego, CA (August 12 – 15; Thursday through Sunday). The Call for Proposals may appear in the September 2009 issue of the APA Monitor and on the APA website (www.apa.org). The deadline for submissions will be **Monday, December 1, 2009 at 12 midnight EST**. All proposals must be **submitted electronically via the APA website**. We will NOT accept proposals submitted through fax, email, or postal mail. Notification of proposal acceptance or rejection will be handled electronically by the end of January 2010.

**Theme:** The convention theme of Division 17 is **Utilizing Counseling Psychology to Help the World and Its People: Science, Practice, Research, and Training**. We invite symposium, roundtable, and poster submissions that focus on the psychological well-being of domestic and international populations through research, practice, or public policy using developmental, multicultural, and positive psychology or strength-based perspectives. We also encourage submissions that facilitate Division 17 President Professor John Westefeld's Presidential Initiative on **Suicide Prevention**.

**Continuing Education:** We would like to increase the number of Continuing Education (CE) sessions offered at the convention by Division 17. If your symposium is accepted and you wish to apply for CE credits for your program, you will need to complete a disclosure statement and identify program objectives. We will remind authors of accepted symposia of this option when we send decision letters.

**Review Process:** Due to limited slots and the number of submissions, the Program Committee will only be able to accept close to 50% of the proposals. Each proposal is reviewed by two or three people who use the following criteria in evaluation: (a) relevance to Division 17 convention theme; (b) contribution to theory, research, practice, training, advocacy, and policy missions of Counseling Psychology; (c) organization and clarity of ideas; and (d) quality of writing. If you are submitting a research proposal, data analyses and results must be reported. In light of the large and increasing number of submissions, the limited human resources on program committee, and APA's electronic system to manage proposals, respective review outcomes (i.e., acceptance or rejection) will be sent via separate emails that list the proposal ID number and proposal title with submitter information remaining anonymous. The Program Committee will work on sending reviewers' feedback through separate communications.

**Call for Reviewers:** The Program Committee is actively recruiting reviewers who are professionals in various academic and practice roles as well as advanced doctoral students who aspire to be future leaders in Division 17. Please contact the Program Co-Chairs if you want to serve and be more involved with the Program Committee.

*Kwong-Liem Karl Kwan, Ph.D.*  
(San Francisco State University; kwan@sfsu.edu)

*Muninder Kaur Ahluwalia, Ph.D.*  
(Montclair State University; ahluwalia@mail.montclair.edu)



## ANNOUNCEMENTS

### Counseling Psychology Fund: Call for Proposals

**Background:** Established in 1998, this award is to sponsor not-for-profit activities for scientific, literary, or educational purposes to enhance the science and practice of counseling psychology. It particularly aims to support research on the implementation of innovative counseling programs and models. About \$5,000 is available to fund projects for 2008.

**Requirements:** Applicants must be members of APA Division 17 (Society of Counseling Psychology).

**Application process:** The Counseling Psychology Fund is administered by APA Division 17. Proposal due dates are November 1 or April 2 of each year. Proposals should include the following materials:

- An executive summary (200 words)
- What is the project's goal? Provide a work plan and timeline
- How is the sponsoring organization qualified to conduct this project?
- What other organizations and/or funders are involved in the project? What are their contributions to the work?
- Whom will this project serve?

- What are the intended outcomes, and how will the project achieve them?
- What is the geographic scope of the proposed project?
- What is the total cost of the project? Provide a detailed budget.
- Summary of qualifications

Send proposals (5 paper copies) and an electronic copy (wbwalsh@sbcglobal.net) to:

W. Bruce Walsh  
Department of Psychology  
Psychology Building  
1835 Neil Avenue  
The Ohio State University  
Columbus, OH 43210-1222

Please consider making a donation to the Division 17 Fund by writing a check for any amount to the American Psychological Foundation. Write on your check, or on a note accompanying the check, that the donation is for the Division 17 Endowment Fund. Send your check to the American Psychological Foundation, 750 First Street, NE, Washington, D.C. 20002-4242. Donations are tax deductible.

### Hospitality Suite Reservations for APA 2010

The Division 17 Hospitality Suite Committee is accepting requests for meeting space in the Suite for the American Psychological Association's Annual Convention in San Diego, August of 2010. If you are interested in scheduling a meeting in the Suite, please contact Michael Lau, Scheduling Coordinator (lau@tc.columbia.edu), by January 29, 2010 (we would love to hear from you sooner!). In your request, please include the approximate number of people you expect at your meeting and whether or not you will need catering (just yes or no at this time); we will be putting out a call for specifics after we have received hotel information and banquet menus. Please check the Division 17 website (www.div17.org) for the most updated information.

### New Titles by Members

Gerstein, L.H., Heppner, P.P., Ægisdóttir, S., Leung, A.S., Norsworthy, K.L. (2009).  
*International Handbook of Counseling Psychology: Cultural Assumptions and Practices Worldwide*. Thousand Oaks, CA: Sage. <http://www.sagepub.com/booksProdDesc.nav?prodId=Book231934&>

Elliott C., Metcalf, L.(Eds). (2009).  
*The Art of Solution Focused Therapy*. New York: Springer. [http://www.springerpub.com/prod.aspx?prod\\_id=17373](http://www.springerpub.com/prod.aspx?prod_id=17373)

Mintz, L. B. (2009).  
*A tired woman's guide to passionate sex: Reclaim your desire and reignite your relationship*. Avon, MA: Adams. [www.drlauriemintz.com](http://www.drlauriemintz.com)

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