

IN CONVERSATION WITH DR. SALLY HAGE



THE QUINTESSENCE SERIES:
Interdisciplinary and International Work by SCPs

PREVENTION AND HEALTH PROMOTION



Dr. Sally Hage is the editor of the Journal of Prevention and Health Promotion (JPHP). In her work as an editor, mentor, researcher, and educator, she emphasizes interdisciplinary and international collaborations. In addition to JPHP's international focus, the journal's editorial board includes nutritionists, psychiatrists, and practitioners from various fields. Dr. Hage is well-known for her contributions to the field of prevention science.

Publications: <https://springfield.edu/directory/sally-hage>

SOURCE OF MOTIVATION

Dr. Hage reflects that her interest in social justice advocacy and international issues started in high school. She narrates growing up in a labor town and actively participating in various protests and movements during high school and college. As an undergrad, she majored in International Studies and Theology and completed a semester abroad in Central America. After working in several settings (e.g. campus ministry, battered women's shelter, meal program), Dr. Hage pursued her doctoral degree in Counseling Psychology to continue prevention work at both the individual and community levels.



ROLE AS A PSYCHOLOGIST ON TEAMS

Dr. Hage notes that she works from a feminist collaborative model on her interdisciplinary editorial board. She builds interdisciplinary and international relationships by attending conferences, partnering with community services, working with international students and conducting interdisciplinary research.



OVERCOMING BARRIERS

Collaborative processes can be time consuming

Dr. Hage is committed to the collaborative approach but notes that such an approach takes a lot of time, especially in hierarchically structured academia.

Practicing social justice work outside of counseling psychology can be difficult

Dr. Hage notes that being vocal about social issues can be especially difficult in certain settings. She not only discusses these interdisciplinary challenges with her students but also models advocacy for them.



LEARNINGS AND IMPACT

Dr. Hage notes that being a voice for prevention is one of the most impactful aspects of her work. She emphasizes the importance of having a prevention lens, especially in the area of public health.



ADVICE FOR GRADUATE STUDENTS

1. Reach out to mentors.
2. Take the initiative to meet with people who are working in a field of your interest.
3. Attend APA division section meetings.
4. Volunteer at the APA convention as a student affiliate.

