

# 17 NEWSLETTER

American Psychological Association  
DIVISION OF COUNSELING PSYCHOLOGY

Division 17 Newsletter

Volume XVIII, Number 3

June, 1997

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## FROM THE PRESIDENT

### Reflections on Coherence

From my previous columns, you have read about my coherence project (Capturing the Coherence and Coherence Initiatives). As my term of President comes to a close, let me review some of the coherence-linked activities. The work of submitting a petition for the continuing recognition of Counseling Psychology as a specialty provided historic opportunity to give shape and substance to our field (Is Counseling Psychology a specialty or not?). The initiation of the Special Task Group (STG) on Empirically Supported Treatments was also based on a coherence opportunity to link science and practice. That is, an opportunity was created for passionate dialogue about the warrant for counseling practices and the relevance of science for human welfare. A third set of coherence activities involved a focus on enhancing an inclusive environment within Division 17 so that cultural differences and similarities would be embraced as valued resources for our science, practice, training, community, and advocacy. Some of these activities are reflected in the ongoing work of STGs on Multicultural Competencies and Inclusive Environment. Finally, the development of a home page and the upcoming Golden Anniversary of Divisions provide opportunities to give technological voice and honor, respectively, to a historic community of coherence seekers facing increasing pluralism and professional diversification.

So much for reflections and hopes. For a view of the future of coherence seeking read this Newsletter, attend the programs and suite activities, celebrate our Divisional journey on Sunday, and participate in the Division 17 Community.

I have appreciated serving as President during the past year because I was able to give to a community that has given so much to me. I look forward to sharing with you at the Business Meeting my appreciation of several Division 17 members who have contributed to Division 17 this past year. In closing, I looked forward to being President someday, I enjoyed serving as President, and I will not miss being President. See you in Chicago!

*Gerald Stone*

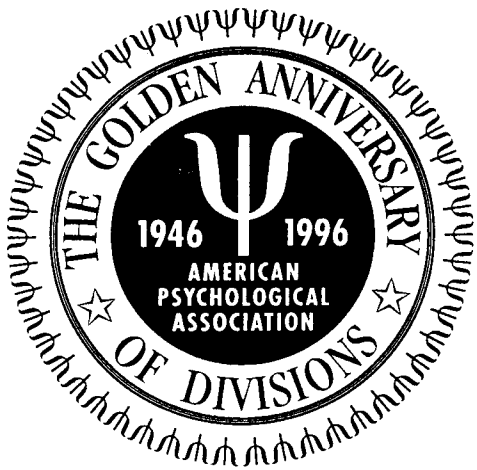
## FROM THE EDITOR

This issue of the newsletter presents the activities that will take place at the APA convention in Chicago. When I was a graduate student, my advisor (John Horan) told me that I should bring the convention issue of the newsletter with me to APA because everything I would want to attend was listed. This way I wouldn't have to carry the APA program book around. Although I do look at the APA program, and even attend programs sponsored by other divisions, I have found John's words to be true. I can plan my convention activities around the Division 17 program.

Although I dislike repetitive pleas for help, I will again ask you to consider assisting in generating advertising for the Newsletter. This issue contains the second advertisement, which generated \$100 dollars in income. I am actively pursuing other potential advertisements to offset the cost of producing and mailing the Newsletter. If you know someone who might want to place an ad, please contact me. If you have skills in marketing, I sure could use the help!

*Cynthia Kalodner*

**GOLDEN ANNIVERSARY OF DIVISIONS**



I want to take this opportunity to provide you with a brief update on the special activities our Division has planned for our Golden Anniversary Celebration at APA in Chicago. Be certain to place them on your calendar. All of them take place on Sunday, August 17.

The Division will have a booth at the Division Fair from 10-3:50 pm in the Regency Ballroom A&B of the Hyatt Regency Hotel. Our display will include membership brochures and applications, past issues of TCP and the Newsletter, information about our six sections, and an acknowledgment of the 20th anniversary of SAG. We'll have a bulletin board and a banner. Please come by. It will be a good chance to meet and mingle.

We still need volunteers to staff the table. If you or any of your graduate students are interested, please contact me: Dorothy D. Nevill, Department of Psychology, University of Florida, Gainesville, FL 32611-2250, (352) 392-0617, nevill@psych.ufl.edu.

From 3:00 to 3:50 pm, in the International Ballroom of the Fairmont Hotel, Lyle Schmidt, Naomi Meara, Roger Myers, Jean Carter, and Gerald Stone will participate in a special symposium on the Golden Anniversary of Division 17. They will cover the spectrum from the founding of the Division to our vision for the future.

After celebrating at the Division 17 social hour, I hope that many of you will attend the APA Golden Anniversary Gala from 9 to midnight at the Sheraton. This event is free to all attendees. Music will be provided by the Bill Pollack Orchestra with the Fourte vocal group; there will be cash bars available. To celebrate the birthday of the divisions, we will join together for a champagne toast and birthday cake. Norm Abeles and Ray Fowler will offer the toasts. The musical group will play portions of the divisions' theme songs throughout the evening.

Although the vote was small, the results were unanimous: Division 17's theme song will be "Accentuate the Positive." In case you have forgotten the words, they go something like this: "You've got to accentuate the positive; eliminate the negative; latch on to the affirmative; don't mess with mister inbetween." Not a bad motto at all.

I've enjoyed being the Division's representative to the Golden Anniversary Commission, of which our own Jean Carter is the Chair. I hope you'll join us in celebrating our rich history, eventful present, and hopeful future.

*Dorothy Nevill*

Articles submitted for publication in the October issue of the Newsletter should be approximately 300-500 words in length and must be received by the editor by **September 5, 1997**. Submissions on disk (Microsoft Word or ASCII format) or by email are strongly encouraged. Submissions may be sent to:

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Editor Cynthia R. Kalodner  
 Assistant Editor Kelli L. Weaver

AA/EOE

Those who wish to submit advertisements to be included in the *Division 17 Newsletter* must send a copy of the advertisement and a check made out to Division 17 to Cynthia Kalodner. Advertisements are designated according to the following rates:

- full page - \$250
- half page - \$150
- quarter page - \$100

**CONVENTION  
SCHEDULE**

**DIVISION 17  
PROGRAM**

**Chicago, Illinois  
August 15-19, 1997**

**Location:**

**(S) Sheraton Chicago Hotel and  
Towers**

**(H) Hyatt Regency Chicago**

**(F) Fairmont Hotel Chicago**

- \* Rooms are listed before location.
- \* "Taped" indicates that tapes of the session will be available.

**Friday, August 15**

**8:00 - 8:50 am**

**Discussion: Mentoring One Another:  
Facilitating the Professional  
Development of Vocational  
Psychologists**

Sponsored by the Society for Vocational  
Psychology: A Section of the Division  
of Counseling Psychology  
Chair: Linda Mezydlo Subich  
Location: Grand Ballroom E (H)

**8:00 - 8:50 am**

**Symposium: Focusing on the  
Supervisee: Ethical Issues and the  
Gatekeeper Function**

Chair: Roger L. Worthington  
Location: Comiskey Room (H)

**8:00 - 9:50 am**

**Symposium: "Supply and Demand"  
and Other Important Internship  
Issues: Varied Perspectives**

Chair: Mary E. Oehlert  
Location: Grand Ballroom A (H)

**9:00 - 9:50 am**

**Discussion: Career Choices in  
Counseling**

Sponsored by Student Affiliate Group  
Chairs: Scott McAward and  
Angela Jette Swanson  
Location: Grand Ballroom E (H)

**10:00 - 10:50 am**

**Discussion: Building the Future of  
Feminist Counseling Psychology: A  
Cross-Generational Dialogue**

Chairs: Linda Forrest and  
Freda R. Rosenberg  
Location: Grand Ballroom E (H)

**10:00 - 10:50 am**

**Paper Session: Coming Out At  
Midlife: Women's Accounts of  
Transition and Triumph**

Sponsored by the Lesbian, Gay, Bisexual  
Awareness Section  
Chair: Ruperto M. Perez  
Location: Acapulco Room (H)

**11:00 - 11:50 am**

**Symposium [taped]: Exploring the  
Therapist's Inner World: Current  
Research on Countertransference**

Chair: Jeffrey A. Hayes  
Location: Grand Ballroom A (H)

**11:00 - 12:50 pm**

**Symposium [taped]: Career Maturity:  
The Construct's Validity, Vitality,  
and Viability**

Chair: Mark L. Savickas  
Location: Grand Ballroom D North (H)

**1:00 - 1:50 pm**

**Poster Session: Career and  
Educational Issues in Counseling  
Psychology**

Chairs: C. Edward Watkins, Jr. and  
Vicki L. Campbell  
Location: River Exhibition Hall (S)

**2:00 - 2:50 pm**

**Discussion: International Forum for  
The Counseling Psychologist**

Chairs: Paul B. Pedersen and  
Frederick Leong  
Location: Ohio Room (S)

**2:00 - 2:50 pm**

**Symposium: Career Beliefs of College  
Students: Contemporary Research  
Findings Applied to Career  
Counseling**

Chair: Jeanne M. Hinkelman  
Location: Toronto Room (H)

**2:00 - 2:50 pm**

**Symposium: Preventing Ethical  
Violations: What Might be Helpful**

Chair: Randolph B. Pipes  
Location: Gold Coast Room (H)

**3:00 - 3:50 pm**

**Paper Session: Looking at Organized  
Care: A Dialogue Between  
Education and Practice**

Sponsored by The Section on  
Independent Practice  
Chair: Sandra L. Shullman  
Location: Grand Ballroom B (H)

**3:00 - 4:50 pm**

**Symposium: The Evolution of  
Hypnosis in Counseling Psychology**

Chair: Daniel Fasko, Jr.  
Location: Grand Ballroom C North (H)

**3:00 - 4:50 pm**

**Symposium: The Racial/Ethnic  
Minority Counseling Supervisor and  
the Minority Supervisee**

Chair: Robbie J. Steward  
Location: Grand Ballroom D North (H)

**5:00 - 5:50 pm**

**Social Hour with CCPTP**

Location: Regency Ballroom A & B (H)

**Saturday, August 16**

**8:00 - 8:50 am**

**Discussion: Fresh Voices and Seasoned  
Experts: Vocational Counseling with  
Diverse Populations**

Chair: Gina L. Prigoff  
Location: Grand Ballroom E (H)

**8:00 - 8:50 am**

**Symposium: Childhood Sexual Abuse  
and its Sequelae in the College  
Population**

Chairs: Karen P. Lese and  
Bonnie L. Kessler  
Location: Sheraton Ballroom I (S)

**CONVENTION  
SCHEDULE**

**8:00 - 9:50 am**  
**Symposium: Innovative Approaches to Preventive Education for Sexual Dilemmas**  
 Chair: Emil Rodolfa  
 Location: Chicago Ballroom VIII (S)

**10:00 - 11:50 am**  
**Symposium [taped]: Applying Vocational Psychology Theories to the School-to-Work Transition**  
 Chairs: Robert W. Lent and Roger L. Worthington  
 Location: Chicago Ballroom VIII (S)

**11:00 - 11:50 am**  
**Symposium: A Qualitative Investigation of Transference in Successful Longterm Psychotherapy**  
 Chair: Clara E. Hill  
 Location: Sheraton Ballroom I (S)

**12:00 - 1:50 pm**  
**Symposium [taped]: Evolving Roles of Counseling Psychologists in Medical Settings**  
 Chair: Cheryl N. Carmin  
 Location: Sheraton Ballroom I (S)

**12:00 - 1:50 pm**  
**Symposium: Longitudinal Outcome Assessment in a University Counseling Center**  
 Chair: Aaron P. Jackson  
 Location: Sheraton Ballroom II (S)

**2:00 - 3:50 pm**  
**Symposium: New Fellows in Counseling Psychology**  
 Chair: Elizabeth Altmaier  
 Location: Sheraton Ballroom I (S)

**4:00 - 4:50 pm**  
**Invited Address [taped]: Leona Tyler Award**  
 Chair: Linda Forrest  
 Location: Sheraton Ballroom II (S)

**5:00 - 5:50 pm**  
**Social Hour: Honoring New Fellows and Leona Tyler Award Recipient**  
 Location: Sheraton Ballroom V (S)

**Sunday, August 17**

**8:00 - 8:50 am**  
**Symposium: Influential Factors on Women's Career Paths: Initial Expectations; Pregnancy; Childrearing**  
 Chair: Kathleen R. Boggs  
 Location: Grand Ballroom A (H)

**8:00 - 9:50 am**  
**Symposium: The Supervision of Career Counseling: Basic Issues and Perspectives**  
 Chair: Sharon Sackett  
 Location: Grand Ballroom D North (H)

**9:00 - 10:50 am**  
**Symposium: Prevention and the Public Interest: Applications Across the Life Cycle**  
 Chair: John L. Romano  
 Location: Regency Ballroom C (H)

**11:00 - 11:50 am**  
**Poster Session: Matters of Diversity in Counseling Psychology**  
 Chairs: Vicki L. Campbell and C. Edward Watkins, Jr.  
 Location: River Exhibition Hall (S)

**12:00 - 1:50 pm**  
**Invited Address [taped]: Counseling Psychology Addresses Racism: Training and Research**  
 Sponsored by the Section on Ethnic and Racial Diversity, Psychology and Racism Miniconvention, and APA's Office of Ethnic Minority Affairs  
 Chairs: Madonna Constantine and Nadya A. Fouad  
 Location: Sheraton Ballroom IV (S)

**2:00 - 2:50 pm**  
**Discussion: Celebrating Women in Division 17: Career Paths, Colleagues, and Serendipity**  
 Chair: Libby Nutt Williams  
 Location: Crystal Room (F)

**3:00 - 3:50 pm**  
**Symposium: The Golden Anniversary of Division 17**  
 Chair: Dorothy Nevill  
 Location: International Ballroom (F)

**4:00 - 4:50 pm**  
**Division Business Meeting and Awards**  
 Chair: Gerald L. Stone  
 Location: International Ballroom (F)

**5:00 - 5:50 pm**  
**Presidential Address**  
 Location: International Ballroom (F)

**6:00 - 6:50 pm**  
**Social Hour: Honoring Past President and Golden Anniversary Celebration**  
 Location: International Ballroom (F)

**Monday, August 18**

**8:00 - 8:50 am**  
**Symposium: Perceived Barriers to Education and Career: Theoretical and Measurement Issues**  
 Chair: Jane L. Swanson  
 Location: Grand Ballroom B North (H)

**9:00 - 9:50 am**  
**Discussion: Transitions: School to Work, Work to Work, Work to Leisure**  
 Chair: Linda Mezydlo Subich  
 Location: Grand Ballroom E (H)

**DIVISION OF COUNSELING PSYCHOLOGY**

**CONVENTION  
SCHEDULE**

**9:00 - 10:50 am**

**Symposium: Counseling Psychology Training: Responding to Current Forces and Anticipated Futures**

Chair: Rodney K. Goodyear

Location: Crystal Room (F)

**10:00 - 11:50 am**

**Symposium: Theory into the Practice of Career Assessment for Women**

Chair: W. Bruce Walsh

Location: Chicago Ballroom X (S)

**11:00 - 12:50 pm**

**Symposium: Evaluating Doctoral Students, Identifying Impairment: Perspectives from Different Locations**

Chair: Linda Forrest

Location: Comiskey Room (H)

**12:00 - 12:50 pm**

**Conversation Hour: Future Issues of The Counseling Psychologist**

Chair: P. Paul Heppner

Location: Acapulco Room (H)

**1:00 - 1:50 pm**

**Poster Session: Counseling and Psychotherapy**

Chairs: Vicki L. Campbell and C. Edward Watkins, Jr.

Location: River Exhibition Hall (S)

**2:00 - 2:50 pm**

**Poster Session: Potpourri - Assessment, Measurement, Training, Supervision, and Professional Issues**

Chairs: C. Edward Watkins, Jr. and Vicki L. Campbell

Location: River Exhibition Hall (S)

**3:00 - 3:50 pm**

**Invited Address: Recipient of 1996 Woman of the Year Award**

Sponsored by the Section on Women

Chair: Debra A. Noumair

Location: Grand Ballroom A (H)

**4:00 - 4:50 pm**

**Symposium: Social Cognitive Career Theory: Extending the Empirical Base**

Chair: Steven B. Brown

Location: Grand Ballroom B (H)

**4:00 - 5:50 pm**

**Symposium: Women's Tenure and Promotion: No Longer in the Darkness**

Chair: Lois A. Benishek

Location: Grand Ballroom A (H)

**5:00 - 5:50 pm**

**Social Hour**

Sponsored by the Society for Vocational Psychology: A Section of the Division of Counseling Psychology

Location: Grand Ballroom E (H)

**10:00 - 11:50 am**

**Symposium: The Role of Attachment in Psychological and Vocational Well-Being**

Chair: Karen M. O'Brien

Location: Grand Ballroom E (H)

**12:00 - 12:50 pm**

**Paper Session: Counseling and Counseling Training**

Chairs: C. Edward Watkins, Jr. and Vicki L. Campbell

Location: Comiskey Room (H)

**12:00 - 1:50 pm**

**Symposium: Interpreting Vocational Interest Patterns: Research, Innovations, and Emerging Perspectives**

Chair: Sharon Sackett

Location: Grand Ballroom E (H)

**1:00 - 1:50 pm**

**Symposium: Cultural Empowerment: Using Culture to Enhance Asian American Mental Health**

Chairs: Raji K. Pannu and Theresa G. Lu

Location: Comiskey Room (H)

**2:00 - 2:50 pm**

**Paper Session: Career Psychology**

Chairs: Vicki L. Campbell and C. Edward Watkins, Jr.

Location: Comiskey Room (H)

**2:00 - 3:50 pm**

**Symposium: Opportunities for Counseling Psychology: Interprofessional Collaboration for Children and Families**

Chairs: Maureen E. Kenny and Mary E. Walsh

Location: Grand Ballroom E (H)

**3:00 - 4:50 pm**

**Symposium [taped]: Filling the Gap: Training Professionals to Work with Interpersonal Violence**

Chair: Steven N. Gold

Location: Comiskey Room (H)

**Tuesday, August 19**

**8:00 - 8:50 am**

**Symposium: Self-Rated and Objectively Measured Abilities are Not Equivalent**

Chair: Andrew D. Carson

Location: Grand Ballroom C North (H)

**8:00 - 9:50 am**

**Symposium: Mapping Vocational Interest Structures**

Chair: James Rounds

Location: Grand Ballroom E (H)

**9:00 - 10:50 am**

**Symposium: Information Highways, Byways, and Cul de Sacs in Counseling Psychology**

Chair: Gail Hackett

Location: Grand Ballroom F (H)

**CONVENTION  
NEWS**

**HOSPITALITY SUITE**

The Hospitality Suite Schedule for the Chicago convention has been set. All groups requesting space were accommodated, and the schedule is very full. The Hospitality Suite Committee requests that users of the Suite strictly adhere to assigned times since the schedule is so tight. This year, the hotels available to Division 17 did not have any Suite configurations offering two separate rooms. While the space we have been assigned is ample for holding more than one meeting concurrently, the room will have a room divider to accommodate two groups simultaneously. Groups scheduled in the Suite at the same time are asked to be particularly sensitive to each groups' needs. Most meetings are open to all Division 17 members. If you are interested in any of the meetings scheduled in the Suite, the person responsible for each meeting is listed in parentheses. If you have questions about your scheduled time(s), please contact:

Martha Dennis Christiansen  
University of Iowa Counseling Service  
330 Westlawn S  
Iowa City, IA 52242-1100  
319/335-7294  
martha-christiansen@uiowa.edu

Email will get you the fastest response!  
See you in Chicago.

**DIVISION 17 HOSPITALITY SUITE SCHEDULE**

Sheraton Chicago Hotel and Towers

**Thursday, August 14**

**Suite A**

6:30-10:30 pm Outgoing Executive Board (Stone)

**Suite B** Closed

**Friday, August 15**

**Suite A**

- 8:00-9:00 am Hospitality Suite Committee (Christiansen)
- 8:45-9:30 am Hospitality Suite Volunteers (Krieshok)
- 9:30-10:30 am SIG on Hypnosis and Counseling (Fasko)
- 10:30-11:30am STG on Multicultural Counseling and Competency (Fouad/Ivey)
- 11:30-12:30pm SIG-In-Formation on Clinical Training and Supervision (Ellis)
- 12:30-1:00 pm Open
- 1:00-2:00 pm Legal Risk Management Workshop (Lichtenberg)
- 2:00-4:00 pm Academy of Counseling Psychology: "The How and The Why of ABPP Board Certification" (Talley)
- 4:00-5:00 pm The 20th Anniversary of SAG Social Hour (McAward)
- 5:00-6:30 pm Closed
- 6:30-8:00 pm Outgoing Executive Board; Outgoing and Incoming Committee Chairs (Stone)
- 8:00-10:30 pm Outgoing Executive Board Meeting (Stone)

**Suite B**

- 8:00-9:00 am Closed
- 9:00-11:00 am CCPTP Outgoing Board Meeting (Lent)
- 11:00-11:30am Section Treasurers' Meeting (Westefeld)
- 11:30-12:30pm Section on Gay, Lesbian, and Bisexual Concerns Executive Committee Meeting (Dworkin)

- 12:30-2:00 pm School-To-Work Conference Follow-Up/ Society for Vocational Psychology: A Section of The Division of Counseling Psychology (Subich)
- 2:00-4:00 pm Section on Women Task Force/Work Group Meeting (Noumair)
- 4:00 pm - Closed

**Saturday, August 16**

**Suite A**

- 7:30-9:00 am Incoming Executive Board Breakfast (Walsh)
- 9:00-12:00 pm Incoming Executive Board Meeting (Walsh)
- 12:00-2:00 pm Society for Vocational Psychology: A Section of the Division of Counseling Psychology Business Meeting (Subich)
- 2:00 pm - Closed

**Suite B**

- 8:00-9:00 am Closed
- 9:00-10:00 am Open
- 10:00-11:00am STG on Disability Issues (Chwalisz)
- 11:00-12:00pm ACCTA Meeting (Rodolfa)
- 12:00-1:00 pm Conversation Hour with the John D. Black Award Winner (Carter)
- 1:00-2:00 pm Section on Independent Practice Meeting (Carter)
- 2:00 pm - Closed

**CONVENTION  
NEWS**

**Sunday, August 17**

**Suite A**

8:00-9:00 am Closed  
 9:00-10:30 am Past President's Breakfast (Nevill)  
 10:30-11:00am Open  
 11:00-1:00 pm Section on Women Open Business Meeting (Noumair)  
 1:00-2:00 pm Inclusiveness of Division 17 to People of Color (Fouad)  
 2:00 pm - Closed

**Suite B**

8:00-10:00 am Closed  
 10:00-12:00pm CCPTP Incoming Board Meeting (Lent)  
 12:00-1:00 pm Section on Health Psychology Executive Board Meeting (Stern)  
 1:00-2:00 pm Membership Committee Meeting (Sackett)  
 2:00 pm - Closed

**Monday, August 18**

**Suite A**

7:30-8:30 am Section on Women Champagne Breakfast and Social (Noumair)  
 8:30-9:00 am Closed  
 9:00-10:00 am APA Governance Breakfast/Committee on Nominations to APA Boards and Committees (Galassi)  
 10:00-11:30am TCP Editorial Board Meeting (Heppner)  
 11:30-1:00 pm Section on Health Psychology General Interest Meeting (Stern)

1:00-3:00 pm Section on Women Skills Development Workshop (Noumair)  
 3:00-4:00 pm Section on Gay, Lesbian, and Bisexual Concerns General Business Meeting (Dworkin)  
 4:00-5:00 pm SIG on Hypnosis and Counseling Business Meeting (Fasko)  
 5:00-6:00 pm Section on Women Conversation Hour (Noumair)  
 6:00 pm - Closed

**Suite B**

8:00-8:30 am Closed  
 8:30-10:00 am Open  
 10:00-12:00pm Science Advisory Committee Meeting (Lichtenberg)  
 12:00-1:00 pm SIG on Counseling Centers (Jones)  
 1:00-2:00 pm SIG on Children and Adolescents (Stern)  
 2:00-3:00 pm SAG "Call for Proposals to Host SAG" (McAward)  
 3:00-5:00 pm STG on Empirically Validated Treatments (Lichtenberg)  
 5:00-6:00 pm Open  
 6:00 pm - Closed

**APA DIVISION 5 PRE-CONVENTION WORKSHOPS**  
**APA DIVISION 5 PRE-CONVENTION WORKSHOPS**

WORKSHOP B: (4 CE Credits) -  
 1:00-5:00 pm.  
 "Measuring Emotional States, Personality Traits, and Occupational Stress"  
 Charles D. Spielberger, University of South Florida

WORKSHOP E: (7 CE Credits) -  
 9:00 am-5:00 PM  
 "What Psychologists Need to Know About Translating and Adapting Tests"  
 Fons J.R. van de Vijver, University of Tilburg and Ronald K. Hambleton, University of Massachusetts

For additional information please contact: Barbara M. Byrne, School of Psychology, University of Ottawa, Ottawa Ontario, CANADA K1N 6N5  
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 Email: BMBCH@UOTTAWA.CA

**APA DIVISION 44 PRE-CONVENTION WORKSHOP**

DEVELOPING SENSITIVITY TO MULTIPLE MINORITY STATUSES: Using Personal and Organizational Power in Non-Oppressive Ways  
 Chicago, Illinois - August 14, 1997 - 9:00 a.m. - 5:00 p.m.

This workshop is designed to provide a didactic and experiential learning experience that will focus on increasing awareness and sensitivity to multiple minority statuses (i.e., race, ethnicity, gender, SES, etc.) within and outside the lesbian, gay, and bisexual community. Designed to be interactive, this workshop will include group discussion and active learning experiences that will enhance participants' ability to manage issues of diversity in academic, clinical practice, research, and organizational settings.

Trainers: Jamie Washington, Ph.D., University of Maryland Baltimore County and Kathy O'Bear, M.S., University of Massachusetts.

For more information, contact:  
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**DIVISION 32  
ANNOUNCEMENT**

James Hillman, author of The Soul's Code, and former director of the Jung Institute, will present an invited address at APA in Chicago. His speech, on Friday, August 15, at 3:00 pm in the Adams Ballroom at the Palmer House Hotel, is hosted by Division 32 and co-sponsored by Divisions 1, 17, 24, and 29. Hillman is a world-renowned lecturer, teacher, author, and analyst. He is the author of over twenty books, translated into ten languages, including The Myth of Analysis and Re-Visioning Psychology. In his latest book, The Soul's Code, he considers the lives of famous people - from Thomas Wolfe to Coco Chanel to Kurt Cobain - in order to advance his "acorn theory", a vision of the "kernel of character," genius, fate, or *daimon* that guides us through life and reminds us of our soul's intent. For over thirty years Hillman has challenged reductionistic theories of psychology that ignore the elements of mystery and imagination in human experience. In his thought-provoking address, Hillman will reflect further about the need for an alternative paradigm for both theory and the practice of psychology.

**PSYCHOLOGY IN SCHOOLS  
PRE-CONVENTION  
ANNOUNCEMENT**

The APA Practice Directorate's Office and Advocacy in the Schools is announcing an all day pre-Convention Institute scheduled for Thursday, August 14, 1997. The title of the 4th Annual Institute on Psychology in Schools is: "The Measure of Our Success: Psychologists and Educators Working Together for Children, Families, Schools, and Communities."

The scope of the Institute includes programming relevant to clinical, counseling, health, pediatric, developmental, and neuropsychology. A primary goal of the Institute is to enhance communication and collaboration among psychologists with various specialties who are involved or interested in practice in school settings.

Educators and education decision-

makers also are encouraged to attend this year's Institute. A second goal is to introduce these nonpsychologist professionals to the wide range of services, beyond special education-related services, that psychologists already provide in schools. Partly due to the confluence of devolution and education and health care reform, opportunities exist today that were nonexistent in the past for psychologists and educators to work together. This year's Institute reflects these new and expanding opportunities for psychology in schools.

The day long workshop includes a keynote address by George McKenna, a plenary session "Forging a Key Alliance: Psychology and Education Collaboration," and a number of breakout sessions.

Breakout session topics include:

- \* Addressing Barriers to Learning: A Comprehensive, Integrated Approach for Every School & Community
- \* Too Easily Overlooked: Reaching and Serving Students with Internalizing Disorders
- \* Collaborating with Education Decision-Makers: National, State, and Local Opportunities
- \* Inclusion: Psychology's Role in Multidisciplinary Staff Development, Consultation, and Support
- \* Cultural Competence in School Practice: A Key to Our Success
- \* A Growing Role for Psychology in School-Based Health Centers

Closing Session:

- \* Town Hall Meeting moderated by Dr. McKenna, "Working to Make It Work"

Registration information (includes 7 hours CE credit for psychologists, banquet luncheon and morning and afternoon refreshments, and conference materials): \$85 until July 4, 1997 for APA members, \$125 afterwards; \$115 until July 4, 1997 for non-APA members, \$155 afterwards. For additional information, contact either Mary Ann Wilson (202-336-5858; e-mail: maw.apa@email.apa.org), Angela Oddone (202-336-5772; e-mail: amo.apa@email.apa.org) or Tom Kubiszyn (202-336-5881; e-mail: txk.apa@email.apa.org).

- AAAPP - American Association of Applied and Preventative Psychology
  - AAMFT - American Association of Marriage and Family Therapists
  - ACA - American Counseling Assn.
  - ACCTA - Association for Counseling Center Training Agents
  - ADA - American with Disabilities Act
  - APPIC - Association of Psychology Postdoctoral and Internship Centers
  - APS - American Psychological Assn.
  - ASPPB - Association of State & Provincial Psychology Boards\*
  - AUCCCD - Association of University and College Counseling Center Directors
  - AWP - Assn. of Women Psychologists
  - BEA - Board of Educational Affairs
  - BPA - Board of Professional Affairs
  - CAPP - Committee for the Advancement of Professional Practice
  - CCPTP - Council of Counseling Psychology Training Programs
  - CEU - Continuing Education Unit
  - CoA - Committee on Accreditation
  - COGDOP - Council of Graduate Departments of Psychology
  - CRSPPP - Commission for the Recognition of Specialties and Proficiencies in Professional Psychology
  - IOC - Inter Organizational Council
  - JCP - *Journal of Counseling Psychology*
  - JCEP - Joint Council on Professional Education in Psychology
  - MECD - *Measurement and Evaluation in Counseling and Development*
  - PIPS - Project to Integrate Practice and Science
  - SIF - Section- in-Formation
  - SIG - Special Interest Group
  - STG - Special Task Group
  - TCP - *The Counseling Psychologist*
- \* Formerly American Association of State Psychology Boards



**FROM THE VICE PRESIDENTS**

**Education and Training**

**Psychology Internship**

This continues to be a major concern for the profession and a major source of angst for students and faculty alike. The problem, put simply is that there are more students seeking internship than viable internship slots. The dimension of this problem remained about the same as last year. At the end of Week 1, 434 applicants were using the APPIC Clearinghouse (compared to 454 in 1996) and roughly 50 slots were not yet filled. The number of APPIC listed slots remains constant with slight gains year to year. The problem is not loss of internships, the problem is clearly too many students for existing slots. Easy blame and simple solutions are not proving helpful. The issue speaks to a larger concern about the supply and demand for the whole profession and a major national conference entitled "Supply and Demand: Training and Employment Issues" will address this topic in the fall of 1997. APA and APPIC are joint sponsors and more information will be available at APA.

Additional data on internship placement and initial job placement is available from the Spring 1996 survey by the APA Research Office. A total of 324 or 72% of Department Chairs responded. This study indicated that of the 2534 individuals seeking internships 75% (1910) were placed on Uniform Notification Day and 58% of those not placed that day were placed by the time of the survey. Thus about 262 or 10% of the original pool were still waiting or had dropped out of the process. The major reason for non-placement of clinical students was "geographical restriction" and the major reason cited for counseling students was "applied to all highly competitive programs". Some other interesting information is reported in this study. In terms of internship settings, clinical and counseling send an equal percentage to VAs, military medical settings and private psychiatric hospitals. Clinical sends a higher percentage to medical centers and Counseling sends a

higher percentage to university counseling centers. In terms of initial employment, clinical sends a higher proportion of students to hospital settings and postdoc residencies; counseling sends a higher proportion to teaching faculty positions, university counseling centers and community mental health settings. Nearly equal proportions are first employed in VAs, HMOs, independent practice and other or multiple settings.

**School to Work initiative**

The Society for Vocational Psychology, a section of Division 17, held a working conference last fall and initiated a resolution encouraging APA to create a special task force and a comprehensive initiative including lobbying efforts, convention programming and white papers devoted to the school-to-work transition of work-bound youth. Bob Lent, Nadya Fouad and Jean Carter worked through the APA Consolidated meetings in March to organize APA effort on several fronts including BEA, CAPP, and BAPPI with an inter-divisional cooperative structure. Though APA is a little late in the game of this important national legislative initiative, Division 17 has made an important professional contribution incorporating foci on the work transition of minority students and students with disabilities.

**Masters Education Working Group (MEWG)**

This group is working to describe the types of master's programs presently offered in psychology; summarize their curricula and update career outcomes for graduates of these master's programs. They are interested in programs adhering to CACREPP guidelines and programs resisting these guidelines. Interested persons may contact the working group through Jill Reich at the APA Education Directorate.

**Multicultural Competencies**

Division 17 has appointed a Special Task Group chaired by Alan Ivey to determine ways to implement Multicultural competencies in education, science and practice. I am a member of this task

force and would like to hear any and all specific ideas for how we can take these competencies to the next level in both academic and internship training. There is more ground work in terms of courses, seminars, training modules etc. and we will address these. The larger question, however, is how can we promote, measure and insure higher levels of true multicultural competency? How can we infuse multicultural perspective, world views and the impact of oppression into the way we think, feel and do practice, science and education. I look forward to hearing from you!

**Interesting Notes**

COGDOP is sponsoring an APA workshop "To Get, To Have and To Hold an Academic Job in Psychology."

The APA Education Directorate has established the Center for Psychology in Schools and Education and is looking for a Director of this Center to lead at the critical intersection of psychology and education.

APA is making headway in the General Medical Education (GME) funding. In a report by the Institute of Medicine on GME funding, Psychologists are listed as one of the non-physician health professions that is integral to integrated team-based medical care and should be included in funding. The battle is far from over, but this is a positive step in the right direction.

*Louise A. Douce*

**Diversity**

I want to highlight some of the Convention activities related to Diversity and Public Interest, and hope that you can attend some of them. We are involved in two symposia: 1) Along with The Psychology and Racism miniconvention, we are sponsoring a symposium entitled: Counseling Psychology Addresses Racism: Training and Research, with presentations given by Gargi Sodowsky, Michael D'Andrea, Janet Helms, and Elizabeth Vera, and discussion provided

by Derald Sue and Melba Vasquez. 2) A symposium chaired by John Romano entitled Prevention and the Public Interest: Applications across the Life Cycle was formulated by the Special Interest Group on Prevention, chaired by John Romano.

We anticipate a full slate of activities to occur during the Section and Special Interest Group meetings in the Hospitality Suite. For example, the Special Task Group on Inclusiveness for People of Color appointed by President Stone will meet during the convention for the first time, will outline their charge, and plan for next year. The Special Task Group on Multicultural Competencies has already been corresponding by email, and plans to also meet during the convention to move their group forward. The Special Task Group on Disabilities has revised their survey, and expects to meet to evaluate the results and make recommendations to the Executive Board. This STG is also reviewing the counseling literature regarding disability issues, compiling the findings regarding disability issues published in major counseling psychology journals (e.g., JCP, TCP, JVB, MECD, JCD, Counseling Psychology Quarterly) in the last 20 years. They plan to discuss the topics and trends and speculate about where our discipline has been going with regard to these issues.

We look forward to a productive and exciting convention, and look forward to seeing you there.

*Nadya A. Fouad*

**PROFESSIONAL PRACTICE**

This is my last column as Vice President for Professional Practice for Division 17. The transition from members-at-large to vice presidents, part of the dramatic changes in the structure of the division, created tremendous opportunity for our Division to be an active participant in organized psychology. The Division's commitment to such a proactive stance has been very evident in the professional practice arena, and I thank the Division

members and six years of Executive Boards for the support.

**UPDATES:**

1. Executive Roundtable of Practice Divisions: Dr. Karen Zager (Council Rep from Division 42) has joined me as co-chair, following Dr. Alan Entin, whose term has expired. The Honorable Ted Strickland, a counseling psychologist from Ohio who has returned to the US Congress, will be the guest at the August meeting of the Roundtable, thanks to Section on Independent Practice Chair and Federal Advocacy Coordinator Sandy Shullman.

2. Legislative Update: Congress is addressing questions of managed care with several bills that are entering the scene. Patient access to care by specialists and managed care accountability are high on the list of issues. Several states are considering bills authorizing prescriptive privileges for those psychologists who have received appropriate training. Louisiana legislature is actively considering such a bill. Parity issues continue to be discussed at all levels, with some states considering bills that focus on "biologically based brain disorders," rather than bills that address a range of emotional/behavioral health concerns.

3. Ethics and Managed Care: In response to concerns of practitioners, CAPP has appointed a work group to develop resource materials to assist practitioners in ethical practice within managed care.

Thank you for the opportunity to have served as the first Vice President for Professional Practice. I am proud of our Division's vision and initiative in recognizing ways we could improve our ability to be responsive to members' needs and to take an active role within APA.

*Jean Carter*

**WORKING WITH CANCER PATIENTS: EXPANDING YOUR PRACTICE**

One of every three persons and three of every four families can expect to be afflicted with cancer (American Cancer Society, 1988; Bonica, 1980). The following are ways counselors can help patients.

**Help in Diagnosis:** Counselors can help to separate normal from maladaptive emotional reactions (Fawzy, Pasnau, Wolcott, & Ellsworth, 1983). In the diagnostic phase, a person is being assessed for cancer. Normal reactions include: disbelief, shock, initial denial, anxiety/apprehension, mild depressive episodes, anger. Although psychotherapy is not required, assurances that these are normal emotions can be useful to the patient and family. Maladaptive reactions include persistence of denial/disbelief leading to refusal of further medical involvement, despair/clinical depression, substituting unproven quick cures for conventional medical contact, adoption of fatalistic belief that death is inevitable leading to refusal of further diagnoses or treatment. Psychotherapy treatment may be required.

**Treatment Phase:** Once medical treatment begins for cancer, normal reactions include anticipatory anxiety about the unknown or rumors, fears because treatment outcomes may be ambiguous, concerns about abandonment by the primary care physician or fragmentation of care, or special anxieties (death, body image issues regarding sexuality, disfigurement, femininity associated with mastectomy, colostomy, genitourinary surgery). Maladaptive responses include exaggerated pessimism, postponement of traditional treatment in favor of unproven treatment, unrealistic optimism about outcome of treatment, passivity leading to noncompliance with health-protective behaviors ("I'm dying anyway, and smoking is my only remaining pleasure so don't take it away too"), excessive fear of pain.

Psychological Treatment and Cancer. Examples of interventions counselors can

*Continued on page 13*

**SIG AND SECTION  
NEWS**

**Hypnosis SIG**

Greetings, the SIG is alive and well. We are working on several initiatives for the SIG. One is to have a Business Meeting and a Conversation Hour in the Hospitality Suite during the APA convention this year which will take place on Friday from 9:30 to 10:30 am. Second, I am working on submitting our application to become a Section. If this happens, we will then be able to produce our own newsletter, etc. So let's continue to increase our membership. Remember that all graduate students who have an interest in hypnosis are welcome to join our SIG.

If anyone has any suggestions for the SIG please let me know. Take care and hope to see "you all" in Chicago."

Daniel Fasko, Jr.  
Morehead State University  
UPO Box 975  
Morehead, KY 40351  
e-mail: d.fasko@morehead-st.edu

**Special Interest Group Information on Clinical Training and Supervision**

The Special Interest Group on Clinical Training and Supervision is proposed to serve as a forum for those members who train and supervise student and professional therapists, counselors, psychologists, psychiatrists, and social workers as well as those who train and supervise clinical supervisors. The group aims to serve educators, researchers, and practitioners engaged in training or supervising mental health service providers.

The SIG hopes to:  
— stimulate research (especially collaborative & multisite endeavors), theorizing, & thinking about training and supervision in a multicultural framework  
— serve as a forum to discuss practical issues arising from training or supervision  
— to share ideas, experiences, insights,

and knowledge  
— to stimulate interest in therapist training, clinical supervision, supervisor training, and supervisor supervision  
— to recognize and facilitate the development of diverse and innovative strategies related the training and supervision of therapists and supervisors  
— serve as a resource of research and practice articles and syllabi for researchers, teachers, and practitioners of supervision

Please join us at the inaugural CTS SIG organization / business meeting at the APA Convention in Chicago this August in the Division 17 Hospitality Suite. The meeting will take place on Friday from 11:30 to 12:30 pm.

There is a Listserv for discussion of ideas related to the CTS SIG. To become a member of the listserv send the following email message: sub cts-l Firstname Lastname (the letter after ' cts-' is a lowercase "L") to this email address: listserv@lehigh.edu

To become a member of the CTS SIG, or if you have any questions, please call or send a message via regular mail or email to:

Michael V. Ellis, Ph.D.  
Department of Counseling Psychology  
University at Albany  
1400 Washington Ave.  
Albany, NY 12222  
office: (518) 442-5048  
email: me464@cnsibm.albany.edu

**Section on Lesbian, Gay and Bisexual Awareness**

**CALL FOR NOMINATIONS**

The Section on Lesbian, Gay and Bisexual Awareness is seeking nominations for candidates for two offices, Chairperson-Elect and Secretary. The Chairperson Elect will work with the Chairperson for a term of one year, then continue to serve as Chairperson through the following two years. The Secretary's term is two years, to begin during the

APA Convention. In addition, there are two openings for Members-at-Large; these individuals will be appointed by the Executive Committee of the Section. Self nominations are strongly encouraged. Nominations will close on July 15, 1997. Section Members are urged to send nominations for both Chairperson-Elect and Secretary, as well as suggestions for appointments for Members-at-Large to the current Secretary listed below. The Section also welcomes new members; please express your interest in membership by contacting:

Jeff Prince  
Counseling and Psychological Services  
University Health Service  
2222 Bancroft Way  
University of California  
Berkeley, CA 94720  
fax: 510-642-2368  
jprince@uhs.berkeley.edu

**Section on Women**

The SoW has many plans underway for this year's APA Convention. The SoW is planning a working conference for October 1-4, 1998 in Ann Arbor, Michigan. The idea for a national conference was born two years ago at APA when we were dreaming about the future of the Section. It took shape at last year's APA, and we now have a date, a place, and a working theme — the future of feminist counseling psychology. In addition to developing a model of feminist collaboration that can be replicated in future scholarly endeavors, we view the end goal of the conference as the production of a book on feminist counseling psychology. We are hoping to use many different forums at this year's APA to advance the conceptualization and implementation of the conference.

Towards this aim, the SoW is sponsoring a program entitled "The Future of Feminist Counseling Psychology: A Cross-Generational Dialogue" chaired by Freda Rosenberg and Linda Forrest. This program is designed as a Roundtable in which each table represents a current topic in feminist counseling psychology.

**SIG AND SECTION  
NEWS**

Discussion on each topic will include a) what we have accomplished in the past, b) what work is being done in the present and c) where the future might lead us. These discussions will be facilitated by a collaborative work group consisting of a mid or senior level counseling psychologist and one or two doctoral students in counseling psychology. In addition to serving as a key forum for continued development of the national conference both conceptually and organizationally, it is an opportunity for cross-generational SoW mentoring in the spirit of non-hierarchical feminist collaboration. This program, along with the SoW Open Business Meeting and Conversation Hour, are opportunities to share your ideas and to become involved in the Section.

Also at this APA, the Section on Women is beginning a new tradition—we are sponsoring a symposium honoring the recipient of the “Woman of the Year” award from the previous year. This year, we are privileged to have Ruth E. Fassinger, the 1996 awardee, give an address on feminist mentoring. In order to mark this important occasion, we especially want to encourage the attendance of members of the sunsetted CoW network as well as current and new SoW members.

Another “first-ever” event for the SoW is a champagne breakfast social hour. This was suggested at last year’s convention as a way to introduce new people to the Section and not conflict with other convention activities. While the time of this event suggests that we are especially interested in recruiting “morning” people, we do hope that an opportunity to forge new connections and renew old ones wakes you up for the SoW breakfast.

As always, the SoW will be sponsoring an Open Business Meeting, Skill Development Workshop and Conversation Hour in the Division 17 Hospitality Suite. Attending these events serve as roads into the SoW. At the Open Business Meeting, we will announce the

recipient of the 1997 “Women of the Year” Award. When considering nominations, please note our new tradition in which the recipient will give an address at next year’s convention. Please send nominations for this award to Debra A. Noumair by August 1, 1997.

We are accepting nominations for the governing board positions of Chair-Elect and Secretary. Job descriptions are provided in the Section Bylaws. Please send nominations by July 15, 1997 to: Ruth E. Fassinger  
University of Maryland  
3214 Benjamin Building  
College Park, MD 20742  
RF36@UMAIL.UMD.EDU

During the year, the SoW held a contest to generate a new name for the Section. Thanks to all of you who submitted ideas. Because renaming the Section requires an amendment to the Bylaws, we will announce the Section’s new name after completing all of the logistical procedures.

Finally, I want to encourage supporters of the SoW to vote for Section Members and feminist psychologists who are running for election, both in the Division, and in APA as a whole.

We continue our interest in recruiting new members to the SoW. If you are interested in becoming a Member or Affiliate (Professional or Student), please contact Debra A. Noumair, Chair, Section on Women, for a Membership Application.

Debra A. Noumair  
Box #141  
Teachers College  
Columbia University  
New York, NY 10027  
dn28@columbia.edu.

**Vocational Psychology**

The Society for Vocational Psychology would like to call your attention to several programs that will take place at APA: On Friday 8/15 8:00-8:50 AM,

there will be a roundtable discussion on “Mentoring One Another: Facilitating the Professional Development of Vocational Psychologists.” The roundtables will include the following topics—How to Publish in Vocational Journals (B. Hesketh & B. Walsh), Grantsmanship (E. Lent & D. Luzzo), Obtaining a Professional Position (R. Fassinger & D. Nord), Independent Practice and Consulting (M. Pope), Developing and Maintaining a Research Program (J. Chartrand & S. Brown). On Saturday 8/16 10:00-11:50 AM, there will be a symposium on “Applying Vocational Psychology Theories to School-to-Work Transitions.” The School to Work symposium was organized by Bob Lent and Roger Worthington and focuses on applying vocational psychology theories to STW transitions — P-E Fit theory (Jane Swanson), Developmental theory (Mark Savickas), Learning theory (John Krumboltz), Social Cognitive theory (Bob Lent), with discussants David Blustein and Nadya Fouad. On Monday 8/18 9:00-9:50, there will be a roundtable on “Transitions: School-to-Work, Work-to-Work, Work-to-Leisure”. The following topics will be addressed: School to School transitions (Karen O’Brien & M. Coleman), School to Work transitions (Besty Bizot & Cindy Juntunen), Work to School transitions (Consuelo Arbona & R. Dukstein), Voluntary Job Changes (Camille Debell & Paul Hartung), Job Loss (Mary Heppner & Lisa Avedon), Retirement (Diane Tinsley & Jeanne Hinkleman). On Saturday at 12:00, we will hold the Business Meeting in the Division 17 Hospitality Suite. Topics to be addressed include an annual report of the Society’s activities, newsletter and website information, book and video publication activity, reports on DC and Lehigh conferences, membership directory status, election results for Communications Officer, upcoming election for Chair-Elect and Treasurer, School to work activities, plans for next Society conference at UWM in 1999, and plans for 1998 APA programming. Also please come to the Social Hour on Monday at 5:00. We will co-sponsor the social hour with Division 17.

# FELLOWSHIP NOMINATIONS

*Continued from page 10*

## Call for Nominations Division Fellowship

The Division 17 Fellowship Committee invites nominations of Division members for potential election to Fellow status in the American Psychological Association. A new deadline for submission of materials to APA has necessitated earlier deadlines at the Division level. The deadline for receipt of nominations is September 1, 1997. The deadline for receipt of application materials (i.e., nominees' materials and endorsers' letters) is October 15, 1997. Late applications will not be considered in the current review cycle. Nominations may be made by any member or Fellow of the Division; self-nominations are acceptable.

Under the Bylaws of the American Psychological Association, Fellowship is an honor bestowed upon members who have made an "unusual and outstanding contribution or performance in the field of psychology." Division 17 wishes to recognize its members who have had a significant impact on the specialty of counseling psychology within the areas of science, teaching and training, service delivery, administration, policy development, and/or advocacy. Seniority or professional competence alone is insufficient to achieve Fellowship. Fellows' contributions are seen as having enriched or advanced Counseling Psychology well beyond that normally expected of a professional psychologist.

To be considered for Fellow status, members must meet both APA and Division requirements. APA requirements include: (a) the receipt of a doctoral degree based in part upon a psychological dissertation, or from a program primarily psychological in nature, and conferred by a graduate school of recognized standing; (b) prior membership as an APA member for at least one year and membership in the Division through which the nomination is made; (c) active engagement at the

time of nomination in the advancement of psychology in any of its aspects; and (d) five years of acceptable professional experience subsequent to the granting of the doctoral degree. Division 17 additionally requires: (a) current engagement in education and training, practice, or research in counseling psychology; (b) at least three of five years of post-doctoral professional experience in counseling psychology; and (c) membership in the Division for at least one year.

Nominees for Fellow status will be asked to complete the APA's Uniform Fellow Application and related materials, and to solicit evaluations from three or more APA Fellows, at least two of whom must be Fellows in Division 17. Completed applications are reviewed by the Fellowship Committee, which submits its recommendations to the Division's Executive Board; nominations are sent forward to the APA's Membership Committee for final approval. Members of the Fellowship Committee or Executive Board who submit evaluations of a nominee do not vote on that nominee. New Fellows are announced at the Division's annual business meeting during the APA Convention, which will next be held in August, 1998, in San Francisco.

Letters of nomination should be sent to the Fellowship Committee Chair, Arnie Spokane, at the following address:

Arnie R. Spokane  
Department of Counseling Psychology  
Lehigh University  
111 Research Drive  
Bethlehem, PA 18015-4732  
Fax: 215-758-5423  
Phone: 215-758-3257  
ars1@lehigh.edu

provide include coping strategies to improve functioning. Active behavioral strategies such as seeking information, adopting healthy behaviors, entering support groups are associated with fewer physical symptoms and positive affective states; physically ill patients who use active cognitive strategies also showed fewer physical symptoms and less depression, and lower fatigue (Billings & Moos, 1981; Bloom, 1982; Felton, Revenson, & Hinrichsen, 1984; Holahan & Moos, 1983; Namir, Wolcott, Fawzy, & Alumbagh, 1987). In what is considered one of the most comprehensive and well-documented outcome studies, Gordon Freidenbergs, Diller, et al. (1980) determined that counseling increased return to vocational work, reduced negative affect, and increased reality perspective. Finally, social support networks appear associated with adjustment to cancer, reduced distress, more vigor, and possibly recovery (Taylor, Falke, Shoptaw & Lichtman, 1986).

Coping to enhance the immune system. Gruber and colleagues (1988, 1993) found indices of increased immune function among breast or other metastatic cancer patients treated with cognitive/behavior therapy. In the largest investigation of low-risk cancer patients, Fawzy, Fawzy, and Hyun (1994) offered health education, stress management, coping skills training, and psychological support to patients with malignant melanoma. Patients showed increases within six weeks in active behavioral and cognitive coping, improved quality of life, and increased in immune system function. Some psychological interventions have increased survival rates. Spiegel, Bloom, Kraemer, and Gottheil (1989) offered group therapy to breast cancer patients for one year, and followed the patients over 10 years. Survival for the intervention group averaged 36.3 months compared with 18.9 months for the control. Fawzy, Fawzy, and Hyun also reported 91.8% of

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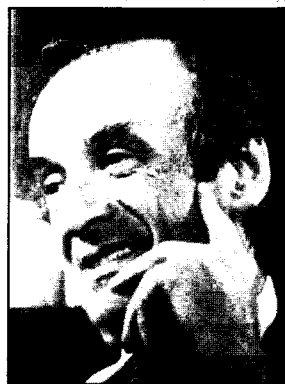
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APA is honored  
to present  
Nobel Peace  
Prize Winner  
**Elie Wiesel**



as Keynote  
Speaker for the  
Opening Session of the 1997  
APA Annual Meeting in Chicago

Friday, August 15, 1997  
11:00 a.m. until 12:30 p.m.

\*\*\*Note time change from previous years.\*\*\*

Location to be announced

## Action Answers



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Arnold Lazarus is a Distinguished Professor of Psychology at Rutgers University and winner of the prestigious Cummings Foundation "Psyche" award for 1996. Clifford Lazarus, a clinical and neuro psychologist, is Director of Comprehensive Psychological Services in Princeton, New Jersey.

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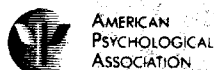
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## FELLOW STATUS IN THE AMERICAN PSYCHOLOGICAL ASSOCIATION

Becoming a Fellow recognizes outstanding contributions to psychology and is an honor valued by many members. Fellow nominations are made by a Division to which the Member belongs. The minimum standards for Fellow Status are:

- *Doctoral degree* based in part upon a psychological dissertation, or from a program primarily psychological in nature and conferred by a regionally accredited graduate or professional school.
- *Prior status* as a Member of the Association for at least one year.
- *Active engagement* at the time of nomination in the advancement of psychology in any of its aspects.
- *Five years* of acceptable professional experience subsequent to the granting of the doctoral degree.
- Evidence of *unusual and outstanding contribution or performance* in the field of psychology.

To find out more information, contact Lisa Orejudos in the APA office at 202/336-5590, or by email at ljo.apa@email.apa.org.



## 1997 APA GOLF CLASSIC

Oak Brook Hills Resort, Oak Brook, Illinois  
(To be held during the 1997 APA Annual Convention)

You are invited to participate in the first annual APA Golf Classic. The tournament will take place on Monday, August 18, 1997 in conjunction with the 105th Annual Convention of the American Psychological Association, to be held in Chicago in August of this year.

The format for the tournament will be a foursome scramble (Captain's Choice). Teams will be balanced by tournament management according to handicap and a special scramble handicapping system will be applied to each team's gross scramble score. If players do not have an established USGA handicap, please submit an average of your last five scores and a handicap will be assigned to you.

The tournament will include a buffet luncheon, a cocktail reception, and an awards banquet with buffet-style dinner. Awards will be given to the first, second, and third place foursomes.

**REGISTRATION DEADLINE IS JULY 18th!** It is recommended that you register early as attendance is limited, and registration, open to all APA Convention registrants, is on a first-come, first-served basis. The tournament is limited to the first 144 players who register.

### REGISTRATION FORM

Date: Monday, August 18, 1997\* Time: 1:00 p.m. Shotgun Start \*  
Fee: \$125.00 per golfer \* \$50 per non-golfer.

Name \_\_\_\_\_  
Title \_\_\_\_\_  
Company \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Telephone \_\_\_\_\_  
Amt. Owed \$ \_\_\_\_\_ Payment method:  Check  Amex  MC  Visa  Card # \_\_\_\_\_  
Name as it appears on Card: \_\_\_\_\_  
Expiration Date: \_\_\_\_\_  
C/C Billing Address: \_\_\_\_\_  
Cardholder Signature (required): \_\_\_\_\_  
Daytime Telephone: \_\_\_\_\_  
Non-Golfer  Golfer  Hcp or Avg of last 5 rounds: \_\_\_\_\_ Rental Clubs  Right  Left  Shirt Size \_\_\_\_\_

MAKE CHECK PAYABLE TO: APA GOLF CLASSIC.  
Mail Form & Payment To: Patricia Bradford, APA Golf Classic, 750 First Street, NE,  
Washington, DC 20002

For more information please contact: Curtis Nickels (202)336-5539, email: cen.apa@email.apa.org  
FAX: (202) 336-5568 or Dan Peck, (703)780-4966, FAX: (703)780-4588 Golf Tournaments Unlimited.





*Continued from page 13*

their treated group as surviving after 5 years compared to 67.5% of the control.

Interventions for side effects. Anticipatory nausea is associated with chemotherapy in about 45% of adults and 29% of children, and once developed "are usually refractive to medical intervention" (Burish & Carey, 1986, p. 593; Laszlo, 1983). Chemotherapy may prolong life, but "also seriously compromise the quality of that life" such that some patients "refuse further treatment altogether" (Burish & Carey, p. 593; Wilcox, Fetting, Nettesheim, & Abeloff, 1982). Such aversive side effects may be due to conditioned learning and seem especially predicted in patients with high anxiety or general distress. Interventions to prevent such side effects aim at the conditioned learning or anxiety components (Carey & Burish, 1988). Burish, Snyder and Jenkins (1991) provided education, relaxation, and guided imagery before the patient's first chemotherapy session. Other typical interventions have used relaxation, initiating other responses to overcome nausea and act as new conditioned responses, desensitization, guided imagery, and hypnosis (see reviews by Andrykowski, 1990; Carnrike & Carey, 1990; Morrow & Dobkin, 1988). These interventions can be provided in very brief sessions; Burish, Snyder and Jenkins's procedure was one session of 90 minutes.

Pain management methods. Moderate to severe pain is experienced by about 40% of adults in intermediate stages of cancer, and 60-90 % in advanced stages (Jay, Elliott, & Varni, 1986). Bone marrow aspirations and lumbar punctures are routine but highly painful diagnostic procedures. Counselors can provide pain management through biofeedback, hypnosis, cognitive/behavioral therapy, support groups, and education (Jay, Elliott, & Varni, 1986). Hypnosis has used often to distract through pleasant imagery, creation of anesthesia, induce amnesia for the pain experience or time distortion (Hilgard & LeBaron, 1982; Jay, Elliott, & Varni, 1986). Spiegel and Bloom (1983) used 5-10 minutes of hypnosis during weekly support groups

for breast cancer patients to "filter the hurt out of the pain" (p. 335), by imagining competing sensations as cold numbness or warm tingling. Jay, Elliott, Woody & Siegel (1991) designed a cognitive behavioral package (CBTP) involving film models, reinforcement, breathing, imagery for distraction, and behavioral rehearsal, for children undergoing painful medical procedures for cancer.

Closing Comment: How to be a Helping Counselor. Expanding one's services to aid cancer patients is well within the reach of current practice. The common elements in psychological interventions have been identified as "support, compassion, and empathy" (Fawzy, Fawzy, Arndt, & Pasnau, p. 104). In addition to these skills possessed by any successful counselor, detailed descriptions of structured procedures for cancer are available. Spiegel's procedure is available through the Psychosocial Treatment Laboratory, Stanford University School of Medicine (Classen, Diamond, Soleman, Fobair, Spira, & Spiegel, 1993). Fawzy's patient manual, from the UCLA School of Medicine (Fawzy & Fawzy, 1994) details the training in coping strategies using cancer scenarios, and stress management techniques. Jay and Elliot's (1984) cognitive behavioral package is described in detail, available from Susan Jay in Los Angeles. Gordon et al. (1980), at Mt. Sinai Medical Center, New York, produced treatment manuals for their intervention which involved education, counseling aimed at feelings and actions, and environmental consultation. Other structured interventions include the PREP package by Burish, Snyder & Jenkins for anticipatory nausea/vomiting, and the Omega Project for coping skills and communications released as a Practitioner's Manual (Sobel & Worden, 1982).

Finally, the counselor interested in offering services to cancer patients should attend to the following practice principles (Andersen, 1992): to provide emotional support to address fears and anxieties about cancer, to provide education for the patient to obtain and know how to actively request factual information about cancer and treatment,

to offer coping strategies for stress management, pain management, anticipatory side effects, and general adjustment, to provide problem solving training in how to arrive at decision-making, e.g., obtaining second opinions, choosing between toxic regimen versus no treatment, dealing with extending survival by some margin versus accepting shorter survival but higher quality of life, to offer focused interventions for cancer disease types, e.g., counseling on body image for breast surgery, sexual functioning for gynecologic cancer, to consider meaningful general psychotherapy goals, such as increasing locus of control or self-esteem or dignity, to enable family members to receive similar opportunities for their own adjustment where there is need. Psychologists are an important resource for cancer patients; I would urge counselors to expand their services to this area of primary health care!

*Richard Suinn*

Richard M. Suinn is a professor at Colorado State University. For copies of the bibliography write to: Richard M. Suinn, Psychology, Colorado State University, Ft. Collins, CO 80523. This article is a reprint.

**Call for Editorial Board of the Journal for Specialists in Group Work**

The Journal for Specialists in Group Work is accepting applications for three year terms on its editorial board. Editorial board members must have expertise in the field of group work, a publication record, willingness to review one manuscript a month, and be a member of the Association for Specialists in Group Work. Interested persons should send the following to Janice DeLucia-Waack, Editor, Journal for Specialists in Group Work, 5166 LAEB, Purdue University, West Lafayette, IN 47907-1446: a vita, copies of reprints, sample reviews (if possible), and a letter of interest. Applications are due no later than July 31, 1997. For more info, contact Janice at 765-497-9974 or email: deluciw@vm.cc.purdue.edu.



# DIVISION OF COUNSELING PSYCHOLOGY

## Division of Counseling Psychology (17) Application

Member    Assoc.    Fellow    Prof. Affil.\*   APA #    Date of Election

Name  
Address

<input type="text"/>
<input type="text"/>
<input type="text"/>
<input type="text"/>

Home Phone

Work Phone

Fax Number

Male    Female

Date of Birth

White    Black    Latino    Asian/Pacific Islander    American Indian / Alaskan   Other

Ph.D.    Ed.D.    Psy.D.    MA/MS    Other

Date Received   Institution

Program

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Work Setting

Position

Signature \_\_\_\_\_

Date \_\_\_\_\_

Annual dues cover four issues of The Counseling Psychologist and three issues of the Division 17 Newsletter. Include cash or money order (no credit cards) for \$35 Division 17 Dues (\$70 for Professional Affiliates) and mail to: Sharon Sackett, Membership Chair, Psychological & Quantitative Foundations, 354 Lindquist Center, The University of Iowa, Iowa City, IA 52242-1529.

\* Psychologists or professionals in related disciplines who are not members of APA but whose interests and professional activities bear on the central goals of the Division may join Division 17 as a Professional Affiliate. Professional Affiliates may not vote or hold office in the Division, but may belong to Special Interest Groups (SIG's) and Sections. Their qualifications are at least equivalent to those required for membership in the Division.