

2023 FELLOWS TALKS

The Society of Counseling Psychology
Friday, August 4, 2023 | 4:00 - 4:50 PM

Walter E. Washington Convention Center, Level 2: Room 201



Carmen Cruz, Psy.D.

Licensed Psychologist

Former Training Director at Texas Woman's University

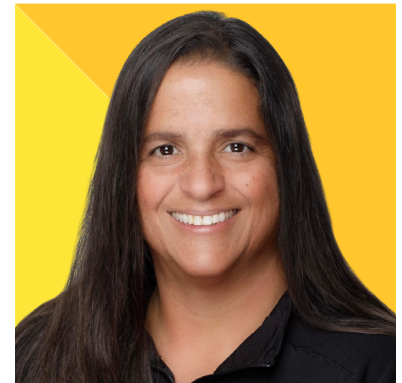
Assistant Professor, Department of Psychiatry, UT Southwestern Medical Center

"Sometimes it Takes a While To Catch Up to How Others See You"

Dr. Carmen Cruz (she/her) is a Licensed Psychologist and Educator. She is currently Assistant Professor in the Department of Psychiatry at UT Southwestern Medical Center. Prior to this appointment, she served in various positions at Texas Woman's University Counseling and Psychological Services in Denton, Texas, for 26 years, including Training Director of the APA accredited doctoral internship program. Her professional interests include leadership/mentorship, teaching, clinical supervision, multicultural psychology, gender & sexuality, cultural/spiritual development, and the impact of stigma in seeking help.

Dr. Cruz's relationship with Division 17 began in 1998, during her postdoctoral year, when she attended the SCP Section for the Advancement of Women Conference. Advancing Together: Centralizing Feminism and Multiculturalism in Counseling Psychology in Michigan. In 2002, she was a writing contributor for the first version of APA Guidelines for Counseling Women and Girls. Throughout her career, she has focused on enhancing trainee's experiences in supervision evident in her direct service, publications, service and invited presentations. She served as the first Latinx ACCTA (Association of Counseling Center Training Agencies) President (2017-2021). She also served on CCTC (Council of Chairs of Training Councils), and specifically contributed to the CCTC 2020: Social Responsiveness in Health Service Psychology Education and Training Toolkit. Over 25 University Counseling Centers have invited Dr. Cruz to do a full day multicultural supervision training with permanent site supervisors. In 2020, she received the Janet E. Helms Award for Mentoring and Scholarship at the Columbia University Teacher's College, 37th Annual Winter Roundtable. Her keynote was "A Supervisor's Search for Meaning: Lessons Learned from a Relational Multicultural Approach to Mentorship," which was subsequently published in TCP. She also co-authored a paper in the TCP Major Contribution "Sex Positivity in Counseling Psychology" edition, which won the APA Division 17 Outstanding Paper Award. The latest contribution she made to SCP is serving as one of the tri-chairs of the 2020 Counseling Psychology Conference, which was cancelled due to the pandemic. As a result, the committee created the 75th Anniversary of Counseling Psychology Webinar Series: Uprooting Anti-Blackness ACCTA/SCP/CCPTP Collaborative, May-June 2020.

Dr. Cruz is also an activist in her community of Denton, Texas, where she has founded two LGBTQ+ organizations to improve the lives of Dentonite youth, individuals and families, in hope of creating a legacy community center. Dr. Cruz completed her undergraduate studies in Psychology and Criminal Justice at Florida International University in Miami, Florida and received her doctoral degree from the Center for Psychological Studies at Nova Southeastern University in Fort Lauderdale, Florida. On a personal note, she is a Cuban American woman from Miami who now lives in a super cool small music and college town in north Texas. She loves spending time with her wife, family and especially her cool cat, Macho.



Matthew Alan Diemer, Ph.D.

Professor, University of Michigan

"Tell the Truth"

Matthew A. Diemer examines how young people analyze, negotiate, and challenge racial, ethnic, socioeconomic and other constraints in school, college, work, and civic/political institutions. He is particularly interested in how marginalized people develop critical consciousness, which is a careful analysis of societal inequalities, the motivation to produce social change, and participation in social or political action to challenge inequality. His research has been or is currently funded by grants from the Institute for Education Sciences, the National Institute of Health, the National Science Foundation, the Spencer Foundation, and the William T. Grant Foundation. Diemer received his Ph.D. in Counseling Psychology from Boston College in 2003, under the guidance of Dr. David L. Blustein.



Tabitha Grier-Reed, PhD, LP

Associate Dean, College of Education and Human Development,
University of Minnesota

“From Cultural Mismatch to Cultural Health”

Tabitha Grier-Reed is a licensed psychologist and Associate Dean for Graduate Education and Faculty Development in the College of Education and Human Development at the University of Minnesota. Health promotion, wellbeing, and investing in human potential are what originally drove her to and grounded her in her home discipline of counseling psychology, where cultivating spaces, climates, and communities that foster wellbeing and maximize human potential continue to be her life’s work. Her areas of expertise include higher education, student development, racialized labor, culturally relevant practice, and cultural health, and she is currently co-leading the President’s Initiative on Student Mental Health at her university.



Matthew J. Miller, Ph.D.

Professor and Co-Graduate Program Director of Counseling Psychology,
Loyola University Chicago

“Unlearning Academia”

Matthew J. Miller, PhD, (he/him) is Professor at Loyola University Chicago where he directs the Race, Culture, and Health Equity Lab. He is an Associate Editor for the Journal of Counseling Psychology, and is also a Board Member of the Asian American Psychological Association Executive Committee. His research program (a) examines ways in which racism and cultural experiences relate to mental health in BIPOC communities, (b) evaluates the measurement of racial and cultural constructs, and (c) explores the ways in which storytelling can help individuals and communities heal from racial trauma and oppression. He is also a filmmaker and the creator of SPOKENproject, a series of first-person narrative documentary style videos designed to help people cope with racism and also provide experiences of validation, support, and healing.



Alex L. Pieterse, Ph.D.

Associate Professor and Director, Institute for the Study of Race and Culture
Lynch School of Education and Human Development, Boston College

“On Doing Anti-Racism: A few Words of Hope and Caution”

Dr. Alex L. Pieterse is an Associate Professor and Director of the Institute for the Study of Race and Culture at Boston College. He received his Ph.D. in Counseling Psychology from Teachers College, Columbia University, his Master of Arts in Counseling from New York University, and holds a Bachelor of Health Science in Nursing, received from the Australian Catholic University. Dr. Pieterse’s scholarship focuses on psychosocial aspects of race and racism, racial trauma, and anti-racism training and advocacy. He is currently an Associate Editor for The Counseling Psychologist and previously served on the Editorial Boards of the Journal of Counseling Psychology, and Cultural Diversity and Ethnic Minority Psychology. He co-authored with Robert T. Carter “Measuring the Effects of Racism” published by Columbia University Press. He is also a licensed psychologist and maintains a psychotherapy practice working with individuals and couples.





Society of Counseling Psychology Division 17

AMERICAN PSYCHOLOGICAL ASSOCIATION

