

The International Counseling Psychologist

APA SOCIETY OF COUNSELING PSYCHOLOGY (DIV 17) ICP



APA 2022

MINNEAPOLIS, MN

Note from Editor

Shu-Yi Wang, Ph.D., University of Florida

I am thrilled to bring you this issue of *The International Counseling Psychologist*. This issue begins with a warm greeting and report from our co-chairs, Drs. Shaznin Daruwalla and Hang-Shim Lee, followed by updates from officers sharing the important work they did and/or their reflections on their roles.

This issue presents an article by Dr. Andrés J. Consoli, who discussed the history of and resources for building a community for faculty members of international background in counseling psychology. Finally, our Membership Spotlight features Remedios C. Moog.

Hope this newsletter helps us stay engaged in the ICP community. Look forward to seeing some of you at APA!

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Report from Co-Chairs

Shaznin Daruwalla, Psy.D. | she, her, hers
Staff Psychologist, Oregon State University CAPS
US-based Co-Chair

Hang-Shim Lee, Ph.D. | she, her, hers
Associate Professor, Konkuk University, Seoul, South Korea
Non US-based Co-Chair

Dear ICP Community,

Welcome to 2022! We hope this new year is off to a fantastic start for each of you! We would like to share some highlights and updates about ICP activities since the last publication of our newsletter.

On November 4, 2021, the Anti-Black racism task force hosted a webinar offered by Dr. Charmain Jackman titled *Anti-Black Racism through a Global Lens: Positionality & Activism as International Counseling Psychologists*. This was part of ICP's commitment to work towards uprooting anti-Black racism within our community. My deepest thanks to Drs. Aditi Ahlawat, Kayi Hui-Spears, and Sunny Ho who were instrumental in offering this webinar. We are in the early stages of the launch of a podcast dedicated towards examining our personal roots of anti-Black racism and our journey towards its eradication – stay tuned!

Another recurrent highlight is the support space offered on the 3rd Wednesdays (U.S. time) of each month. Since its inception in June 2020 by Past Co-Chair, Dr. Bongjoo Hwang, this space has evolved into one where resources and support are shared wholeheartedly. After each meeting, I feel less alone and grateful to be part of the ICP community. We have discussed various topics in these monthly support spaces. For example, we discussed graduate students' stress related to the pandemic, internship and graduate school application process, employment visa

concerns, and other ECP issues. We plan to continue with this space in 2022. You're most welcome to join this monthly support space whether it's for connecting with the fellow ICP members or to discuss a specific issue. We look forward to seeing you then!

Additionally, we are developing a communication channel to help us easily connect with each other and develop or easily find collaborators for meaningful projects. Across countries, we faced common challenges and societal issues such as climate changes, mental health issues including Covid-19 blues, human alienation with rapid technology advancement. We, as psychologists, can make critical inputs to improve the quality of life in those areas across countries. We are open to hearing your voices and ideas in terms of developing these international projects.

Lastly, the ICP Co-Chairs and Executive Board members are preparing for the 2022 APA Annual Convention scheduled for August 4-6 in Minneapolis, MN. If it is possible for us to meet in person for this year's APA, we would like to recruit an On-Site Coordinator; this will help with thoughtfully planning our ICP events at the local level. If you are interested in applying to this position, please email us at internationaldiv17@gmail.com. We hope ICP members stay healthy and make 2022 the best year ever!

Warm regards,
Shaznin & Hang-Shim

Report from International Mentoring and Orientation Committee (IMOC) Chair

Hsiu-Hui Chen, Ph.D., IMOC Chair, Private Practice, USA

International trainees and early career professionals are very important for the field of psychology. They have been bringing new elements, perspectives, and knowledge that challenge the status quo and continue pushing the field to grow.

The International Mentoring and Orientation Committee (IMOC) was established and has been built and developed on the vision of our founder Dr. Yu-Wei Wang and Dr. Oksana Yakushko along with many other pioneers. It has grown under the leadership of many past chairs. As the current chair, standing on the shoulders of giants, our members' well-being and deserved rights are always something I carry in my heart and mind.

These past two years have been difficult in many different ways. Constant transitions and adjustments have become the new norm for many of us. I want to give a big shout out to all the IMOC committee officers, Jihee Hong, Doris Zhang, Dr. Bo Hyun Lee, Dr. Kayi Hui-Spears, Dr. Sunny Ho, Dr. Brian Keum, and newly added Ryan Chong. I also want to share my gratitude to the mentors of the IMOC mentorship program. While the

IMOC officers and mentors are also impacted by the pandemic and injustices happening in the world, they have created different ways to support our members, such as one-on-one mentorship, virtual support spaces, or setting up committees for consultations. It is certainly my honor to have the opportunities to work with people who are so devoted to IMOC and our members.

Before my term ends this August, I hope that the work our committee has been doing will continue to be solidified and enhanced. My hope for myself is to be able to provide the support IMOC officers and members need before and after my term ends, so that we can continue the legacies of our pioneers and pave the path of the people coming after.

Report from International Psychology Practitioners Committee (IPPC) Co-Chairs

Soonhee Lee, Ph.D.

The Chicago School of Professional Psychology at Washington DC

Jingqing Liu, Ph.D.

University at Oregon

The International Psychology Practitioners Committee (IPPC) in Div. 17 International Section at APA is dedicated to providing peer-support and mentoring for international practitioners in need of their professional and personal development. Dr. Jiyoon Lee, who served as the co-chair for the past four years, stepped down and Dr. Soonhee Lee at The Chicago School of Professional Psychology at Washington DC campus, serves as the co-chair of the IPPC along with Dr. Jingqing Liu. We are grateful for Dr. Jiyoon Lee's leadership for the past four years and continuous support and mentorship for our members. The IPPC offers monthly virtual peer-support meetings for our 14 members. We have two alternating monthly meeting schedules (4th Thursdays and 4th Saturdays) to increase accessibility and consistency for our members. We reflect on the challenges that international practitioners encounter as they navigate visa restrictions, seek for having their permanent residency sponsored, transit from working within a system (e.g., university counseling centers) to opening their own private practice or joining a group practice, and pursue their career advancement as early career or

mid-career psychologists. Topics discussed included immigration status and visa support, systemic oppression, pandemic fatigue, burnout, turnover issues, restorative practice, and self-care. Last year, many of our members migrated to new jobs for various reasons. The IPPC continues aiming at providing a welcoming and supportive professional home for any international psychology practitioners and strives to enhance our critical consciousness/action and decolonial liberation. We listen to each other's authentic narratives of lived experiences in a nonjudgmental atmosphere, embracing our differences in age, gender, ethnicity, immigration status, and career stages. Please feel free to contact Jingqing Liu at jingqing.liu@gmail.com or Soonhee Lee at Soonhee.Lee@gmail.com, if you are interested in learning more about the IPPC or want to join us.

Report from Student Representatives

Sathya Baanu Jeevanba (Baanu), Ph.D.
University of Kansas Medical Center, Kansas City, Kansas

NaYeon (NY) Yang, M.Ed.
University of Maryland, College Park

The ICP 2020-2022 Student Representatives, NaYeon Yang and Sathya Baanu Jeevanba, collaborated with Division 52's Student Division Chair, Daniel Balva, and the International Association of Applied Psychology (IAAP)'s Student Division representative, Marija Davcheva, to host a webinar on November 2021 titled, "Reflections from Former International Students: Important Considerations for Our Profession and Training Programs" to bridge the gaps between our student members and other international professionals across divisions and the globe. This was our last planned event as student representatives and one we were truly honored to have been a part of.

Collaborative Programming with Division 52 and the International Association of Applied Psychology (IAAP)

We invited 4 distinguished professionals who were all former international students in the U.S. These individuals are either working and living in the U.S now or have moved back to their home countries to pursue their careers within the field of psychology. Our intended purpose for this webinar panel was to offer our student members and professionals a glimpse into the panelists' journeys to navigate the choices they made to be where they are today.

We hoped that through our panelists' reflections, the audience would find shared experiences, insights, and even guidance in their own journeys as an international student and/or professional. As a planning committee, we became

aware of the challenges and often isolation people with an international background feel in navigating questions related to career and living abroad.

The individuals invited included (in no specific order); Dr. Richa Khanna is an Assistant Professor in the School of Human Ecology, at the Tata Institute of Social Sciences, Mumbai, India; Dr. Sonia Dhaliwal is a Licensed Psychologist and the Director of Training of the APA accredited internship Counseling and Psychological Services at University of Nevada, Las Vegas; Dr. Kee-Hong Choi is a professor and the Dean of School of Psychology at Korea University; and Dr. Dinah Ayna is a clinical psychologist and faculty at the Department of Psychiatry in the American University of Beirut Medical Center (AUBMC), adjunct faculty at the Department of Psychiatry and Behavioral Neurosciences at Emory University School of Medicine, and a consultant for mental health programming at United Palestinian Appeal in Washington, DC. The event had a good turnout of about 40 attendees from diverse backgrounds tuning in.

Wrapping Up Our Student Representative Roles

Working as the ICP student representatives for over two years under the guidance and support of Dr. Shaznin Daruwalla has been a meaningful experience for both of us. Though our role coincidentally began around the same time the COVID-19 outbreak hit the globe, we strived to create a virtual support space to allow our ICP community members to be connected and support one another; created online resources for international students and scholars and their allies to distribute accurate

Report from Student Representatives (Con't)

information about international students and scholars and support them amid the anti-immigration policies and ICE restrictions; conducted a needs assessment to navigate international students' needs amid the COVID pandemic; collaborated with Division 52 and other organizations to provide webinars that facilitated our community members' professional development. We were truly honored to serve as the ICP student representatives and used this opportunity to support our ICP community members. We would like to extend our gratitude to all the incredibly passionate community leaders and members involved in this effort, especially Dr. Shaznin Daruwalla, who provided immense support and encouragement throughout this journey.

APA DIV. 52 & 17 ICP & IAAP DIV 15 WEBINAR

REFLECTIONS FROM FORMER INTERNATIONAL STUDENTS

Important Considerations for
Our Profession and Training Programs

Panelists:



Dr. Richa Khanna



Dr. Sonia Dhaliwal



Dr. Kee-Hong Choi



Dr. Dinah Ayna

The APA's Division 52 Student Committee, the International Section (ICP) of Division 17, and the International Association of Applied Psychology's (IAAP) Division 15 invite you to join in this panel discussion with Dr. Khanna, Dr. Dhaliwal, Dr. Choi, and Dr. Ayna focused on academic and professional experiences from former international students.

This panel will highlight:

- lived experiences from leaders of the psychology discipline across the globe
- international academic experiences
- recommendations for international students wanting to pursue academia or licensure within and outside of the United States

Hosts: Pina Marsico
Luca Tateo

Moderators: Daniel Balva
Marija Davcheva

Sathya Baanu Jeevanba
NaYeon Yang

THIS WEBINAR IS OPEN TO THE PUBLIC AND HAS Q&A SESSIONS

11/19/2021 11am - 12:30pm EST

[CLICK HERE FOR REGISTRATION](#)



Building a Place to Belong in Academia as an International Faculty Member in the United States



Andrés Consoli, Ph.D.

**University of California, Santa Barbara
Vice President for International Affairs,
Division 17, APA**

After meeting with several constituents in my capacity as SCP's vice-president for international affairs, I learned of sizable needs among international junior faculty in the United States. Learning of such needs did not surprise me; allow me to explain why.

Back on April 2019, there was a call for submissions to a special issue of *The Counseling Psychologist* on international students in counseling psychology programs in the United

States. The guest editors of the Special Issue are Drs. Hui Xu and Lisa Flores. The email message written by Dr. Xu and posted on April 30, 2019 to the discussion list of Division 17, and containing the invitation for proposals, offered the following rationale "international students in counseling psychology often face unique professional and personal challenges. Over the years I have been thinking about how to facilitate international counseling students' professional development and personal well-being and have their voice heard."

The special issue intrigued a group of us who, back in 2015, had participated in a symposium cochaired by Ayşe Çiftçi and Linda Forrest. The symposium, presented at the annual convention of the American Psychological Association that took place in Toronto, Canada, in August, 2015, was titled International faculty development: Being in academia in the United States. After many exchanges among the multiple presenters, we assembled a team of interested parties and submitted a proposal for the special issue focusing on the experience of international students who became U.S. counseling psychology faculty. Following the acceptance of the proposal, the team of coauthors engaged in a collaborative autoethnography that honed in on our stories in the hopes that, analyzed through such qualitative methodology, our individual and collective experiences could be of help and meaning to current

Building a Place to Belong in Academia as an International Faculty Member in the United States (Con't)

international students. The team of coauthors, listed here in the corresponding authorship order, included Andrés Consoli, Ayşe Çiftçi, Şenel Poyrazlı, Michiko Iwasaki, Silvia Sara Canetto, Elin Ovrebo, and Chiachih DC Wang, as well as Linda Forrest who was one of the co-chairs of the symposium and contributed to the article as well. The paper, accepted in October 2020 will appear in July 2022, which is when the special issue is scheduled to be published. The abstract of that paper reads “While international students have a considerable presence in U.S. counseling psychology programs, what happens when they pursue academic, counseling psychology positions in U.S. institutions? Seven counseling psychology faculty who started as international students in the U.S. used collaborative autoethnography to examine this matter. We found that our identification with counseling psychology philosophy and our lifelong, self-reflective process as cultural insiders/outsiders have proven crucial. Likewise, we found that our academic career development has been shaped by extra challenges encountered when dealing with ethnocentric aspects of U.S. psychology and by unique opportunities generated by our multinational professional identities and multilingual abilities. Three themes recurred across our reflections: the burden of performing professionally in a foreign language; the challenges of learning to thrive across cultures, and the value of mentoring. We offer advice for international counseling students considering careers in U.S. academia and discuss the implications of our findings for research, training, and advocacy” (Consoli et al., in press).

With all of the above in mind, I consulted with SCP Cabinet, SCP Leadership Council, and ICP officers about the possibility of building a place for international faculty members in U.S. where they could come together for dialogue, support, and professional development. The space would be based on similar principles as to the wonderful space that Bongjoo Hwang had created on a monthly bases through ICP. With the endorsement and encouragement by SCP and ICP officers I reached out to potential co-facilitators based on their recommendations and those of others. I was delighted that as I began to approach people, they responded affirmatively and enthusiastically. In all, an amazing group of colleagues agreed to join me in co-facilitating the space: Yun Garrison, Ph.D., Assistant Professor, Bates College, Lewiston, Maine, who is originally from South Korea; Pius Njihia Nyutu, Ph.D., HSP-P, Professor and Chair, Fayetteville State University, who is originally from Kenya; and Kelly Yu-Hsin Liao, Ph.D., Associate Professor, Cleveland State University, who is originally from Taiwan and is the chair of ICP's International Faculty Committee.

Building a Place to Belong in Academia as an International Faculty Member in the United States (Con't)

After much dialogue and fruitful exchanges, we launched it as a space with international ECP faculty members in the United States. We considered making it open to international faculty members at all stages of their professional career and for international faculty members outside of the United States. There were many pros and cons for all alternatives yet the unique and pressing needs of ECP international faculty members in the U.S. swayed us to start on a space with them (APA defines ECP as 10 years or less since earning a doctoral degree). We entertained the possibility of broadening it if we did not have enough people joining, to include international faculty members from elsewhere and those who are at other stages of their career development. I am very pleased to report that the turnout has been meaningfully and consistently high, so for now we are adhering to the initial terms.

We met using an online platform for an hour on the second Tuesday of every month, starting at 4:30 pm PT / 7:30 pm ET (U.S.). We did so on October 12 and November 9, and then for December, we met on the 7th, even though that was the first Tuesday of the month rather than the second, as many international faculty members might be traveling later on in December. When we set those dates, there was no Omicron in the picture yet, and the arrival of Omicron wreaked havoc with travel plans. We are scheduled to continue to gather, with meetings on January 11, February 8, and March 8, 2022.

To convey the impact of the meetings on us all, I invited people to share their personal testimonios (Blackmer Reyes & Curry Rodríguez, 2012). Below are the ones received by closing:

- When I was in graduate studies, other international students served as more than just fellow students: they were my friends, family, and support system. Joining the academia work setting left me yearning for such support. The international ECP faculty support space has within a short time provided a similar supportive community but even more with the diverse knowledge and experiences that everyone brings. I am always looking forward to our next session.
- As an international woman of color academic working in a predominantly white institution, this space is much needed! I appreciate the facilitators for holding the space, facilitating deep/meaningful conversations, and really making sure that everyone feels heard. I've left the space feeling rejuvenated, energized, and motivated. I look forward to joining in future sessions and learning from my colleagues.

Building a Place to Belong in Academia as an International Faculty Member in the United States (Con't)

- I feel grateful to have found such a unique and supportive space during my first semester as an assistant professor! As an international woman of color in academia, it is often not possible to find mentors and peers who travel a similar path in my department or even in my surrounding areas. The support group for international faculty members offers a safe, validating, and reflective space that allows me to resonate with fellow members' experiences and therefore connect deeper with my own experience. When we are in isolation, we may feel pressured to assimilate to the dominant narrative and doubt the perspectives of our own. When we are connected and in solidarity with each other, to have the courage to speak our own truths becomes a less daunting task.
- The experience of being in community with other international faculty members in the U.S. who hail from many countries and even continents has been inspiring and edifying. The support space gives me a rare opportunity of not having to explain myself, and the healing feeling of experiencing acceptance and genuine curiosity. I'm finally in a professional context where I am not the only one with an accent in my spoken and written English, and that's ok! I admire my colleagues courage to deal with a professorial system that isn't as supportive as it could be and one that is at times hostile towards international faculty and immigrants.
- As an international scholar who simultaneously engages in decolonizing work and actively pursues a tenure position in a colonial space, I appreciate a space that validates these juxtapositions. Transitioning to a faculty position immediately after the doctoral internship, and thereafter encountering a continued COVID-19 pandemic, I have not been "home" for four years. I paid so much attention to caring for international and domestic students, I am grateful to be cared for in a space for international faculty as we relate to each other's homesickness during our most recent meeting.
- As a person who is far away from home communities, finding, building, and being in supportive communities in the U.S. have been my way of surviving. But recently, I realized that they are also my way to humanize my own struggles and meet other international counseling psychology students and professionals' journey as fellow humans. Being part of the International Faculty Member group has been meaningful, connecting, and humanizing experiences, and I look forward to contributing to growing and strengthening our community.

Building a Place to Belong in Academia as an International Faculty Member in the United States (Con't)

If you are interested in joining us or know somebody who could use the space, please send me an email to aconsoli@ucsb.edu letting me know of your interest. I will be touch as soon as I am able.

In the meantime, please, ICP members, SCP members interested on international matters, and all readers, let me know how to best represent your interests in my existing role within SCP. I can be easily reached via email at aconsoli@ucsb.edu.

References

Blackmer Reyes, K., & Curry Rodríguez, J. E. (2012). Testimonio: Origins, terms, and resources. *Equity and Excellence in Education, 45*(3), 525-538.

<http://doi.org/10.1080/10665684.2012.698571>

Consoli, A. J., Çiftçi, A., Poyrazli, S., Iwasaki, M., Canetto, S., Ovrebo, E., Wang, DC C., & Forrest, L. (in press). International students who became U.S. counseling psychology faculty: A collaborative autoethnography. *The Counseling Psychologist*.

Membership Spotlight

REMEDIOS C. MOOG,
RGC, RPM, CSCOP

*What's your
title/affiliation/professional
role(s)?*

Remedios Cubangbang Moog is a Licensed and Registered Guidance Counselor (RGC), a Registered Psychometrician (RPM) and a Certified Specialist in Counseling Psychology (CSCOP) in the Philippines. She is in the counseling profession for almost 16 years.



Ms. Moog is currently employed at De La Salle University's Office of Counseling and Career Services (OCCS) in Manila, Philippines, as the University Counselor for Graduate Students and the Anchor Counselor for LGBTQI+ Students. She is an incorporator and board of director of the MHPPro Counseling and Well-Being Center, Inc. She is designated by the Professional Regulation Commission (PRC) as Continuing Professional Development (CPD) of Guidance and Counseling Monitor. She is also the National Secretary of the Philippine Guidance and Counseling Association, Inc. (PGCA), the accredited integrated professional organization (AIPO) of the Professional Regulation Commission.

Membership Spotlight

REMEDIOS C. MOOG,
RGC, RPM, CSCOP

Why did you join the International Section?

She joined the international section, which began in 2021, to further her personal and professional growth. Joining a professional association is essential for maintaining up to date on the most recent knowledge and practices on a global scale. It helps her to stay abreast of current challenges and opportunities of the profession while also benefiting her personal development.

What aspect(s) of your identities you would like to share with the Section?

She is an affirmative counselor who supports for students' well-being regardless of their sexual orientation, gender identity, or gender expression (SOGIE). She is also a practitioner, a mental health professional - a university counselor who proactively counsels students on personal, academic, and career matters. She is an active member of professional organizations for guidance and counseling in the Philippines. As a result, she would be delighted to share her professional expertise, experiences, and advocacy with the section.

How do your identities inform your professional activities, e.g., research, practice, training?

She is involved in research, practice, and training. Her research focuses on the welfare and well-being of LGBT people. She promotes evidence-based practices using CBT, DBT, and ACT, among others. She has served as a resource speaker for numerous trainings, seminar-workshops, conventions, and conferences in the fields of guidance and counseling, psychology, and personal-social development, particularly for youth and LGBT related-issues and concerns.

Announcements

Support space and development opportunity for SCP/ICP international ECP faculty members in the US

"A place for international faculty members in U.S. where they could come together for dialogue, support, and professional development."

Time: The 2nd Tuesday of every month (US; 1/11, 2/8, and 3/8), starting at 4:30 pm PT / 7:30 pm ET US

Duration: 1 hour

Contact person: Dr. Andrés J. Consoli (aconsoli@ucsb.edu)

The International Counseling Psychologist, Summer 2022

Please consider contributing to the next issue of The International Counseling Psychologist.

Submission deadline: 7/15/22

Contact person: Shu-Yi Wang (shuyiwang@ufl.edu)

International Students and Scholars Support Space

When: The 3rd Wed evening (9p ET/6p PT U.S.) or Thu morning (Asia 9a HKT & Taiwan time/10a Korea & Japan time) of each month

Zoom: Meeting ID - 314 694 2175
Passcode - 055745

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